



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 8 16 May 2018



From the Principal

Last Friday we held the second term full school assembly at which we formally commissioned the members of the House Committees to their roles. We acknowledged the efforts of a variety of students in particular competitions. We were also able to celebrate sports successes, particularly the outstanding win in all levels of the ACC Athletics carnival.

The cast of the Parade/Mercy musical *Hello Dolly* presented a number from the musical for the entertainment of the whole school. The musical opened on last Friday evening and I congratulate the cast, stage crew, orchestra members and front-of-house on a truly entertaining and professional performance. There are three more performances this week and tickets are still available to purchase.

Continuing our Jubilee Year celebration of fifty years at Bundoora, the guest of honour for the assembly was the College Captain from 1968, Professor David Kissane AC, Head of Psychiatry at Monash University and specialist in palliative care of patients. David recalled his time at the College and the experience of moving from East Melbourne to Bundoora in January 1968. He outlined his very distinguished career in medicine and his research activities in Melbourne and New York. He was presented with the Distinguished Old Paradians Award.

Our year 7 and 9 students will be doing the NAPLAN testing this week and they have been advised of the arrangements

for this. I remind Year 7 parents of the Year 7 Parent Dinner on 31 May and encourage you to come along to this gathering supported by the Parents of Parade Committee.

Dr Denis J Moore cfc
Principal

PARADE COLLEGE & MERCY COLLEGE PROUDLY PRESENT

HELLO, DOLLY!

11th 12th 17th 18th
& 19th MAY 2018

7:30PM RIVERGUM THEATRE
PARADE COLLEGE, BUNDOORA

ADULT \$25
CONCESSION \$20
FAMILY \$70

TICKETS AVAILABLE AT
WWW.TRYBOOKING.COM/TIAQ

BOOK BY
MICHAEL STEWART

MUSIC AND LYRICS BY
JERRY HERMAN

DIRECTOR ALAN BURROWS PRODUCER NATASHA NICASTRI MUSIC DIRECTOR MARTIN MACAULAY CHOREOGRAPHER CAITLIN LAMONT

BASED ON THE PLAY "THE MATCHMAKER" BY THORNTON WILDER
"HELLO, DOLLY" IS PRESENTED BY PERMISSION OF ORIGIN THEATRICAL ON BEHALF OF TAMS-WITMARK MUSIC LIBRARY, INC.



Preparing for Semester One Examinations

Year 8 to 11 exams are fast approaching, and students should allocate some time to exam preparation and revision. Teachers will be providing information to assist students with this over the next fortnight.

Luck has little or nothing to do with performing well on exams; rather, it has more to do with a sound preparation and exercising effective test/exam techniques. Just as excellent sporting performance is due mostly to thorough preparation, maximising one's academic performance is equally about the work that is completed prior to exam week.

There is absolutely no doubt that poor preparation equates to poor performance. Students should be encouraged over the next few weeks to allocate time not only for homework but to revising for the semester examinations as well.

Year 8 to 11 Examinations

Timetables for Years 8 to 11 exams and Year 12 English Orals can be found on the Portal under Student News.

The following Year 8 and 9 subjects will have an examination in both semesters this year:

Year 8 Religious Education
English
Humanities
Mathematics
Science

Year 9 Religious Education
English
Humanities
Mathematics
Science
Languages

Year 10 and 11 students will have exams in **all** subjects.

Year 8 and 9 exams:
Thursday 31 May to Tuesday 5 June

Year 10 exams:
Tuesday 12 June to Tuesday 19 June

Year 11 exams:
Thursday 7 June to Tuesday 19 June

GAT (for all Unit 3-4 students):
Wednesday 13 June, 10.00am to 1.15pm

Wednesday 30 May and 6 June are normal ExCEL days for Year 9 students, at the usual ExCEL locations, and full attendance is expected.

In the event that a student fails to attend a Year 8 to 11 examination, it will be rescheduled only for approved school events (eg. ACC sport) or upon presentation of a medical certificate.

Year 10 students requesting exam reschedules should see Mr Chris Ryan (Year 7 to 10 Learning Coordinator).

Year 11 students requesting exam reschedules should see Mr Paul Fahey (VCE Coordinator).

All students are required to be correctly wearing their full school uniform in all exams, including at the GAT. Sport uniform may not be worn except by those involved in ACC sport on the day of the exam.

Year 10 and 11 students are required to attend school for the times of their exams plus thirty minutes prior. There will be no Tutor Group on these days. Study halls will be available for study to any students remaining at school during normal school hours.

Year 11 students not studying a Unit 3-4 subject are not required at school on 13 June.

Normal classes run for Year 8 and 9 students when not in exams.

Monday 11 June is the day of the Queen's Birthday Public Holiday.

Exam Timetables

The examination timetables are available on the portal at:

Year 8 and 9

https://portal.parade.vic.edu.au/ews/LinkClick.aspx?fileticket=VrSB_xKDdQM%3d&tabid=1&portalid=0&mid=19618

Year 10 and 11

<https://portal.parade.vic.edu.au/ews/LinkClick.aspx?fileticket=kAYUXp1tAYE%3d&tabid=1&portalid=0&mid=19618>

GAT for Unit 3-4 students

Wednesday 13 June 10.00am to 1.15pm

All students undertaking a Unit 3/4 subject in 2018 will be sitting the General Achievement Test (GAT) on Wednesday 13 June.

Although there is no need to study for this test, it is advantageous to be familiar with the type of questions asked and the format of this three-hour task. With this in mind, all students involved have had the opportunity to attend a presentation on the GAT and take away a practice paper to assist them in their preparation for the task.

More information for students and parents on the GAT can be found at: <http://www.vcaa.vic.edu.au/Pages/vce/exams/gat/index.aspx>

Details regarding the arrangements on the day of the GAT will be delivered to students at a later date.

Applying for a Year 11 Unit 2 Subject Change for Semester Two

Over the next three weeks, Year 11 students presenting compelling cases have the opportunity to apply to make a subject change for Semester Two.

Our own data over recent years indicates that VCE results are maximised when students complete all four units of any VCE subject over two years.

We recognise, however, that students' career goals change over time and/or some subjects may no longer meet a

student's needs. Advice should be sought from parents, tutors, teachers and careers advisors before a decision to apply for a subject change is made.

Application forms are available from Mr Paul Fahey, VCE Coordinator, and must be submitted by 6 June.

Only well-researched applications, completed correctly, will be considered.

