



### From the Principal

The return to classes for 2019 has been very smooth and I acknowledge the efforts last week by our Year 12 students to welcome our new Year 7 students as part of our Failte Program. It was good to see so many parents of the new students present for the first day activities. The student photos were all taken on Monday morning and new identity cards will be issued as soon as possible.

Last Wednesday Parade College and La Trobe University held a ceremony to publicly announce a formal partnership between the two educational institutions. This is an exciting development that will improve the learning experience and pathways of Parade College's students. Details appear later in this *Newsletter*.

This Friday the full school will gather for the Commencement Assembly at which we formally welcome our new students and staff members. We will also commission some staff members who are taking on new leadership roles, and appoint the senior students who will be the Captains of the Sports Teams, Music, Indigenous Torch Bearers and Debating and Public Speaking. At the Commencement Assembly we traditionally welcome back the top VCE and VCAL students to acknowledge their significant achievements. We also acknowledge in this way the efforts of all of the 2018 VCE and VCAL students who achieved their personal goals. We are delighted that 99% of students desiring tertiary entrance obtained a first-round offer of a place.

The first term ACC sports have commenced this week for senior students with fixtures in Cricket, Tennis, and

Volleyball, and we wish the teams a successful season. Meanwhile, students from all age groups are preparing for the ACC Swimming Competition being held on Friday evening 22 February at MSAC, and for the ACC Athletics Carnival at the end of first term.

The annual musical is well into preparation and the cast nearly finalised. This year's musical is *The Adam's Family*. Towards the end of January Max Tricarico, College Captain, attended the National Edmund Rice Schools Student Leaders Conference in Brisbane.

Our annual Open Day takes place on Sunday 17 February at both campuses and we welcome families wishing to learn more about the educational opportunities offered by the College.

### **2019 Captains Appointments**

Band Captain Jordan Honey

Debating and

Public Speaking Captain Carl Perera

Indigenous Torch Bearers Rylie Cadd and Che Watson

### **2019 Sports Captains Appointments**

Swimming Flynn McMahon **Athletics** Andrew Howe **Darcy Watt** Basketball Cricket Ben Crick **Cross Country** William Conlon Football Tarwan Rennie Hockey Ethan Detsirapis Soccer Christian Chan Table Tennis Christian Chan

Tennis Anastasios Perisanidis

Volleyball John Hou

Preston Sports Liam Smith & Che Watson

Mr Andy Kuppe Acting Principal

### Parade College Partners with La Trobe University



After a 50+ year history as neighbours and collaborators, Parade College and La Trobe University have signed an agreement to further encourage positive student experience and success. Announced on Wednesday, the partnership was celebrated at an event hosted by Parade College, with La Trobe University Vice-Chancellor Professor John Dewar, Parade College Principal Andrew Kuppe; staff from both institutions, and Parade College students and alumni in attendance.

"La Trobe University and Parade College are key education players in the north," Mr. Kuppe said. "Our two organisations both hold strong values in the areas of inclusiveness, diversity, equity, pursuing excellence and championing our local communities. We already have the fruits of the agreement in a pathway for our Sport Academy students automatically qualifying for undergraduate courses at La Trobe University. These are just some of the reasons why La Trobe is the University of choice for Parade students, and why we welcome today's formalisation of our partnership."

Professor Dewar thanked Parade College for their commitment to maintaining a strong relationship with the University, that will ensure local students have every opportunity to access higher education in Melbourne's north. "We are proud of our strong history of allowing people from all walks of life to fully realise the life-changing benefits of a La Trobe University education, and look forward to working with Parade to ensure this value continues to be realised."

The agreement signed by Parade College and La Trobe University will see the two organisations work together on the following initiatives:

- Strengthening **student pathways** through Latrobe-offered ASPIRE and Elite Athlete programs, Vocational Training and Education certificates, scholarships and internships.
- Focusing on the **Parade College student experience** for Year 9, 10 and VCE students through the La Trobe Outreach School Partnership Program. In addition to this, La Trobe and Parade will work together to develop a sport-focussed program connecting students from the Parade College Sport Academy with the University's world class Sports Park.
- Encouraging a positive **La Trobe student experience** and increasing employability opportunities through a number of initiatives, including placement opportunities, traineeships and internships.
- Increasing opportunities for **research excellence** in areas of innovation at Parade College, encouraging potential graduate, post-graduate and PhD research prospects.





