



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 5 23 March 2022



From the Principal

On Thursday 17 March, as part of Catholic Education Week, our Prefects joined with other Catholic Schools for Mass at St Patrick's Cathedral presided by the Archbishop of Melbourne.



We have concluded the ACC fixtures in Tennis Cricket and Volleyball for our senior students, and we acknowledge the efforts of those who have represented us well in these sports, with the Senior Volleyball Team finishing a very credible runner up. Congratulations to Mr Sedgman and students.

Students and coaches are busy preparing for AFL, Basketball and Football next term for all Year levels. On Wednesday next week the Swimming Team will participate

in the ACC Swimming Carnival at MSAC. I commend all students and staff for their commitment to training.

As part of the Year 10 Careers Program, students developed their cover letters and resumes. Yesterday, as part of their preparation for the world of work, they participated in Mock Interviews with Old Paradians, staff, and external employers. We are very grateful for their support and assistance with our Careers Program.



I was delighted to accept an invitation with Ms Calia, Director of Music to attend Top Class Dance 2022 and witness the strength, energy, beauty and passion of dance. Showcasing and celebrating young dancers from across Victoria, Top Class Dance 2022 presents exceptional performance solos from the 2021 VCE and VCE VET Dance programs. One of our Year 12 students and House Captain of Lynch, Christian Naimo was selected to perform his solo from his VET Dance Program completed in 2021.

Mr Andy Kuppe
Principal



Gifted and Talented Programs and Scholarships

Applications are now open for the Lou Arthur Memorial Scholarship.

This scholarship was created to acknowledge Lou Arthur (1905-1972), who was a student at Parade College until 1922 and was inducted into the Old Paradians Hall of Fame in October 2010.

The Scholarship recognises students with high academic achievement and who have participated fully in the life of the College.

It is awarded to a current Year 8 student and a full or half scholarship may be awarded to a student who will complete Year 9 in 2023 and Year 10 in 2024.

For further details on how to apply for the Lou Arthur Memorial Scholarship, the application form, and key dates in the process, please read the 'Lou Arthur Information Sheet 2023' which is available on the Parade College website.

Additionally, applications for the Br Peter Cole Scholarship (2024/2025) and Year 7 Altior Program (2023) are now open for prospective students.

For further details on both of these opportunities, please access the 'Br Peter Cole Information Sheet 2023' and the 'Altior Information Sheet 2023', which are available on the Parade College website.

For further information about the Gifted and Talented Programs at Parade College, or the opportunities outlined above, please contact Mrs Emma Mihocic, Gifted and Talented Program Coordinator, on 9469 4389 or at scholarships@parade.vic.edu.au.

Mrs Emma Mihocic
Gifted and Talented Program Coordinator



2023-2024

Lou Arthur Memorial Scholarship

Applications are now open for high achieving students for the Lou Arthur Memorial Scholarship for 2023 and 2024.

Full or Half Scholarships will be awarded to current Year 8 students who will complete Year 9 in 2023 and Year 10 in 2024 at Parade College.

The Scholarship may be extended for Years 11 and 12 upon satisfactory review of student performance.

Only current Year 8 Parade College students are invited to apply

The Scholarship Entrance Examination will take place from 9.00am to 12.00pm on Friday 9 September at the Bundoora Campus.

Applications close Friday 27 May 2022.

**For further information please contact Mrs Emma Mihocic
Gifted & Talented Program Coordinator
scholarships@parade.vic.edu.au**



Major Sponsor

Old Paradians' Association 150 Year Gala Dinner

Celebrating Parade College's Sesquicentenary



Qube Logistics has generously agreed to be the Presenting Partner for Parade College and Old Paradians' Association 150 Year Gala Dinner.

Qube is Australia's largest integrated provider of import and export logistics services with a market capitalisation in excess of \$5.7 billion as at 30 June 2021. They operate in over 135 locations across Australia, New Zealand and South East Asia with a workforce of over 7,000 employees.

Qube Logistics provides complete logistics services incorporating:

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- intermodal logistics hubs including rail terminals and global services incorporating procurement;
- freight forwarding; and
- import and export services.