Mr Geoff Caulfield

Assistant Principal - Teaching and Learning



2019-2020 Scholarship Program

Applications are now open for the
Parade College Scholarship Program
2019-2020

Scholarships will be awarded to students who will
complete Year 9 in 2019 and Year 10 in 2020 at
Parade College

The Scholarship may be extended for
Years 11 and 12 upon satisfactory review of
student performance

Only current Year 8 Parade College students
are invited to apply

The Scholarship Entrance Examination will
takeplace from 9.00am to 12.00pm on
Saturday 16 June at the Bundoora Campus

Applications close Friday 25 May

Further information and application forms are
available from the College website

www.parade.vic.edu.au/News.aspx



From the Assistant Principal - Organisation

Associated Catholic Colleges Service Awards

In 2016 the Associated Catholic Colleges instituted an award to acknowledge long standing support by individual staff members in schools of the extensive Co-Curricular programs it offers. Parade College celebrated three recipients last week at the ACC Presentation Ceremony. Mr Oscar Kenda, Mr Paul Fahey, and Mr Craig Seckold were all acknowledged for their ongoing and long-term involvement in Sport and the ACC.

Mr Oscar Kenda, has been involved in the College athletics and swimming programs over many years, Mr Paul Fahey and Mr Craig Seckold have both been Directors of Sport and contributed to a range of sporting teams and fixtures over many years.

The College congratulates Oscar, Paul and Craig for their dedication to sport and to the programs that benefit so many young people and we wish them many more years of contribution at Parade and with the ACC.



L-R Mr Oscar Kenda, Mr Paul Fahey, and Mr Craig Seckold

Year 10 Meningococcal ACWY Secondary School Vaccine Program

The Secondary School Vaccine Program offers free vaccines to help make sure students and communities are protected from diseases. The Minister for Health announced the Meningococcal ACWY Program for all students in Year 10 2018.

Local councils deliver the program and schools distribute the information and consent card booklets. The cards have been distributed to Year 10 students last week and should be returned to the College as soon as possible. If your son has lost his card please ask your son to come to First Aid W3 for a replacement card.

The *Public Health and Wellbeing Regulations 2009* authorises secondary schools to provide their local council with student and parent/guardian contact information for any student scheduled to receive a vaccination. This information assists local councils to follow up parents/guardians of students with incomplete or missing consent cards.

Every day vaccination saves lives and makes it possible for Victorians to live free from the illness and disability caused by many infectious diseases. All Year 10 Victorian secondary students can receive this vaccine for free. Parents of Year 10 students have been sent correspondence detailing the program.

2019 Term Dates and Students Holiday Absence

Please note the 2019 term dates. Parents are asked to consider carefully holidays or events that withdraw students from the college and their studies during the term.

If you wish to withdraw your son during the school term, please notify the College by contacting your sons House Leader prior to the event and advising the College Principal by writing to Mr Callanan, Assistant Principal Organisation.

Mr Michael Callanan
Assistant Principal - Organisation



2019 Term Dates

Term 1

Saturday 26 January	Australia Day
Monday 28 January	Australia Day Holiday
Tuesday 29 January	All staff return
Thursday 31 January	Year 7, 11, and 12 commence
Friday 1 February	Years 8, 9, and 10 commence
Monday 11 March	Labour Day Public Holiday
Friday 5 April	Term 1 finishes

Term 2

Monday 22 April	Easter Monday
Tuesday 23 April	Term 2 commences
Thursday 25 April	Anzac Day Public Holiday
Monday 10 June	Queens Birthday Public Holiday
Friday 28 June	Term 2 finishes

Term 3

Monday 15 July	Term 3 commences
Friday 20 September	Term 3 finishes

Term 4

Monday 7 October	Term 4 commences
Tuesday 5 November	Melbourne Cup Day Public Holiday
Friday 6 December	Term 4 students finish
Friday 13 December	Staff final day
Friday 20 December	College Office closes



Year 7 Parent Dinner

*"What is it like to be a parent: It's one of the hardest things you'll ever do but in exchange it teaches you the meaning of unconditional love."
Nicholas Sparks*

Dear Year 7 Parents,

Continuing a long tradition at Parade College, Dr Denis Moore cfc cordially invites you to attend the 2018 Year 7 Parent Dinner.

This is a unique opportunity for you to spend some time with other Parade Parents, including members of Parents of Parade (POP) and College Staff, sharing stories and a meal together.

Date: Thursday 31 May 2018
Time: 7:00pm Pre-Dinner Drinks
7:30pm Dinner
Place: Hickey Foyer, Bundoora Campus
Cost: \$30 per person
RSVP Wednesday 23 May 2018

Main Course: Hot Carvery & Salads Dessert: A Selection of Sweets:
Drinks: Champagne, Beer, Wine, Soft Drinks, Tea & Coffee

Please complete the RSVP slip below and return it to College Reception, together with your payment, in an envelope clearly marked Margaret Grech Year 7 Parent Dinner or alternatively email the slip with credit card payment details included to Community.Events@parade.vic.edu.au

Year 7 Parent Dinner RSVP Slip - Please note that this is a Parent Only Event

PARENT NAMES: _____

MOBILE PHONE: _____ No. Attending: _____

SONS NAME: _____ TUTOR GROUP: _____

SPECIAL DIETARY REQUIREMENTS: _____

TOTAL AMOUNT (@\$30 PER PERSON) _____

PAYMENT TYPE: CASH CHEQUE* VISA MASTERCARD AMEX

(Please circle payment type *Cheques to be made payable to Parade College)

Credit Card No. ____/____/____/____

Expiry: __/__ CVV: ____

Signature: _____



Taste Testing the Multicultural Way

This week, all Year 10 Food Studies students were introduced to their multicultural cookery unit of study with a taste test!

There was much excitement in the air as students watched the food items being prepared for them to taste. On offer was a sweetened blueberry juice from Serbia, a chocolate wagon wheel from Turkey, avjar (red pepper chutney) from Macedonia, mixmax (chocolate cake bar) from Italy, smoked mackrel from Germany, and cheese snack bites (similar to Cheetos) from Iran.

Students waited patiently in line to collect their food items, before finding a place in the kitchen to answer the accompanying worksheet. Students were asked to complete a sensory analysis on the food tasted and to identify which one they favoured by allocating a score out of ten to each one.

Once each food item had been rated, students were then asked to present their data in a form of their choice. They were also asked questions regarding the availability of multicultural ingredients in Australia and the importance it bears for all consumers.

Needless to say the boys are very keen to start the practical lessons associated with this unit of study! This week we produced a 'fusion' dish, which involved the addition of traditional Indigenous ingredients to an all-time favourite, cheesecake! The result was a beautiful Lemon Myrtle Cheesecake that was enjoyed by all.

Over the next few weeks we will be focusing on Europe and preparing foods such as Souvlaki and Vol au Vent.

Until next time, happy cooking!