Pictured above Parade Prefect Executive Members William Conlon (Vice-Captain), Pinidua Chandrasekera (Vice-Captain) and
Max Tricarico (College Captain) looking at our sporting precinct with Latrobe Vice-Chancelor Prof John Dewar and Parade Principal Andy Kuppe

(article and photographs courtesy of La Trobe University's Media and Communications Department)



From the Assistant Principal - Teaching & Learning

Since 2007, the University of Melbourne has offered the Kwong Lee Dow Young Scholars Program, an academic enrichment program designed to support high-achieving secondary students. The program is open to Year 10 students, who must complete a rigorous application process if nominated by their school.

This year the University of Melbourne has accepted into the program, from a host of applicants, Year 11 student William Dynes (T09).

In 2018, William was recognised for excellence in English, Enhanced Mathematical Methods, Robotics and Control Systems and Matter in Motion, as well as for Progress in Japanese and Music Performance.



We congratulate William for his academic achievements and for possessing the qualities of leadership, engagement and involvement that will make him a great ambassador of Parade College.

William is in esteemed company, with recent past recipients including Pinidu Chandrasekera, Carl Perera and Callum Holmes.

Mr Geoff Caulfield

Assistant Principal - Teaching and Learning



VCE Parent Information Evening

This year the VCE parent information evening will be run in conjunction with the Upper Parent Tutor Evening on Thursday 28 February. Parents will have the opportunity to attend one of three repeated sessions regarding the VCE that will be held throughout the evening in Rivergum Theatre.

More information will be sent home regarding the evening in an upcoming letter addressed to parents.

This forum will provide an opportunity to be fully informed about your son's requirements and expectations as they commence their studies in 2019. The evening is applicable to all parents with a son in Units 1 to 4 of any VCE subject.

Mr Paul Fahey
Dean of Learning (Years 10 to 12)



**Year 9 ACER Testing** 

All Year 9 students will be taking part in an ACER PAT Maths test and ACER PAT R – Reading test. The tests will be conducted on school laptops in normal Period 2 timetabled classes on Tuesday 12 and Thursday 14 of February.

These tests are designed to provide information to teachers about student skills and understandings in a range of key areas, and as such students do not need to study for these tests. Each test will take approximately 40 minutes to complete. All students will be given their login and password this Friday 8 February in Tutor Group. The teacher will give students specific instructions for each test.

Dr Janette Berglez Curriculum Leader



# OLD PARADIANS — AMATEUR FOOTBALL CLUB — EST. 1929

### Old Paradians Amateur Football Club - Opportunities for our students

Following on from a very successful 2018 season and promotion to Division 1 in the Victorian Amateur Football Association, the Old Paradians Football Club (OPAAFC) is now actively recruiting senior and Under 19 players to be part of our club in 2019. The club is inviting all eligible Parade College students to become players or take up support staff roles (see detail below) for the upcoming season.

### **New players**

Pre season commences on 30 January and is held at the Naughtin Oval on Mondays and Wednesdays commencing at 6.00pm. See website <a href="https://www.oldparadiansafc.com/">https://www.oldparadiansafc.com/</a> for more details.

All Parade College Year 11 and 12 students are welcome to attend these sessions and try out for these sides. The club offers excellent playing facilities and is one of the oldest clubs (90 years) in the Victorian Amateur Football Association (VAFA). Our Senior coach Phil Plunkett, an Old Paradian, is a recent Preston Knights TAC coach and is able to mentor players in accessing TAC playing opportunities.

### **Football Operations Support (paid positions)**

As in past years, the football club also offer students the opportunity to take up paid positions as members of its Football Operations Department. These positions include Field and Boundary umpiring and water boy roles. The club provides remuneration for students who undertake these roles and is wanting to establish a pool of students who can undertake these roles as required.

For further information please contact Peter Gilmartin - Manager Football Operations on (M) 0408 120 300 or email <a href="mailto:pgil7646@bigpond.net.au">pgil7646@bigpond.net.au</a>

### **Understudy committee positions**

The club is also offering students the opportunity to join our committee in 'Understudy Roles' that will allow students to gain valuable first-hand experience in administration roles including management, operations and financial management.