Their services can be combined as an integrated solution or tailored to meet individual client needs.

The Qube Containers division offers container sales, hire and modifications.

Qube has been built by old Paradians' Paul, John & David Digney and has become a top 50 ASX listed Company. Several Old Paradians' currently work at Qube and have done so since its inception some 16 years ago.

Paul Digney (1988) is currently Managing Director along with Directors John (1990) & David Digney (1992) and Victorian managers Peter O'Loughlin (1988), Luke Thomas (1988), Simon Swindon (1989), Kevin Jenkins (1990), Antony Sinclair (1993), Anthony Dean (1999) and Rohan Moore (1993) with Jack Moore (1992) managing the Qube NSW business.

www.qube.com.au



From the Assistant Principal - Teaching & Learning

Term 1 Mid-Semester Reports / Student Progress Interviews – Years 7 to 12

Mid-Semester reports will be released online via PAM on Thursday 31 March. Year 9 ExCEL reports for Extended Learning Project 1 will be released online on Friday 1 April.

Student Progress Interviews are scheduled in the coming weeks. There are two opportunities for these important learning conferences to occur, both are held in the final week of Term 1.

Thursday 7 April

4.15pm to 6.15pm and 7.00pm to 9.00pm

Friday 8 April

10.00am to 12.00pm and 1.00pm to 3.00pm

Please note that Friday 8 April is a student-free day so that the interviews can take place.

Interviews will be conducted remotely via MS Teams. No interviews will be conducted onsite at either the Preston or Bundoora campuses.

Parents and students are encouraged to join online via their son's MS Teams account. When booking appointments, which can be booked from 31 March, be mindful that your son needs to be home as his device and MS Teams account are required to join the meetings that teachers will schedule.

Families received a letter on Tuesday 22 March with relevant information. If one or both parents/guardians cannot be in the same location as your son for the MS Teams Interview, please forward the link that has been emailed, onto the other party. Let the teacher know when you enter the MS Teams meeting that someone else will be joining the meeting.

Please ensure that you have the MS Teams app downloaded on your device. You can download the MS Teams app from the Microsoft store, App store on iPhone and Playstore on an Android phone.

On the mid-semester reports available on PAM, teachers may have indicated that an interview is required. Parents may also initiate the interview via PAM by booking appointments to meet with their son's teachers. Teachers will be mindful to keep interviews to the times designated.

Bookings for each session close at 9.00am on the morning prior to Interview Day, ie; Thursday 7 April on Wednesday 6 April at 9:00am and Friday 8 April on Thursday 7 April at 9:00am

Nano Nagle VCE Tutoring Program

The College is excited to announce that the Nano Nagle VCE Tutoring Program has commenced for this year and will run every Monday to Thursday in MQ28 (VCE Study Centre) from 3.30pm to 5.30pm.

This is an opportunity for any VCE students to receive tutoring from recent high scoring Old Paradian VCE students in a range of subjects, with a focus on Mathematics on a Tuesday and Wednesday afternoon.

Students can attend for part or all of the session and may even choose to simply complete their homework in a collaborative group of their friends at this time.

No bookings are necessary, students simply report to the VCE Study Centre at 3.30pm.

Year 9 Parent Workshop - Elevate Education Study Skills

An online parent seminar conducted by Elevate Education will be held on Tuesday 29 March at 7.00pm.

The seminar will provide parents with strategies on how to get on the same page as their children so that the skills discussed during the Year 9 Study Skills incursion may be reinforced at home.

Year 9 families will receive an email with details of the prior to Tuesday.



Exploring Space in a Virtual World

Over the past few weeks Year 9 ExCEL students and some Year 7 Science classes have been exploring space and the universe in the virtual world.



In a VR incursion, students individually explored the realms of our solar system and pondered our existence in the universe.

Some students, working in teams, flew in zero gravity through the Eden Space Station to close a dark portal. Teams that succeeded not only saved planet but learnt valuable life and team building skills.