Mrs Jennifer Najdenovski
Food Studies Teacher





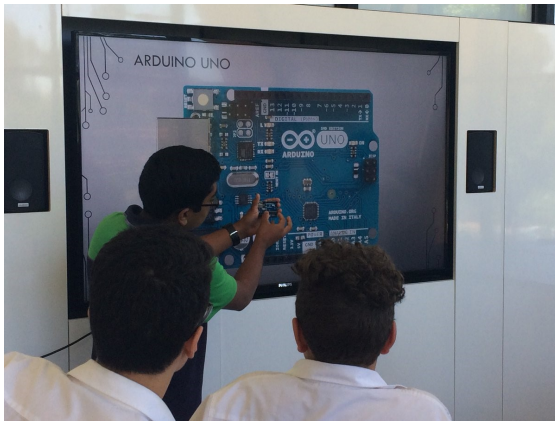
Programs in the Nash Learning Centre

The Nash Learning Centre offers a number of programs and clubs that encourage and promote student interests and passions, as well as supporting skill development. We welcome students to run or be involved in these programs, and if interested please see Mr Gabriele, Mrs Fernando-Swart or Mr Bergantino.

Mr Dante Gabriele

Director of Programs—Nash Learning Centre

Program (facilitated by)	When, where	Description
The Sumo Bot Challenge Mr Gabriele	Mondays at lunchtime Innovation Lab	Design, make and battle your sumo bot against other students. Sumo robots compete in a head-to-head pushing match to force each other from an arena
Arduino Club Mr Gabriele	Tuesdays at lunchtime Innovation Lab	Sahan Liyanage (Year 10 B01) and Surendra Corea (Year 10 H08) give step-by-step tutorials on the Arduino microprocessor
Australian STEM Video Game Challenge Mr Gabriele	Thursdays at lunchtime FIRE Carrier Room	Students work in small teams creating computer games for the STEM Game Challenge. (new registrations closed)
Anime Club Ms Demko	Mondays Day 1 at lunchtime Hill	Anime movies at lunchtime
CubeRider Mr Willcocks	Fridays Day 10 at lunchtime FIRE Carrier Room	Students work in small teams to develop an experiment to run on the International Space Station
PC Club Ms Kuppe	Various days at lunchtime FIRE Carrier Room	Students learn how to make a personal computer, as well as put on special events
Chess Club Ms Marshall	Daily at recess and lunchtime First Floor	Students play chess daily in the NLC, it gets competitive very quickly
Homework Club	Tuesday and Wednesday after school Ground Floor	All students are welcome to come to the NLC to complete their homework
Year 12s Discussion Mr Mahony	Mondays FIRE Carrier Room	Year 12 students in general discussion with teachers and counsellors
Book Club Ms Gunn	Wednesdays FIRE Carrier Room	Be the first to see new books! Help pick new books for the NLC.



Top to Bottom:

*(1) Arduino Club, (2) Australian STEM Video Game Challenge,
(3) Sumo Bot Challenge*



From the Registrar

Year 7 2020 Enrolments close Friday 17 August 2018

Applications for Year 7 2020 are now being accepted and interviews will commence next term.

Please contact me on 9468-3304 or email registrar@parade.vic.edu.au to obtain a Prospectus and application form.

School Photos

School photo orders have arrived and tutor teachers should have distributed them to the boys in the past week or so.

If you placed an order and have not yet received it please ask your son to check with his tutor teacher or ask him to check his bag. Please contact National Photography directly on 9428-9420 if there are any problems with your order.

For families who may have missed placing their order you are still welcome to do so. Please contact National Photography for instructions on how to do so.

Mrs Angela O'Connor
Registrar





Sustainability Prefects are Raising Funds for the Comboni Sisters

Parade College's Sustainability Prefect Team includes Andrew Capuana T02, Ethan Duong L03, Joe Prithiviraj H05, and Dennis Ranasinghe H01.

The Sustainability Team is ably led by Andrew who came up with a project to increase Parade students' awareness of the need for, and importance of recycling, by collecting old mobile phones and printer cartridges.

Andrew also developed a business proposal for Star21, a telecommunications company, whereby Star21 is contributing much needed dollars to the Comboni Sisters' Hospital in South Sudan, for every device donated by the Parade College community.

As such, we want to collect as many devices as possible from Parade students, family, and friends. The more devices that are donated, the more funds we will raise for the Comboni Sisters.

Please refer to the advertisement on the opposite page for details of how you can support this important project.

Parade College is pleased to partner with Star21 as together we seek to raise funds for the Comboni Sisters' Hospital. In addition to giving a donation for each mobile phone and printer cartridge collected by the College, Star21 is also donating a substantial sum of money directly to the Comboni Sisters'.

The College is very appreciative of Star21's commitment to improving the facilities and, in turn, the opportunities, for the people of South Sudan.

Please find below information about Star21.

Ms Jenine Fogarty
Director Student Support Services



Your World / Endless Possibilities

Who is Star21

Star21 is a Fully Accredited Telstra Channel Partner that deals with corporate businesses ranging from small businesses to large corporate businesses. We specialise in the full range of telecommunications solution. Star21 enjoys the reputation of being one of Telstra's most successful channel partners as we continue to offer innovative and leading edge solutions to our clients over our many years in business.

Our dedication to our client base is second to none and we believe in the longevity of business relationships. Our clients know that we will research for them and offer a tailored and considered solution for their business. We are not interested in just the quick sell. We believe that your business is important and invite you to partner with Star21. Let's see what we can achieve together.

At Star21 we make sure your values are our mission and strive to deliver your high expectations every time. The success of your business is important, and as telecommunications is a core facet of your business process, it should not be left to chance. Our role in your business is to ensure that your telecommunications are consistent and reliable. We can offer this to you because we are driven by our commitment to accountability, quality solutions, teamwork and passion for innovation.

Our Mission

Your telecommunications needs are our responsibility. Our staff will take on every challenge with a positive attitude and offer considered options that suit your business. We will ensure your needs are met day by day and from year-to-year, whether a phone requires immediate replacement, or your entire system requires upgrading. Our business analysis will ensure that our innovative products and specialist service will be a value add to your business. At Star21 we will grow with you offering the best solutions for your business now and in the future.

Our Team

To achieve the best outcomes in your business you require a team that knows and understands your business processes, both immediate and in the future. Star21 will appoint an account manager to support you and assist you in making educated and informed telecommunications decisions. We offer full analysis of your current systems so that together we can plan for your communications in the future as well as your present needs and concerns. We believe in honest advice and expert consultancy that suits your needs, sourcing the most appropriate solutions for your business.