Students will work alongside committee executive members in undertaking these tasks. At the end of the playing season students will be provided with written job references outlining the activities undertaken in these roles. Additionally these students will gain access to work experience and paid part time job opportunities in businesses owned or operated by members of the Old Paradians Football Club community.

For further details, or to express your interest, please contact Mike Jolley - President OPAAFC (M 0418321985 or Email <a href="mij.jolley@outlook.com">mij.jolley@outlook.com</a>

Mike Jolley
President, OPAAFC



# From the Director of High Performance Sport

The Parade College Community is intending to be part of a community fundraising challenge for the Cancer Council. The event known as the 'Relay For Life', is being held at Willinda Park on 23 and 24 March 2019.

Teams of friends, families and colleagues raise money in the lead up to an overnight event, where team members take turns walking around a track to signify that cancer never rests.

The Relay event is an experience that will stay with you forever. It is designed to celebrate survivors; recognise carers and raise funds for the Cancer Council. The major role of the Cancer Council is to support people affected by cancer; fund research and improve cancer prevention. Underpinned by research, 61,000 Australian lives have been saved by improvements in cancer prevention, screening and treatment over the past 20 years. But with an estimated 134,000 new cases of cancer expected to be diagnosed in Australia this year, the Cancer Council needs every Australian to rally behind Relay For Life to help continue their vital work.

### How can you contribute?

To join the Parade team and be part of the 'Relay for Life' walk or to make a donation, please follow these instructions

- Go to <u>relayforlife.org.au</u>
- Scroll halfway down the page and click on 'Search Team'
- Type in Parade College

from here, you can either join the team, or make a donation.

People from the Parade community who would like to be part of the relay on 23 and/or 24 March will be contacted by myself later this month.

Mr Phillip Gaut
Director of High Performance Sport



### Plenty Road Delays

Parents, students, and visitors to the Bundoora Campus, please be aware of current Plenty Road roadworks and tram stop upgrades.

Included in this *Newsletter* are details regarding the current works - please refer to them for details that may impact your travel to and from the Bundoora Campus.

Mr Anthony Glatzel
Logistics Coordinator



Biostore Scanning in Parade's Learning Centres

Parade College Learning Centres use the Biostore scanning system to enable students to borrow books and other items.

When new students come to the Learning Centres for the first time or with their classes, they will have their fingers scanned into Biostore.

This program uses the highest standards of security and user privacy. Fingerprint images are not stored. Encryption algorithms are used to store identity information.

If any parents have any concerns, please contact the Learning Centre staff.

Mrs Adele Fernando-Swart Services Manager NLC





### Calling all Cyclists - OPA Bike Ride beckons

Cyclists, whether Old Paradian or otherwise, are being urged to take to participate in the Old Paradians' Association's fourth annual bike ride on the morning of Sunday 17 February.

The ride, which begins at Parade Preston and takes in the old East Melbourne and Alphington Campuses, ends at the Bundoora Campus on what doubles as the College's Open Day. It is not a race and riders can also commence the ride at East Melbourne or Alphington as a shorter distance.

Those wanting to participate are urged to register their interest with <a href="Mirella.Busso-Lee@parade.vic.edu.au">Mirella.Busso-Lee@parade.vic.edu.au</a> as soon as possible

Mrs Mirella Busso-Lee Old Paradians Association





### From the Registrar

### **School Photographs**

School photos were taken on Monday 4 February and all students are required to have their photos taken for student ID purposes.

If your son was absent on the day, or was unable to have his photo taken on the day, he will be required to have his photo taken on photo retake day which will take place on Friday 15 February.

For Bundoora students photos will be taken in the Hickey Foyer from 8.30am to 9.30am. Preston students will have their photos taken in Penola Foyer from 10.45am.

If you wish to purchase school photographs and you have not already submitted your order envelope, please return it to the College by Friday 22 February.

If you wish to place orders after this date you will need to contact the photographers directly. Spare generic envelopes are available at main reception at both campuses.

### Year 7 2021 Enrolments close on Friday 23 August 2019

Applications are now being accepted for 2021 and beyond. If you have a son currently at the College you are still required to submit an application form for any younger siblings.