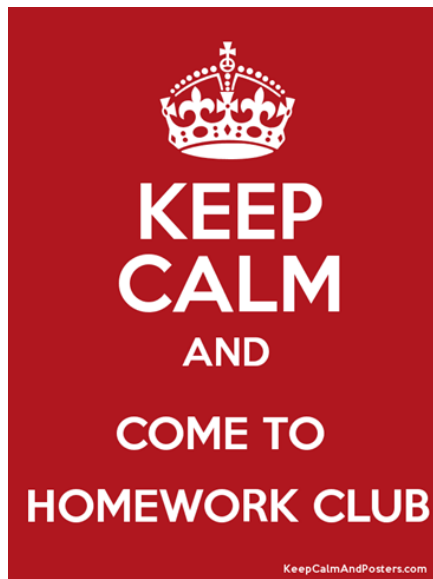
Mr Geoff Caulfield
Assistant Principal - Teaching and Learning

Delivery of Messages and Unplanned Departure of Students

Parents and Guardians are reminded that timely delivery of messages and/or personal items is not possible due to constant student movement in a Secondary School.

Whilst every reasonable attempt will be made to deliver ***important messages only***, parents are advised that we cannot guarantee timely delivery.

Parents/Guardians arriving unexpectedly requesting to collect students for urgent appointments may face a delay of up to 45 minutes. Please ensure you allow sufficient time prior to the appointment.



Tuesdays and Wednesdays
at the Resource Centres
3.15pm to 4.30pm



From the Assistant Principal - Student Wellbeing

Year 7 Camp

In the week prior to the long weekend our Year 7s attended camp. This is always a highlight for students starting at Parade and is an invaluable part of a Year 7 students transition. New friends are made, resilience and an adventurous spirit are built and relationships between students and staff are developed to assist throughout their time at the College. Over the next few newsletters we will be hearing from our Year 7s as they share their experiences. Kenula from Bodkin House is speaking through his experience this week.

My time at camp was one of the best experiences I have ever had. My favourite camp activity was the giant swing because when you swing, it makes you feel like a superhero flying in the sky. The most challenging moment was when my group and I went on the leap of faith. This was challenging because you must jump off a tower which is about 12m high.

When I was at camp, I learnt that you need to trust others and show courage to accomplish a hard activity. One thing I learnt about myself was when there was an activity to do, I felt adventurous and wanted try everything.

The most treasured moment was being with my friends.

Kenula Pathberiya
Year 7 B18



Student Leadership Day

Last Tuesday the College's Senior and Middle School Leadership groups from our two campuses represented Parade College at the 2022 Melbourne Secondary Youth Leadership Conference.

This action-packed day consisted of internationally-recognised speakers and team activities which focused on four key areas. These included an empowered, positive approach to leadership, creative ways to undertake teamwork, communication and coaching skills, and an opportunity to hear from successful entrepreneurs on how the pathway to creating a successful business can be achieved.

Please see a thoughtful reflection below from our College Captain Max Bovalino.

Ms Sarah Pyle
Assistant Principal - Student Wellbeing

The Young Leaders Conference was an absolutely incredible experience. The group learnt many skills and tricks to assist them with their leadership at the school.

As well as this, we were given the opportunity to learn skills that would better the community outside of school too.

This was a day that changed my outlook on everyday leadership, and gave me many things to think about within my own leadership.

One example was Hunter Johnson, who created the Man Cave program that has worked with our students in past years at Parade College. Hunter spoke about his experience with mental health challenges and how we can help others who are struggling.

I also learnt a few tips to improve my public speaking skills. Tips such as slowing down and keeping an eye on body language made all the difference and I can't wait to put it into practice!

Max Bovalino
Year 12 L06



Thinking of buying or selling this year?

This year is already ramping up to be just as busy as 2021. Hopefully with less lockdowns! In 2021 we had multiple record breaking months with an influx of properties on the market and many buyers looking to purchase their dream home.

Traditionally there are very few auctions in January and early February, but this year auctions are getting off to a very fast start with 101 properties scheduled for auction in the first weekend of February. Last year, at the same time, we had just thirty scheduled before the boom really took off. This indicates that the market still has a lot of steam in it with many people making changes to their lifestyle whether it's upsizing, downsizing, a tree change, a sea change or moving interstate etc.

To discuss any of your real estate needs and to tap into decades of experience within the industry contact us for straight forward and professional advice.