For further information please contact:

Sam Capuana, GM – Finance & Administration
45 Church Street, Abbotsford

P 03 9804 2710
M 0437 222 000
E samc@star21.com.au

www.star21.com.au



SUSTAINABILITY PREFECTS



We are calling for any old mobile phones and printer cartridges to raise money for the Comboni Sisters Hospital!



For every item, Star21 Pty Ltd will generously donate money towards the Comboni Sisters Campaign!



WHEN?

Bundoora: Every Wednesday and Friday Lunchtime!
Preston: Before and After school and during Lunch

WHERE?

Bundoora-The Yarrangabee centre
Preston- Main Reception

ALL FOR A GOOD CAUSE

House points will also be awarded for those who donate.

Your contributions will go a long way!



Edmund Rice Feast Day

May the schools “spread before long in most parts of the Kingdom” – Blessed Edmund Rice, 1810

The feast day of Edmund Rice has been celebrated on 5 May since his beatification by Pope John Paul II in 1996. At that time the Pope spoke of Edmund as “a shining example of the fruitfulness of the Christian Life”. Edmund Rice founded the Christian Brothers who started Parade College. We have received so much because of Edmund’s sacrifice, faith and vision. The thriving community we have here today stands on the shoulders of those who have gone before us, the Brothers, staff and students who worked tirelessly so that we could have the opportunities that we have today. At House Assemblies on Friday 4 May we honoured all of them, but in particular the man who started it all, Edmund Rice. Following is the transcript from the celebrations:

Let us transport ourselves back 239 years to Waterford, a town on the south-east coast of Ireland. It is 1779. You are seventeen-year-old Edmund Rice and you have just arrived to take up a position as apprentice merchant to your uncle, Michael Rice. At this time Irish Catholics are being oppressed by the Penal Laws for the Suppression of Popery. Catholics can’t carry arms, own a horse worth more than five pounds, can’t vote, can’t sit in Parliament or enter the legal profession. They are not allowed to be professionals, but they are permitted to be traders and merchants.

You arrive by boat and the quay is bustling with activity. There has been an agricultural boom and a great deal of produce is being shipped along three rivers to be processed in the city of Waterford where the rivers meet. Waterford has developed flour-milling, brewing, distilling, bacon-curing, tanning, soap-making and other industries whose products are being shipped out of the port to England, Spain, Portugal, The West Indies and North America. Beef exports to Britain have quadrupled in the past ten years and your uncle, Michael Rice, has capitalised on this and specialises



Pictured above at the Lynch liturgy: Christian Naimo Year 8 L16, Robert Jones Year 9 L18, Max Bovalino Year 8 L15



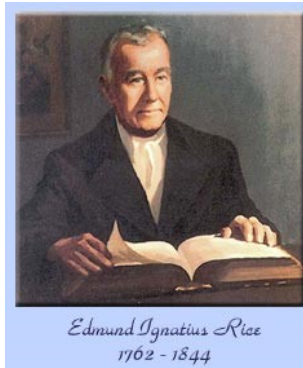
Pictured above at the Hughes liturgy: Zack Goutzoulas Year 12 H09, Matthew Casamento Year 12 H07



Pictured above: Liturgy at Preston campus

in livestock, slaughtering, packing and exporting meat to Bristol. He also has lucrative contracts with the army, the Admiralty and shipping companies.

Fast forward now ten years to January 1789. With your uncle's help, you have become a successful businessman and have the social life and clothes to match, but tragedy strikes and your wife of four years, mother of your disabled daughter, dies, probably in the cholera epidemic. You are devastated and wonder how you will go on.



You are well respected and seriously rich but you are grieving. You are a man of faith and you search for meaning. Amidst your sadness, you hear the voice of God within. You buy a bible and you read it daily to find guidance and comfort in your grief. You get more involved in charity work and visiting people in prison. You consider entering a secluded monastery, shutting yourself away from the world and devoting yourself to a life of prayer. However you have a lot of experience with the poor of Waterford and eventually you decide that you will start an order of Catholic men who will devote themselves not just to prayer, but also to the education of poor Catholic boys. You accept the challenge at the heart of the Gospel.

Whilst you stop working as a merchant, you do not sell your property or investments, but retain these to pay for your schools, determined that a Catholic education will make a difference for poor boys and will open up opportunities for their lives.

It is now 1802 and you have established your first school. Gradually other men are coming to join you. You build a permanent school and monastery, eventually adding a tailor to make clothes and a bakery so that students are not studying on empty stomachs. You and your brothers live simply, pray often and work tirelessly to develop a unique style of education whereby one teacher can teach a class of 150 students. In the next twenty years, the good news of your educational crusade spreads throughout Ireland and beyond.

When you die in 1844 your riches are gone, but your reputation places you alongside other outstanding Irish men such as Daniel O'Connell. At the time of your death, there are eleven communities of Brothers in Ireland, twelve in England and one in Sydney educating 8,000 boys between them. Your seventy brothers have an exceptional reputation as teachers and over time, with thousands joining them, they broaden opportunities for Catholics, and then others, all over the world.

Tenete Ministry Retreats

All of our Year 12 students complete a Ministry Retreat. These retreats are a great opportunity for students to meet people who are marginalised by our society. Through their interactions they hear some amazing stories of strength and resilience and broaden and deepen their understanding of causes of poverty and disadvantage.



Pictured preparing food for the food van: Jacob Georgy Yr12 T01, Anupa Seneviratne Yr12 T05, Pandelis Flytouris Yr12 H01, Raghav Gupta Yr12 T06, Anthony Ciavarella Yr12 L04, and Benjamin Laschko Yr12 H04.

Following are some comments from the last Retreat:

"People were all really nice and welcoming of us. Homeless or not we are all worth the same. I was amazed at how open and trusting they were towards us, telling us so much about their life stories".

"It was sad to see children needing to rely on food vans at such a young age. It struck me how easy this situation can happen to anyone. I was glad to see how much a meal means to them but I feel that the government should do more to ensure that people get the help that they need".

Mrs Kylie Kuppe
Director of Ministry



Community Action Report

Community Action

On Thursday 3 May our Term 2 Year 10 Community Action students were commissioned for their five week placements in their various agencies. At the Commissioning Assembly we were joined by Rachel Hyde, the Lifestyle Coordinator from Ruckers Hill, who spoke to the students about her role and what they can expect whilst working in the aged care agencies. Rachel brought two of her residents with her, Barbara and Gerald, both in their 90's, who spoke to the students about what it is like living in an aged care facility and how much they look forward to our students visits each Thursday afternoon.

I have already received some very complimentary feedback about the attitude and behaviour of the students.