Please contact me on 9468-3304 or email <a href="mailto:registrar@parade.vic.edu.au">registrar@parade.vic.edu.au</a> to obtain an Information pack.

### College Open Day - Sunday 17 February 2019

You are kindly invited to bring along any younger siblings to view our facilities at both our Bundoora and Preston campuses on this day.

The Preston campus will be open from 10:00am to 2:00pm and the Bundoora campus will be open from 11:00am to 3:00pm on the day.

### **Academy Uniforms**

The uniform shop is located at both campuses in the main Administration building and will be open at the following times during the school term:

#### **Bundoora**

Tuesdays between 2:45pm and 4:00pm Fridays between 8:00am and 9:00am

#### **Preston**

Tuesdays between 10:30am and 11:00am

A reminder that families can order uniform items online. Please follow the instructions below.

- 1. Go to www.academyuniforms.com.au
- 2. Select 'ORDER ON-LINE'
- 3. Choose Parade College
- 4. Enter password: Parade (please note new password)

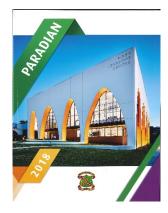
Mrs Angela O'Connor Registrar



### **Collection of 2018 Paradian**

A large number of Paradian magazines belonging to 2018 Year 12 are still available for collection.

Any family with a 2018 Year 12 is welcome to collect the Paradian from the Nash Learning Centre at Bundoora Campus or the Caroline Chisholm Learning Centre at Preston Campus.



Younger brothers may also collect the Year 12 copy of the Paradian for their older brother.

Mrs Fernando-Swart
Paradian Editor



## From the Director of Ministry

### **Immersion Opportunities 2019**

Parade College offers many opportunities for students to travel within Australia and overseas. These trips allow our young Paradians to broaden their experience and to see the world from different perspectives. We will be offering three immersions in 2019.

Numbers are limited so students and parents are encouraged to attend the information nights that are coming up in the next couple of weeks.

### **Lake Mungo Immersion - August**

The Lake Mungo Immersion is an opportunity for Parade College students and staff to learn about the spirituality, history and culture of Aboriginal Australians.



The program will run from Thursday 8 August to Monday 12 August. Students in Years 9, 10 and 11 are welcome to apply. Activities will include:

**Lake Mungo:** Exploration of the landscape that holds evidence of over 60,000+ years of inhabitancy, participation in traditional Aboriginal ceremonies, Walls of China tour, reflective walk across the lake bed, sunrise and sunset experiences.

Swan Hill: Pioneer Settlement visit.

Interested students and parents are invited to attend an information session on Monday 18 February, 6.30pm to 7.00pm in the Banksia Room, Bundoora Campus.

### India Immersion 2019 - September

Parade College's fourth immersion to India will be taking place from Saturday 14 September to Monday 30 September (last week of Term 3 and first week of school holidays). Students in Years 10, 11 and 12 are eligible to apply.

Activities will include:

**Delhi**: Ghandi Memorial, Sikh Temple, Ashram, Nine is Mine social justice campaign.

Agra: Taj Mahal

**Kolkata**: Visit to other Edmund Rice schools, two days working in an orphanage with Mother Teresa's Missionaries of Charity.

**Shillong**: One week working at Providence School for children who are very poor.



Pictured: Harry Foster Year 11 H03, Jordan Whitty Year 12 T03, Mitchell Challis Year 11 T09, Louis Forster Year 12 T08, Lucas Milne Year 12 B03

Interested students and parents are invited to attend an information session on Monday 11 February, 7.30pm to 8.30pm in the Banksia Room.

### Red Earth Immersion to Arnhem Land - July

Parade College is excited to be offering our first immersion to visit remote Indigenous Homelands in Arnhem Land and Kakadu National Park.

This immersion experience will take place from Sunday 7 July to Tuesday 16 July. Students in Years 9, 10, 11, and 12 are encouraged to apply.



Itinerary includes:

Day 1: Morning flight to Darwin; set up camp at Marakai.

### Days 2-5: Mammadawerre Homeland

- Meeting, and spending time, with Traditional Owners
- Spending time with local children
- Contribute to community service project
- Cook for and share meals with community

### Days 6-9: Murdudjurl Homeland

- Explore Murdudjurl Homeland
- Hike around the famous rock art and sacred sites with a Traditional Owner
- Work on a meaningful service project
- Cruise the Yellow Waters billabong with Traditional Owner guide

### Day 10 Return home

Interested students and parents/guardians are invited to attend an information session on Wednesday 13 February, 7.30 to 8.30pm in the Rivergum Theatre.