65 Snake Gully Dve, Bundoora sold in December for \$1,666,000



This architecturally designed property in Watsonia sold for a townhouse record price of \$1,005,000.



David Moxon
Director/Auctioneer/Old Paradian
0413 673 636
@DavidMoxonBP

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www.barryplant.com.au/millpark

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www.barryplant.com.au/greensborough

Macleod
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www.barryplant.com.au/macleod



2022 MACS Creative Arts Exhibition

The Arts Learning Area would like to acknowledge the work of our students and staff and their contributions to this year's MACS Creative Arts Exhibition.

Each year the Melbourne Archdiocese Catholic Schools exhibit the wonderful artwork of the students in their schools through the Creative Arts Exhibition.

This exhibition provides a unique opportunity for students to express themselves and their identity in creative ways and, in doing so, the exhibition promotes the 'full flourishing of each student' across the multiple domains of learning.

Congratulations to the following students who had their creative arts accepted as part of the exhibition.

Justin Conto H02

Year 11 - *Garden of Dreams*

Matthew Ribera H07

Year 11 - *Mushrooms*

Alessio Cerasuolo B03

Year 9 - *Surrealism*

Max Bovalina L06

Year 11 - *Time To Talk* – Film

Kyden Hurst (Year 12 - 2021)

Year 12 - *Reflect* – Animated Film

Three Parade students won awards at this year's exhibition - congratulations to Justin, Max and Kyden.

The link to view award winners on the exhibition's website is [Creative Arts Exhibition 2022 - 2022 Award Winners and Interviews \(google.com\)](#)

Mr Claude Ferrarese

Learning Area Leader—Visual Arts and Drama

Creative Committee Secondary 1st Place Award

Garden of Dreams
Justin Conto, Year 11
Parade College, Bundoora



Secondary Film Excellence Award

Reflect
Kyden Hurst, Year 12
Parade College, Bundoora



Secondary NGV Creativity Award

Time to Talk
Max Bovalina, Year 11
Parade College Bundoora





Unit 3 English Creative Writing Award

Creative Writing is the first task of the Year 12 English course. This year, students read 'Like a House on Fire', a collection of short stories by acclaimed Australian author Cate Kennedy.



In February, they were fortunate to hear from Kennedy herself in an enlightening presentation at La Trobe University. Students then spent the following weeks crafting their own stories, taking inspiration from Kennedy.

We celebrate the achievements of two students, Jaden Menezes (Year 12, H04) and Yoael Zia (Year 12, T06), who both crafted brilliant and original stories. They are the joint winners of the Unit 3 English Creative Writing Award.

Mr James Fogarty
Learning Area Leader – English



From the First Aid Office

Parent Portal – Medical Information

It is important that the College has the latest medical information for your son. Please take the time to review your son's medical information and update when required.

Parents, please keep your contact phone numbers up to date, including at least a third contact person for times when you are unavailable.

Anaphylactic Students – Individual Anaphylaxis Management Plans

Parents of anaphylactic students were emailed in early March an Individual Anaphylaxis Management Plan to complete, sig, email back to me at cathie.ireland@parade.vic.edu.au

I would like to thank the many parents who have returned their son's copy to the College. If you have not returned your son's copy yet it would be greatly appreciated that you do this at the earliest opportunity. If you require a new copy feel free to email me at the above email address.

Preston Campus Immunisations - Year 7

Preston Year 7 students will be receiving their HPV1 & Boostrix immunisation on Thursday 31 March.

Preston Campus Immunisations - Year 10

Year 10 Immunisations have been rescheduled. Preston Year 10 students will be receiving their Meningococcal ACWY strain on Thursday 23 June.

Ms Cathie Ireland
First Aid Officer





Community Action Report

The Parade Shared Table – a VET Hospitality and Community Action collaboration

Like most restaurants in Melbourne who were impacted by COVID restrictions, the Parade Shared Table had to be flexible in its service. As we were not able to invite community groups to dinner, we offered an 'Uber Eats Service' to staff.

Our first 'Uber Eats Service' was a fundraiser for the Cancer Council, in memory of Parade Hospitality teacher Christine McAllister. The VET team also prepared savory and sweet muffins to sell to the Parade community as part of this fundraiser. Over \$900 was raised.