Eddies Brekky Van

Eddies Brekky Van continues to serve a hot breakfast every Tuesday morning to locals in Heidelberg. This year we have had a committed group of students volunteering most weeks and they have formed some firm friendships with regular patrons who look forward to the interaction along with their brekky. Led by Noah Aravena (Yr10 H08) and Shaun Spiteri (Yr11 L05) we have a strong team of regular students (Bastian Vincent-Paul (Yr10 T05), Luke Lazzara (Yr10 H02), Dylan Tait-Mc Hale (Yr10 H02), Justin Teo (Yr10 T02), and Luca Monaco (Yr10 L06), who brave the early morning start to keep this vital community program running smoothly along with the many staff volunteers.

Thanks to a recent donation from the Old Paradians Association, Andrew Walker (Waterford Garden) was able to purchase some more chickens who will lay eggs exclusively for the Brekky Van.

Many thanks also to regular volunteers, Old Paradian mother Geraldine Fernandes and OP's Noel Vincent and Lucas Zugaro. A special acknowledgement to the maintenance staff who ensure the behind the scenes operations a in order each week.

St Albans Tutoring Program

Every Monday afternoon a band of generous Parade Students volunteer their time and knowledge at the St Albans Tutoring Program. Many thanks to all students who have volunteered, but in particular to the following students who attend each week-

Noah Aravena (Yr10 H08)
Harry Foster (Yr10 T03)
Yin Van Beek (Yr10 L02)
Justin Teo (Yr10 T02)
Shaun Spiteri (Yr11 L05)

Mothers Day Stall

Our Mother's Day stall was a great opportunity for students to purchase a gift for their mother or grandmother in appreciation for all they do for them. There was a range of lovely items for sale and our Waterford Garden students potted some succulents, which were very popular. The stall and Mothers Day raffle made \$400 for the Comboni Sisters Hospital.

To all our mothers - we hope you had a happy day!

Community Action Projects

We have received such wonderful support for our Pinch-A - Poo collection. Thank you! We continue to collect these toiletry items for the many homeless and those in need in our community.

We continue to collect the used toothpaste tubes and floss containers. Coles and Terracycle are sponsoring this initiative across Victoria. This project is highlighting the urgency and importance of sustainable practices and our students are learning more about sustainability and ways to be proactive in our community.

Ms Anne-Marie Morello
Community Action Convenor



RECYCLE WITH MONDO FOR A BETTER WORLD



At Parade College, we are starting Mondo Recycling.

Since 2015, the program has reached over 35,000 students, saved almost 100,000 kilograms from landfill and raised over \$23,000 for participating schools. It's easy to organise, promotes sustainable behaviour for our future generations and raises much needed awareness on our throw-away fast-fashion lifestyle. Students are provided with collection and sustainability reports that demonstrates the positive impact they have on the environment when they reuse and recycle. It also equips students with important skills to make better decisions with their unwanted clothing and household items.



What we are collecting:

All clean, second-hand wearable clothing, shoes, hats, handbags, belts, accessories, toys, towels, sheets, pillowcases and doona covers

Stay tuned for more information!



Junior Community Action Project

Pinchapoo is proudly responsible for creating a cheeky hotel toiletry 'pinching' movement.

Pinchapoo works with over 70 leading organisations nationally as a total hygiene solution, providing products to people in need through homeless shelters, soup vans, refugee support centres, crisis accommodation, etc.

So how can you help?

Cheeky pinching of your hotel toiletries (after all, it's included in the price of your hotel room). We also accept the donation of full size toiletries.

Put your donations into your Tutor Group collection box or take them to Reception at either campus.

Colgate Community Garden Challenge

There's a new project running at Parade, and we need your help!

Coles, Colgate and TerraCycle are running a Colgate Community Garden Challenge!

Help to reduce the amount of waste in the world and help us to recycle your oral care products



We are collecting any brand of used toothpaste tubes, toothbrushes, plastic toothbrush packaging, interdental brushes, wisps, pumps, stand up toothpaste bottles and any kind of non-electric toothbrush or toothpaste tube and all affiliated non-recyclable packaging.

For every item, you donate, your house will earn 1 house point!

You can help by bringing used toothbrushes and toothpaste to school and giving it to Student Services, Front office or Community Action. Alternatively, you can hand it to your tutor teacher and members of Community Action will come by and collect them.

NORTHERN HEALTH'S RUN WALK 'N CHALK™

FOR THE CHILDREN OF THE NORTH

8:30AM - 12.00PM
SUNDAY 20 MAY 2018
3KM RUN OR WALK AT 9.30AM

REGISTER NOW www.nhfoundation.org.au
From \$15* Group packages available.

*Prices subject to GST

Start and finish at:
The Northern Hospital
185 Cooper St, Epping

The first 1000 registrations receive a free t-shirt!
A great day out with live entertainment, food trucks, market stalls,
performances, activities for kids and much more!

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From the Director of High Performance Sport

Outstanding Sporting Performance

Throughout the term, a number of Parade students have excelled on the sporting field. These include –

Mason Donoghue (Yr 8 T11)

who competed in the Victorian Gymnastics Championships and finished 4th in the Vault and 17th overall

Ben Major (Yr 10 L08)

who represented Victoria in the Australian Athletic Championships finishing 5th in the Multi-Event

Peter Rossi (Yr 11 T10) and Max Tricarico (Yr 11 L05)

who represented Victoria in the recent Asia/Oceania Junior Bocce Championships

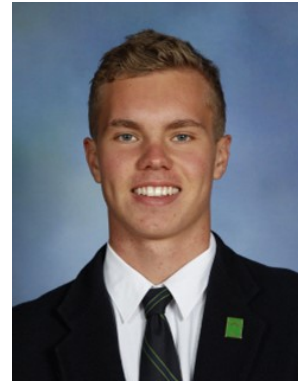
Blake Smith (Yr 8 T13) and Christian Schofield (Yr 9 L12)

who have been selected to represent Victoria in the upcoming New Zealand Pan Pacs Water Polo Championships.

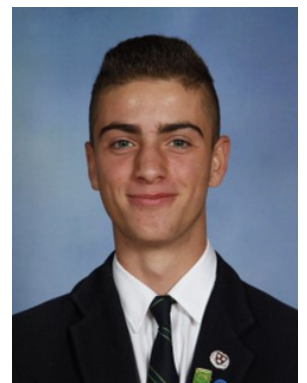
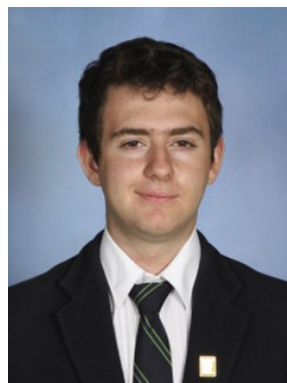
Congratulations to all boys on these fantastic achievements.