Mrs Kylie Kuppe
Director of Ministry

### From the Director of Music

Welcome to 2019!

### **Instrumental Music Lessons**

Instrumental Music Lessons will commence for some Year 9 to 12 students (guitar and piano) this week (from 4 February).

All other students will commence in Week 3 and parents and students will receive an email and timetable from their Instrumental Music Teacher with details about lessons and ensemble rehearsal times.

It is not too late to join the Parade Instrumental Music Program, we offer a variety of instruments and you can join by clicking on the following link. Enrolments for Term 1 will close Friday 23 February.

https://www.parade.vic.edu.au/Forms/ Instrumental Lesson Booking Form.aspx

### **Music at Open Day**

The College Open Day is Sunday 17 February - Music students who are participating will receive information about performances and times very shortly.

If there are any questions regarding the Instrumental Music Program please contact me at the College Melissa.Calia@parade.vic.edu.au

Ms Melissa Calia
Director of Music





### **Community Action Report**

Welcome to the new school year.

The Community Action Centre is already abuzz with students planning the year ahead and 2019 promises to be another busy but fulfilling year for us. For our new families our new families, the Community Action Centre is open every recess and lunchtime for students of all year levels who wish to get involved in any of our projects, events or ongoing programs.

Notices of these opportunities to be involved will be posted in the daily bulletin - so if you enjoy helping others and making new friends keep an eye out for Community Action notices.

### Eddy's Brekkie Van

Eddy's Brekkie Van start again this week and we look forward to reconnecting with our friends in Heidelberg over the weekly breakfast. As always we are extremely grateful to the Parents of Parade for their continued financial support. The Community Action Committee has been busy putting together some back to school packs for children at Brekkie Van.

Any student in Year 10 to 12 who wishes to volunteer at Eddy's Brekkie Van can come in to the Community Action Centre and put their names down. We welcome any donations of food, especially fruit, back to school supplies and toiletries. These donations are greatly appreciated and can be left at reception or you may contact me with details.

### **Edmund Rice Tutoring Program**

We continue our commitment to the Edmund Rice Tutoring program this year. Parade takes a group of students each Monday of the school term to act as tutors. The Tutoring Program at St Albans assists primary school students with a refugee or migrant background. With the help of volunteer 'tutors' like our Parade College students, these children receive homework support as well as improving their English as they play some educational and recreational games together after study is completed. It is a very

valuable service and requires volunteer students to give of their time and energy for it to be a success. Any student in Year 10 to 12 who wishes to volunteer can come in to the CA centre and put their names down.

### **Year 10 Community Action Program**

On 14 February the first of the Year 10 RE classes will begin their Community Action journey. I am in the process of finalising the student placements and details will be emailed home this week. We wish these students much luck as they volunteer in their community placement, most are in Aged Care facilities and hope that they bring an open heart and mind to this experience in order to gain much in return.

Ms Anne-Marie Morello
Community Action Convenor



### The Nash Learning Centre welcomes Year 7s

The Nash Learning Centre is Parade College's hub of resources, literacy programs, and direct instruction within innovative learning environments. In flexible, technology-rich spaces, teachers and students work collaboratively in deep-learning tasks focused upon a student-centric model of education.

Throughout February, the Nash Learning Centre will be hosting daily lunchtime activities for Year 7s, including Lego building and board games, upstairs in the Innovation Lab and in the F.I.R.E Carrier Room. We invite Lynch students to participate on Mondays, Bodkin on Tuesdays, Treacy on Wednesdays and Hughes on Thursdays, with Fridays being for students of all Houses. It will be an excellent opportunity for students to participate in fun and challenging activities, form friendships, and learn about what the Nash Learning Centre has to offer.

To learn more about the Nash Learning Centre please visit www.paradenlc.com or follow us on Twitter @ParadeNLC.

Mr Dante Gabriele
Director of Programs - Nash Learning Centre



## From the Business Manager

### 5% Discount Offer for 2019 Tuition Charges

Invoices for 2019 were issued in early November 2018. If you have not received your invoice for 2019 fees, please contact the office immediately.