The second 'Uber Eats Service' was a fundraiser for the Red Cross Flood Relief Appeal.

Two Year 12 Hospitality students, Dane Mueller B01 and Daniel Katsigiannis B08 cooked a delicious three course meal on both occasions and staff were left licking their lips!

Many thanks to VET Hospitality teacher Michael Chapman and his assistant Yin Van Beek, and to Fiona Murray for her prep work each time.

Many thanks to the following Year 10 volunteers who assisted on the evening, earning the first of their Service Learning hours:

Jack Braidwood T08
Ranmika Silva T02
Andy Huyn T04
Anthony Bovalino L02
Christian Bonnici T01

The Shared Table is going to open its doors as a restaurant for the first time on 30 March. We have invited local aged care residents to enjoy a meal and the company of student hosts. We are looking for student volunteers to host our special guests. This is a good opportunity for Year 10 students looking to earn Service Learning hours.

The Bluestone Café

On most weekday mornings the smell of freshly brewed coffee hits staff and students as they walk through Alphington Court. It is there outside the Community Action Centre that you will find a number of student Baristas, under the guidance of Mr Daniel Crewther, ready to take your coffee order.



The Bluestone Cafe is in full swing with a number of regular coffee connoisseurs ordering their coffee of choice. We have several new student recruits who are learning the art of coffee making and customer service.

Any student from Year 9 to 12 wanting to be part of the Café is asked to see Mr Crewther or Ms Morello at the Community Action Centre. We will be running Barista training for the Cafe in Term 2.

Ms Anne-Marie Morello
Community Action Convenor



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From the Business Manager

Monthly Statements

The College issues statements via email at the end of every month. Printed copies are only posted in the first week of each term. If you are not receiving your statements please contact Emily Hosking on 9468-3327 immediately.

Financial Hardship

If you have any questions about your fee statements or are experiencing financial difficulty with meeting your fee obligations please contact Ms Emily Hosking on 9468-3327 or via fees@parade.vic.edu.au.

Alternatively if you would like to make a confidential appointment with the Business Manager to discuss your situation, please contact the College.

Email Addresses

Please advise us if you change your email address. The College regularly uses email to communicate with parents/guardians about important matters including fee statements and newsletters.

The provision of regular fee statements is designed to assist families to keep track of their payment plans and act as a reminder for any payments in arrears. Please ensure you advise us of any changes to your email address.

Finance Committee Members

The College Finance Committee is looking for potential members. If you are interested in joining or would like to know more please contact the Business Manager, Mr Paul Harris, on 9468-3309 or via paul.harris@parade.vic.edu.au

Mr Paul Harris
Business Manager



From the Enrolment Officer

Year 7 2024 Enrolments close Friday 19 August 2022

Year 7 applications for 2024 and beyond are now being accepted and interviews will commence next term. Applications for other year levels are welcome.

To obtain an enrolment application please download a copy on the following link

www.parade.vic.edu.au/enrolment-application

Academy Uniforms

The uniform shop at both Preston and Bundoora Campuses are now open:

Preston

Tuesday 10.30am to 11.00am

Bundoora

Tuesday 12.30pm to 2.00pm
Friday 8.00am to 9.00am

The Thomastown store is also open with normal trading hours..

Online orders are also accepted. To order online:

- Go to www.academyuniforms.com.au
- Select ORDER ONLINE
- Choose PARADE COLLEGE

Mrs Kylie Hannam
Enrolment Officer

A Journey Through Lent



Senior Summer Sports Wrap Up

Volleyball

Congratulations and commiserations to our Senior Volleyball teams. Under the expert coaching of Mr Chris Sedgman, our Senior Volleyballers have made outstanding progress this season, with both the A and B teams qualifying for the ACC Grand Final against Mazenod.

Our Firsts team played a solid defensive game, with Captain Xavier Bui (Year 12 H01) in fine form, but ultimately, they were overpowered by Mazenod's height at the net. Similarly, the Seconds team was also defeated.

After an encouraging season the boys will continue to train with an eye to the National Championships later in the year.