Mr Phillip Gaut

Director of High Performance Sport



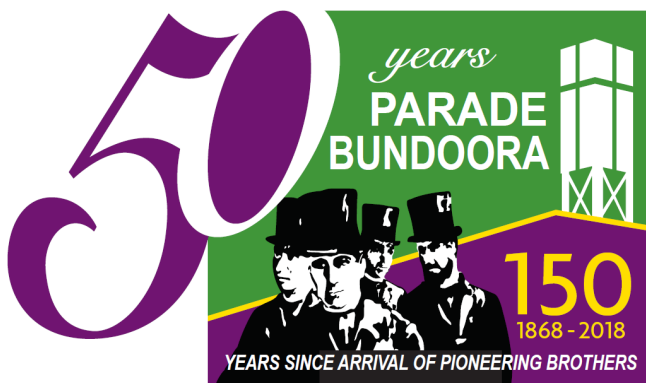
Above (L) Mason Donoghue and (R) Ben Major



Above (L) Peter Rossi and (R) Max Tricarico



Above (L) Blake Smith and (R) Christian Schofield





Wellness Wall

“Helping teens with acceptance, positive psychology and growth strategies” (written by Louise Hayes, Clinical Psychologist www.louisehayes.com.au)

Feeling stuck as a parent?

Parents and their teens are often caught in big battles, with many arguments and daily hassles. We worry that our teenagers are acting out, not cooperating, or even engaging in socially unacceptable ways. Often parents have tried everything to discipline their teen and they are fed up. Understandably, parents often ask for tips on discipline and preventing their teen from getting into trouble outside the home. Then they are often perplexed when I calmly ask, “How are you getting along together?” I often tell parents we will start here - with their relationship. Why? Because the most important piece of information I can share is that the key ingredient to parenting teens is having a solid relationship.

Return to the relationship value

Fifty years of research, including my own, shows that teens with a good relationship with their parents do better in all areas of adolescence, and they are more likely to grow into well-adjusted adults. Sometimes as a parent the last thing you want is to be asked to spend time together. If that's the case, think of it like this, all the things you want like respect, following rules, meeting curfews etc., all work better when you have the foundation of a kind relationship. No matter what is going on at home, we need to secure our relationship foundation with our teens first.

They're practicing.....

Your once agreeable child is now a teen and they seem to disagree with everything you say and do. Sometimes even a sideways glance can start an argument. Why? The answer lies in the purpose of adolescence, which is to learn how to become an adult, and to do this they need to practice. Learning only happens with mistakes, trying and failing, and trying again. Just as your toddler had to struggle

to learn to walk by falling over all the time, your teen now needs to try adult behaviour, and fall over too. Their attempts might include expressing an adult opinion - too rudely perhaps; or speaking up - as if they know everything; or asserting themselves by demanding. When it goes pear shaped, they often retreat into childlike behaviours or emotional outbursts. This switch from adult like behaviour to childishness can happen in the blink of an eye and leave parents very confused. It can be annoying but think about it like this, how else will they learn to do these adults things except by practicing on you?

Animal studies teach us about adolescence

Animal studies can help us understand a lot about what's going on in adolescence. In adolescent animals, the common characteristics seen are love of novelty, seeking out new sensations, taking more risks and being in conflict with parents and peers.

Sounds familiar to human adolescents doesn't it? In animals, researchers say the purpose of adolescence is a biological drive to drive them out of the nest so they explore the world, find a mate, and reproduce. In humans the purpose is similar but on a much more complicated scale. Your adolescent needs to test out independence so that one day they can leave home as strong independent young adults, develop their own love relationships and have the ability to care for themselves.

Practical tips you can use everyday

Keep in mind this underlying purpose of the changes in your teenager. And remember they are learning through trial and error. So they will need to:

- **try their own voice** - speak out passionately for what they care about, even disagree and debate with adults
- **try being independent** - go out with friends, want to do things without you
- **try their own style** - they'll want to test different hair, clothes, and fashion styles
- **try new behaviours** - they'll explore new things, wanting to try being faster, longer, or louder
- **Sometimes be a child** - when it all gets too much, they can also return to the safety of a known childhood.

Each time they try, they risk success or failure, and over time this builds practice at becoming an adult. It can be scary to watch as a parent, but it is necessary for them to do this. Remember, without practice they are unlikely to become strong adults. If you want your young person to become a strong adult, let them test themselves. Pause before you react and consider if it is time to be their anchor.

Practical tips you can use every day/be their anchor

Through all these changes it can feel like your teen doesn't really need you anymore. Perhaps they seem so disagreeable that you feel they don't value your opinions, or that their friends matter more than you. Don't be fooled. Parents continue to matter — a lot. Research shows that adolescents still turn to parents for important decisions (providing you have a good relationship). Their peers will be called on for matters of style, but their parents will be called on for important life choices.

You are the anchor through the storm. When it is difficult, ask, "Do you want my help?" Then try to be ok if the answer is no.

Build relationships in stormy times


- Find ways to be together each day — to just be.
- Avoid quizzing and questioning during these times, just be peacefully in the same space.
- Avoid too much eye contact, especially for males.
- If they talk during these times, try to listen, save your judgments, questions and rules for another time.
- Time is everywhere if you look, here are some ideas:
- Watch their favourite TV show, you may not even like it, but sit on the couch and watch together.
- Drive them somewhere, many parents will attest that they find out more information in the car than anywhere else.
- Do chores together, peel the veggies, load the dishwasher, and walk the dog - anything as long as it's peacefully together.
- Take them out for coffee, go to the sporting game, etc.
- Watch their favourite TV show, you may not even like it, but sit on the couch and watch together.

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- Take them out for coffee, go to the sporting game, etc.

Build your relationship as parent and maturing young person, it is a critical factor that will help your teen survive this period and grow into a strong adult.

Mrs Courtney Baglin

Student Counselling and Wellbeing Services



It is a condition of travelling on the PTV College Bus Network that students carry a relevant College Bus Pass (printed on the reverse of their College ID card) and have a MYKI card with sufficient credit for the fare.

Students aged 17 and 18 no longer need to purchase a Victorian Public Transport Concession Card, however those purchasing a Victorian Student Pass are still required to purchase a Victorian Public Transport Concession Card.