A discount of 5% off tuition fees is offered for payment in full by Friday 15 February 2019.

### **Payment Authority**

Families are reminded that any Direct Debit Payment authorities for 2018 will remain in place unless we are advised otherwise. Payments will be updated for the current balance outstanding.

Families need to check their bank accounts to ensure that any existing arrangements have rolled over for 2019.

If you are a new family or do not have a Direct Debit payment authority in place, please return your form immediately.

If you would like to discuss other options available regarding the payment of fees, please call Ms Emily Hosking on 9468-3327 or email to fees@parade.com.au.

### **Approved Payment Plans**

Families who do not have an existing approved active payment arrangement are required to finalise any 'Brought Forward' outstanding balance immediately.

If you are experiencing financial difficulty with meeting your fee obligations or need some assistance with setting up your payment plan please contact Ms Emily Hosking on 9468-3327 or via <a href="mailto:fees@parade.vic.edu.au">fees@parade.vic.edu.au</a>.

### **Exiting Students**

If your son is not returning in 2019 please contact the Registrar, Mrs Angela O'Connor, on 9468-3304 or <a href="mailto:registrar@parade.vic.edu.au">registrar@parade.vic.edu.au</a> for an Exit Form. This will ensure you are charged the correct amount of fees and charges.

### Financial Assistance Camps, Sports and Excursions Fund (CSEF)

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF.

The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child. The annual CSEF amount per student will be \$225 for secondary school students.

For more information about the CSEF, including an application form, visit <a href="www.education.vic.gov.au/csef">www.education.vic.gov.au/csef</a> alternatively you can download an application form from the College website <a href="http://www.parade.vic.edu.au/Fees.aspx">http://www.parade.vic.edu.au/Fees.aspx</a>

If you have any problems accessing an application form please contact the College on 9468-3300.

Application forms are to be completed and lodged as soon as possible.

### **Charter Bus**

Students travelling by charter bus in 2019 have been allocated a seat and billed for 2019 unless we have been advised otherwise. Please note one terms notice is required to cancel use of this service.

Families who no longer wish to use the service are required to forward a cancellation request to <a href="mailto:transport@parade.vic.edu.au">transport@parade.vic.edu.au</a> or via letter addressed to Mr Anthony Glatzel, Logistics Coordinator.

### **Finance Committee Members**

The College Finance Committee is looking for potential members for 2019. If you are interested in joining or would like to know more please contact the Business Manager, Mr Paul Harris, on 9468-3309 or via <a href="mailto:paul.harris@parade.vic.edu.au">paul.harris@parade.vic.edu.au</a>

Mr Paul Harris Business Manager



### Our first week at Parade College

Week one may be a short week for students but it is filled with great excitement, some trepidation and perhaps a little nostalgia for our Year 12 students who will leave at the end of this year.

On Thursday 31 January, waves of Year 7 boys entered the gates of Parade College for the first time. It was very pleasing to see how our Year 12 boys took such an interest and care in our new members of our College! They truly put into practice what it means to be a Paradian.

The Year 12 boys demonstrated great interest in making sure that the new addition to the Parade Community felt at home. They engaged in games, generously shared their experiences at Parade. They assisted their young charges with their timetables, finding classes even with packing their bags at the end of the day!

I am sure that the generous and welcoming efforts of our older boys will remain in the memory of our Year 7's boys for a long time. Often, these small precious gestures of generosity can make a huge difference in the life of a new student in a school as big as Parade College.

In a conversation with some Year 12 boys, we reflected on how daunting it must be for the Year 7 boys to come to a new school and meet new people. Interestingly one of them pointed out that they too like the Year 7s will need to leave the security of Parade for a bigger institution like university.

I found that moment quite poignant as a reminder that soon this group of Year 12 will leave our school to start another chapter in their lives.

By the end of the day, smiling Year 7s left College Hall a little taller and a little more confident and happy to have put their first behind them! They were ready to write their story as Paradians and become upholders of the Parade traditions, and as Paradians, in six years' time; they too will be responsible for handing over those traditions to a new group of incoming boys keeping in this way the spirit of Edmund Rice alive.