Students from all Year levels interested in joining the Volleyball program should check the daily messages for training details.

Cricket

Qualifying for the Semi-Finals with a three and two record, the First XI were beaten by Mazenod in their Semi-Final. Skipper Connor McEvoy (Year 12 L02) (3/15 off 4 overs) bowled superbly, as we restricted Mazenod to a score of 125.

Unfortunately, our batsman failed to fire in the chase, with only Daniel Bird (Year 12 B09) (33 not out) making a substantial contribution.

Tennis

Firsts Tennis played their Semi-Final against Whitefriars at Currawong Tennis Club. Keane Chu (Year 12 H02) got us off to a strong start winning his singles match at number one, but we struggled in the remaining singles matches, before storming home in the doubles.

Unfortunately, it wasn't enough though as the Whitefriars boys proved too strong. A great season and unfortunate to fall short of the Final.

Upcoming Sport Events and Trials

Swimming

ACC Swimming Training continues on Wednesday mornings 7.00am at the Mill Park Leisure Centre.

Additional trainings being held during High Performance afternoons.

The ACC Swimming Championships are being held at MSAC on Wednesday 30 March at 10.00am.

Football (AFL)

Senior Football Training

Friday mornings 7.15am

Practice match versus Assumption on 23 March

Years 8/9/10 Football

Held during High Performance classes

Trials for Years 8/9/10 non-High Performance students - final trial Thursday 31 March 3.15pm (Waterford Oval)

Year 7 Football

Held during Thursday afternoon Sport classes

Football (Soccer)

Senior Soccer Training

Wednesday mornings 7.15am

Practice match versus St Bernard's April 6

Years 8/9/10 Soccer

during High Performance classes

Trials for Years 8/9/10 non-High Performance students - final trial Tuesday 29 March 3.15pm (Waterford Pitch)

Year 7 Football

Held during Thursday afternoon Sport classes

Basketball

Senior Basketball Training

Wednesdays at 7.15am in Moore Hall.

Other Year Level Trials

Trials for all other Year levels will take place later in the year.



State and National Representatives

Congratulations to the following students on their recent selections in state/elite representative squads:

On Sunday 20 February Athletics Captain Tom Reynolds (Year 12 B07), pictured above, won the state U20 400m at Lakeside Stadium in a time of 47.77sec. Tom will go on to compete at the Nationals in late March.

NAB Cup squads for AFL Pathways programs are also being finalised in the coming weeks with the season starting in late March. The following students are currently in the Senior U/18 squad:

Nate Caddy (Year 11 B04)
Jack Maruff (Year 12 B05)
Deacon Kalpakis (Year 12 L06)
Jarred Seiter (Year 12 T10B)
Kobe Knight (Year 12 T10A)
Flynn Riley (Year 12 B07)

Mr John Baxter
Dean of High Performance Sport



**Remember to take your
Epipens with you when going
on an excursion or to an event
- if you forget your Epipen you
can't leave the College**

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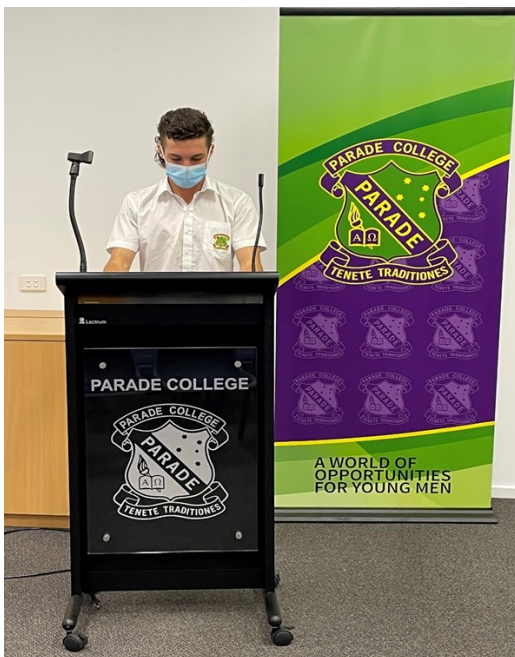
VCAL Debating

Debating is a challenging and rewarding activity that builds confidence while developing skills in public speaking, organisation and teamwork.