The Parade College buses that operate under this PTV system include:

- Route F** to Regent Station;
- Route G** to Reservoir North, Massey Ave;
- Route H** to Botanica Park & Thomastown Station;
- Route K** to South Morang, Whittlesea & Humevale
- Route L** to Apollo Parkways & St Helena;
- Route M** to St Thomas PS & Yarrambat;
- Route N** to Greensborough Station;
- Route P** to McDonalds Rd Epping, Pindari Ave Mill Park;
- Route Q** to Blossom Park & Mill Park;
- Route R** to Sth Morang Station & Mill Park Lakes

Students travelling on our College *CHARTER* Bus Network need to carry and show their College Bus Pass whenever asked.

If you have any questions regarding this please contact me at the College on 9468-3372.

Mr Kevin Bourke
Logistics and Environment Manager



Parents of Parade (POP)

Pavers have been laid in the Indigenous Garden near Bunjil Park and newly purchased pavers will be laid in various new garden areas around the College grounds. For further information and order form see **Parade Pavers** link under **POP Links** heading on the Parent Portal.

METEC Driver Education - Year 10 students

Each year Parents of Parade assists with a one day pre-driver education program for Year 10 students. Students meet at the Bundoora campus at 8.30am and travel by bus to METEC in Fairfield, returning to the College between 4.30pm and 5.00pm. The program consists of theory and two driving sessions under the instruction of the METEC trainers. The day takes place during school holidays and this year will be on Wednesday 26 September (which is the first Wednesday of the school holidays).

Students aged 16 years attending the METEC Driver Education Course may take their Learners Permit test on the day. They must bring the required identification documents, including 100 points of identification. Please visit the Vic Roads website below to ensure you have the correct documentation on the day.

<https://www.vicroads.vic.gov.au/licences/evidence-of-identity/types-of-identity-documents>

places are limited
please register your interest by emailing
pop@parade.vic.edu.au

POP Meeting

Our next meeting will be held on Wednesday 13 June at 7.30pm in the Boardroom at Bundoora - **ALL WELCOME!**

Stay informed with POP app

Please download the POP app as this has all our events and contact information. Our meeting schedule and event highlights are published in the school newsletter.

[Apple iOS](#) [Android](#)



Jeff Warke
President Parents of Parade
0409 174 208
pop@parade.vic.edu.au

Term 2 Events

College Musical

- May 17 College Musical Performance 3
- May 18 College Musical Performance 4
- May 19 Final Show

Thank you to the POP members who assisted in the canteen on Opening Night and last Saturday evening. We look forward to assisting once again later this week for the final three performances.

Year 7 Parent Dinner

The Parents of Parade Committee is once again looking forward to supporting the annual Year 7 Parent Dinner on Thursday 31 May in the Hickey Foyer at 7.00pm for pre-dinner drinks followed by a two course meal. The evening brings together Year 7 parents giving them the opportunity to meet others, share experiences as new Parade parents and enjoy a meal together. Please see the invitation with RSVP and payment details in this Newsletter.

2018 POP Fundraiser

Look out in the next Newsletter for the launch of the 2018 fundraiser raffle, including full details of prizes and ticket availability. Be ready to be part of this exciting fundraiser for 2018. This raffle is the largest prize pool POP has ever created. A limited number of tickets will be available for sale in June.



Leave your mark on Parade

Parade Pavers! Join with other members of the Parade community to commemorate your son's connection with Parade College. Leave a permanent reminder of his time as a student or your time as a family at Parade by purchasing a brick paver. Pavers can be inscribed with the name(s) of your son(s) or your family as a contribution to the College, to remember a significant memory or milestone or as a tribute to a loved one.



From The Old Paradians

Bards band together for Major Musical Tribute

Pictured here is the dedicated band of Old Paradian troubadours who are each committing their substantial talents and energies to the staging of a one-off celebration of Parade College's twenty one years of musicals.



They are from left to right Reardon Jones (2003), John Abrahams (1982), Ross Chapman (2006), Brad Cocks (1999), Luke Bortignon (2017), Michael Butera (2002) and Stephen Valeri (2007).

These acclaimed organising committeemen have been meeting on a regular basis in their quest to bring to life *Encore!* – a show chronicling the stories and songs accumulated from every show from as far back as *Oliver* in 1996 through to *Catch Me If You Can* last year.

The committeemen have a number of exciting announcements to make along the way – including the naming of the iconic venue at which *Encore!* will be staged, tentatively on the night of Saturday 25 August, which is set to see the biggest musical ever staged by Parade.

But they can't do it alone. Which is why they're calling on former cast and crew, together with orchestral members and production team from Parade, CLC Eltham, Our Lady's Heidelberg, Santa Maria College Northcote and Mercy College Coburg to again lend their support.

To quote Brad: "We're getting the band back together".

"More than 1500 people in cast, crew, orchestral and production teams have gone on to create lifelong friendships and careers as a result of their involvement in the musicals," Brad said. "To celebrate in true style, plans are underway for two massive events in 2018 . . . and we need anyone who was ever involved in a Parade show over the past twenty one years to help spread the word."

The group has already launched its Facebook page – *Encore! 21 Years of Parade College Musicals* – which now boasts more than 300 members, most of them expressing an interest to be part of the big night.

Each member has been asked to source the names of cast, crew orchestra and production team members of all twenty one productions, to ensure they at least know about this much-anticipated extravaganza.

"To those who read this story and may be interested, we are keen to get as many people involved as possible," Brad said.

"What we can tell you is that everyone ever involved in the productions **will** want to be there on the big night – and they are fundamentally the essence of this on-going story."

"We're calling on everyone, whether from Parade, CLC, Our Lady's, Santa Maria or Mercy to be part of this night.

Whether you have been involved in one show or many, the latest or the first, buckle up for a hell of a ride".

For those not on Facebook but would like to be kept informed, emails to parademusical21@gmail.com are also welcome.

Most importantly, the organising team is calling on anyone who was involved in a musical in some way, or knows anyone who was, to share the below 'expression of interest form' to gather as many contact details as possible of all former members so the team can begin planning of the upcoming show - <https://goo.gl/forms/JGN04T1B2rFdp5bf1>

Curtain call again beckons Rodney

Pictured putting the finishing touches to the railway carriage's end rail prop for the College musical production *Hello Dolly* is Parade Archivist Rodney Prusa.



Rodney, a final year student of 1981, has committed serious time and energy to the building of props for many and varied College production since 2010 – from the oversized spray can in *Hairspray* through to the giant pillars in *Aida*.

“I’ve been involved with musical productions like *Aida* and *Hairspray*, but also non-musical productions like *Matchmaker*,” Rodney said.

“I love the creative side of things and I love seeing the end result when it all comes together and you see the students shine. You see them really doing their best and I love being part of that.

“It’s why I put a lot of effort into the props, so the students can see that we take it seriously and then contribute their energies fully . . . not that they wouldn’t anyway.”