Students learn to speak confidently and knowledgeably – skills that are often called upon in other areas of life. Participation in a debate allows students to articulate clearly, address an audience and present a strong argument.

The VCAL Intermediate literacy cohort has proudly participated in a debate about whether tattoos should be allowed in the workplace.

Groups were divided into two sides – affirmative and negative - and students were randomly assigned to groups so that some had to argue the position counter to what they originally believed.



Kallum Volpe Year 11 H10B arguing for the affirmative

Many students stood out in these debates, highlighting their confidence and skills with public speaking. The debates improved learners' ability to form coherent and convincing

arguments that used reasoning and evidence . It allowed students to think outside of the box, challenge their opponents and be ready to identify any loopholes in their counter-argument.

As an educator, these are the moments that make you recognise that students possess different types of talents and that we should always look for ways to vary our approach to allow students to thrive.

Mrs Vicki Southgate
Learning Area Leader - VCAL

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Parents of Parade (POP)

Father and Son Summer Games Night

Our upcoming activity is the Father Son Summer Games for Year 7s on Monday 4 April. This is a wonderful opportunity to bond and engage with your son in a way where you are spending quality time together that is positive and, most of all, fun! This event can also include special grandparents, uncles, older brother/s or a positive role model in your son's life who would love to participate on the night.

The evening will commence with a BBQ, progress with activities such as tennis, soccer, table tennis, dodgeball and volleyball, and conclude about 9.00pm. As mentioned previously, this night will still go-ahead rain, hail, or shine.

Sporting prowess and fitness are not required to participate, in what will certainly be an enjoyable night. Whilst hand/eye coordination may assist with some activities, the ability to use your powers of 'thinking' will assist you greatly in other areas, so make sure that you have your thinking caps ready!

The format of the night is based on 'Tabloid Activities' whereby participants will complete a range of activities. The evening will commence at 6.00pm with a BBQ outside Moore Hall with the games commencing at 6.30pm and concluding by 9.00pm.

Entry will be \$10 per family which includes all food and drinks payable via <https://www.trybooking.com/BYFVW>

If you have any booking queries please email Cathie Ireland Cathie.Ireland@parade.vic.edu.au

As always for this event to run smoothly, we would love and appreciate the help of parents/guardians helping with the BBQ, serving food and arranging the handing out of refreshments at the front door, welcoming the Father/Guardians and sons to the evening.

If you would like to be involved in helping out for the evening, even if it's for a short time, please let me know.

If further information is required, please email at pop@parade.vic.edu.au

Don't miss out on this special evening - we encourage you to get in early with your registration as numbers are highly limited!

April POP Meeting - Wednesday 6 April

Please mark your calendar to attend the next POP Meeting via Zoom at 7.30pm Wednesday 6 April.

We would absolutely love to see some new faces at our next POP Meeting, so please don't be shy! I'm sure that we all possess that common goal in enriching the Parade Community, and in helping our young Paradians accomplish their goals by learning from our values and morals that are conveyed to them by us as parents/guardians.

Mr **Flavio Cosmelli**
President - Parents of Parade
pop@parade.vic.edu.au



Parents of Parade Meeting

7.30pm Wednesday 6 April via Zoom

This is a wonderful opportunity to see and chat with other parents and carers

Please email me to receive a link if you would like to join us

Flavio Cosmelli
President - Parents of Parade
pop@parade.vic.edu.au

Calendar

The following important dates in the College calendar can also be found on our website under the 'News' tab

24 March	* Ministry Retreat #5	7 April	* Term 1 Ends
	* Preston Campus Family Tour		* Student Progress Interviews 1 - Years 7 to 12, 3.45pm to 8.30pm
25-29 March	* Sports Academy Tour Sydney	8 April	* Student Free Day
25 March	* Hughes Celebration Day		* Student Progress Interviews 2 - Years 7 to 12
	* Bodkin House Mass	14 April	* Holy Thursday
28 March-8 April	* Work Experience - ERPP, Year 11 & Year 12 VCAL	15 April	* Good Friday
28 March	* ACC Swim Squad Training	16 April	* Easter Saturday
	* Finance Committee Meeting	17 April	* Easter Sunday
29 March	* Homework Club	18 April	* Easter Monday
30 March	* ACC Swimming Championship, MSAC 10am to 2pm	22 April	* Strategic Planning Committee Meeting
	* Musical Rehearsal @ Parade	25 April	* ANZAC Day
	* Shared Table	26 April	* Term 2 Commences
	* Homework Club		* Year 7 Elective Changeovers
31 March	* Ministry Retreat #6	27 April	* Homework Club
	* Mid Semester Reports released online to parents		* Finance Committee Meeting
	* Preston Campus Family Tour		* Ministry Retreat #7
	* Preston Campus Year 7 Immunisations	28 April	* Family Tour Bundoora
1 April	* OPA 150 Year Gala Celebration	30 April	* Musical Rehearsal @ Parade
	* Year 9 ExCEL ELP1 Reports released online to parents	2 May	* Homework Club
	* Treacy Celebration Day		* Ministry Retreat #7
	* Lynch House Mass	3 May	* Saturday Detention
4 April	* Father Son Summer Games Night	4 May	* Musical Rehearsal @ Mercy
	* Advisory Council Meeting		* Advisory Council Meeting
5 April	* Homework Club	5 May	* Homework Club
6-7 April	* The Cage		* Ministry Retreat #8
6 April	* Homework Club		* Senior Sport Round 1
	* Easter Liturgies		* Veterans Lunch
	* POP Meeting 7.30pm via Zoom	6 May	* Bedford Madden Shield
			* Edmund Rice Day
			* Ministry Retreat #8
			* Family Tour Preston Campus
			* Junior Badminton Tournament, MSAC
			* College Assembly



The Nillumbik **PARENTING HUB**

Body Confident Children and Teens

Join the Butterfly Foundation to learn how to promote positive body image in the home throughout childhood and adolescence.

This session explores why positive body esteem, non-dieting approaches and healthy behaviours in relation to food and exercise are strong protective factors in the development of eating disorders. Whilst the session does aim to increase understanding of eating disorders the focus is on prevention and fostering positive body image and healthy behaviours.

This online session will cover:

- Body image and the importance of prevention
- The spectrum of eating behaviours from disordered eating through to eating disorders
- Key influences on body image, including social media and the importance of 'positive following'
- Busting common myths around eating disorders
- Helpful responses if your child says negative things about themselves or others, including when they are above their healthy weight

Key Details:

Date: Wednesday 6 April

Time: 7-8.30pm

Location: Online (via Zoom)

Cost: \$5.00 (free for concession card holders)

This event is suitable for parents, carers and grandparents of children and teenagers.

To secure a booking please visit:

[Nillumbik.vic.gov.au/body-confident-children-teens](https://nillumbik.vic.gov.au/body-confident-children-teens)

For further information please contact:

Molly Jessop

0428 891 320

youth@nillumbik.vic.gov.au

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A WORLD OF OPPORTUNITIES FOR YOUNG MEN

PC Club Raffle for Comboni Sisters

In 2021, PC Club spent the year planning, budgeting, purchasing, and building a gaming computer to raffle for charity

This year, with the announcement of our 2022 charity, we are proud to announce that the gaming PC is being raffled for the Comboni Sisters in South Sudan

Win a Gaming PC (RRP \$1330)!
Raffle tickets \$2, or 3 for \$5
for Comboni Sisters in South Sudan

Specs:

- GEFORCE GTX 1650 D6 Ventus XS V
- AMD Ryzen 5 3600
- ASUS PRIME B450M-A AM4 mATX MB
- Samsung 500GB SSD
- 16GB CL16 Corsair Vengeance 3200MHZ RAM
- Corsair CX Series CX550F RGB 550W PS
- Windows pre-installed
- MSI ATX MAG FORCE Tempered Glass RGB Mid-tower case



Tickets available from the NLC (Bundoora) & CCLC (Preston)

Tickets are \$2, or three for \$5, and can be purchased from the NLC (Bundoora) or CCLC (Preston), with the winner announced at the end of Term 1

Best of luck!



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