Hello Dolly will be staged over five nights from 11 to 19 May in Parade College’s Rivergum Theatre

Tickets are still available for the final three performances for 17, 18 and 19 May, commencing at 7.30pm

Tickets (adult \$25, concession \$20, family \$70) are available via www.trybooking.com/tiaq

Seems like only yesterday for Class of ‘88

Members of Parade College’s final year class of 1988 recently reunited in the Hickey Foyer, thirty years after completing their schooling at the Bundoora Campus.

Amongst the thirty five former students in attendance was the ‘88 College Captain Brian Ohis and Vice-Captain David Stuckey. Also there was Joseph Corbin who jetted in from Cairns, Ben Ryan from the ACT and Peter Caven from Adelaide.

Peter, the former Fitzroy, Sydney and dual Adelaide Premiership player pictured here at right with old classmates Matthew McRae and David Keenan, said that renewing acquaintance was well worth the border crossing.



Brendan Flynn said that all of his old school friends were up for the gathering.

“It was a really good night,” Brendan declared. “David Stuckey’s rendition of the *Yarangabee* in the Frank Mount Social Room later on was a highlight, and the crew kicked on afterwards.

“There were around fifteen blokes I hadn’t seen in thirty years, and most of them hadn’t changed either. All in all, it was terrific to renew acquaintance.”

Long-serving Parade College teacher and Old Paradians’ Association Secretary John Nicholls capably served as Master of Ceremonies at the reunion, which was also attended by former teachers John Joss, Patricia Joss and John Ramsdale, together with current teachers Jim Seymour and Ross Smith.

OPA, Parade partner Northpark for men's health

The Old Paradians' Association and Parade College has formed a strategic alliance with Northpark Private Hospital, as part of a commitment from all parties in the interest of men's health.

Under the exclusive arrangement, Northpark will avail its many and varied resources to both the Association and the College, which consider men's health a relevant priority.

Accordingly, Northpark will facilitate a number of regular community engagement activities tailored to the specific needs of both the College, the Association and its member sporting clubs on a regular basis – including health education sessions involving specialist speakers for students, staff, parents and Old Paradians, with topics determined by the needs of the respective groups.

Northpark is also interested in facilitating work experience and student volunteer opportunities; and providing corporate support to the Old Paradians.

The arrangement was recently finalised following a meeting involving Northpark General Manager Simon Keating, Business Development Manager Lisa Aughsteen, Old Paradians' Association CEO Tony De Bolfo, Parade College Assistant Principal Staff Welfare and Development Mark Aiello, and Community Liaison Officer Jim Seymour.

Pictured from left to right in the accompanying photograph is Jim, Northpark Director of Nursing Liz Bogdan, Lisa and Tony, taken prior to a recent tour of the hospital.

Lisa said there were obvious synergies between the parties.

"Northpark Private Hospital has been providing high quality healthcare to Melbourne's northern suburbs for over thirty years. Our associations and relationship with our local community is the driving factor in our operations," Lisa said.

"We are excited to partner with Parade College and the Old Paradians' Association to further extend our reach with those who matter to us – our community. We are looking forward to using our combined resources to spread our health message and bring attention to important health prevention issues."



For the OPA, the Northpark alignment is a welcome development, as for some time now the association has considered supporting its alumni in this vital area of men's health.

"As an organisation whose mandate is to promote the spiritual, intellectual and social interests of its members, the Old Paradians' Association welcomes this relationship with Northpark Private Hospital and its vast resources," Tony said.

"In today's society, all men, whether not long out of school or in the autumn years of their lives, are confronted with a myriad of challenges, and the Old Paradians are not untouched. There can be no greater cause for the association than to align with Northpark Private Hospital in the cause of men's health."

Jim said that the College community was "very excited to have established an ongoing relationship with 'Healthscope' that includes Northpark Private Hospital, La Trobe Private Hospital and the North Eastern Rehabilitation Centre".

"Scheduled activities on a regular basis are being planned, such as health education sessions with specialist guest speakers as well as other important relevant engagements that will benefit all involved," Jim said.

Mr Tony De Bolfo
Old Paradians' Association CEO



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

Calendar

The following important dates in the College calendar can also be found on our website under the 'News' tab

16 May	<ul style="list-style-type: none"> * Ramadan Begins * NAPLAN Testing Years 7 & 9 * Homework Club 3.15-4.30pm * OPA 1968 Reunion and Vietnam Veterans Luncheon * ACC Senior Sport * Ministry Retreat #7 	22 May	<ul style="list-style-type: none"> * Year 9/10 Sport * ACC Intermediate Badminton Tournament, MSAC * Homework Club 3.15-4.30pm * Semester 1 Year 7 Altior Night of Excellence, 7pm Bundoora Campus
17 May	<ul style="list-style-type: none"> * NAPLAN Testing Years 7 & 9 * Ministry Retreat #7 * Year 7/8 Sport * Musical Night Performance 3, 7.30pm Rivergum Theatre 	23 May	<ul style="list-style-type: none"> * Ministry Retreat #8 * Senior Sports Round 5 * Homework Club 3.15-4.30pm
18 May	<ul style="list-style-type: none"> * Prefect Nomination Assembly * Year 7 & 12 Failte Program * Year 9 Assembly * Year 10 Work Experience Assembly * Musical Night Performance 4, 7.30pm Rivergum Theatre 	24 May	<ul style="list-style-type: none"> * Mary Help of Christians * Ministry Retreat #8 * Year 7/8 Sport
19 May	<ul style="list-style-type: none"> * Musical Closing Night, 7.30pm Rivergum Theatre 	25 May	<ul style="list-style-type: none"> * OPA 1998 Reunion
20 May	<ul style="list-style-type: none"> * Pentecost Sunday 	26 May	<ul style="list-style-type: none"> * National Sorry Day * Saturday Detention
21 May	<ul style="list-style-type: none"> * Strategic Planning Committee Meeting, 7.30am * Old Paradians' Association Exec Meeting, 7.30pm Boardroom 	27 May-3 June	<ul style="list-style-type: none"> * National Reconciliation Week
		27 May	<ul style="list-style-type: none"> * Trinity Sunday
		28 May	<ul style="list-style-type: none"> * Preston Reconciliation Mass, Sacred Heart Church * Finance Meeting, 7.30pm Boardroom
		29 May	<ul style="list-style-type: none"> * Year 9/10 Sport * Family School Tour Preston Campus * Homework Club 3.15-4.30pm
		30 May	<ul style="list-style-type: none"> * Senior Sports Round 6 * Long Walk at Bundoora Campus, 9.30-11.30am
		31 May	<ul style="list-style-type: none"> * Year 7 Parent Dinner



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