Mrs Paola Fornito
House Leader Treacy Upper













### Wellness Wall

### **Helping Your Son to Transition Back to School**

As we help our sons get ready to return to school, let's reflect on our own readiness to promote our child's best emotional development during the school year.

Consider these dimensions:

### Responsibility:

Resist the urge to become the homework police. Let them take responsibility for homework; let them approach it in their own way. Assignments might not get done as well as we'd like, but limiting ourselves to only a simple reminder allows children to build a sense of personal agency. Beyond that rests between them and their teachers

### Brain development:

Neuroscience has revealed the centrality of adequate sleep in consolidating the day's learning — athletic and academic — especially the night before a performance or important test. And be alert to the risks of bright screens before bedtime

#### Resilience:

It builds each time teenagers encounter and survive moments of ordinary childhood adversity. Rarely rescue by delivering their lunch or the schoolwork they left behind that morning; they'll survive.... and rarely fight their battles for them with classmates or teachers — just offer empathy and a strong vote of confidence that they will find ways to work things out

### Self-esteem I:

It develops in part when they do for themselves all that they're capable of doing, rather than depending on us to find their jumper, solve their maths problems or tidy up after their snack. Insist they get themselves out of bed on school mornings and leave the house on time (or face the school's consequences if they show up late).

#### Self-esteem II:

Feeling authentically worthy develops through being loved and validated for qualities of good character and simply for being a valued part of our lives, not for earning certain grades or demonstrating athletic prowess. Show delight just to greet your child at the end of the school day, without racing to ask, "How was the test?"

### **Humility:**

Help them understand that they aren't the centre of the universe, that their individual wants and needs (like homework, practice or a friend's sleepover) cannot always trump the needs of others (like family dinner time, an important event for a sibling or a grand parents' birthday party). Our kids do well to learn that they're no better or no less than any of their classmates...and that respectful behaviour toward their teachers must be unwavering.

### Mr Damian Mahony Student Counselling and Wellbeing Services



### From The Old Paradians

### "I owe Parade an enormous debt", says Frank

The historian and author Professor Frank Bongiorno AM, an Old Paradian acknowledged in the most recent Australia Day Honours, has talked of his incredible fortune in being given the opportunity to pursue his love of history at Parade. Frank, a final year student of the class of 1986, was awarded an AM in the General Division of the Order of Australia for significant service to tertiary education in the field of history.



Now living in Canberra as Professor of History, as well as Head of the School of History at the Australian National University, Frank modestly conceded "No one could have been more surprised than I was when I learned that I was to be offered an AM".

In reflecting on his College years, Frank took the opportunity to thank his former teachers and readily declared "I owe Parade an enormous debt".

"I still marvel that such as school could offer – to give one example – a full year of African-American History in Year 10, as it did when I was there in 1984 with Marjorie Buchanan!

I also had the opportunity to study two years of Australian history in Years 11 and 12 with Dorman Hammond, a tremendous grounding for my professional life today," he said.

"Beyond that, there was a really well-taught program of humanities and social sciences subjects, such as Politics and Legal Studies by John Nicholls, which not only developed the skills I need for what I do, but also taught me about the ethical, literary and emotional dimensions of good scholarship.

"I've been incredibly fortunate in my teachers, at Parade and then later at university."

To read the full story, click here - <a href="https://www.oldparadians.com.au/old-paradian-stories/i-owe-parade-an-enormous-debt-says-frank">https://www.oldparadians.com.au/old-paradian-stories/i-owe-parade-an-enormous-debt-says-frank</a>

### Featherstone girls honour Dennis' memory

Members of the Featherstone family have completed the early-morning drive from Colac to Bundoora to honour the memory of one of their own – the Old Paradian and Flight Sergeant Dennis Geoffrey Featherstone - who lost his life in the Second World War two months to the day before Japan's formal surrender.



Betty Featherstone, whose husband of 58 years Brian was Dennis' older brother, came to the College to view the World War II Honour Board bearing Dennis' name.

Joining her were daughters Elizabeth and Jennifer, and granddaughter Zarah, all of whom were photographed by the board.

The Featherstone ladies came carrying precious keepsakes – a wartime portrait of Dennis, his miniature medals and his Royal Australian Air Force flying log book carrying his final notation "BOMBED BALIKPAPAN A/A POSITIONS. DIRECT HITS. 9.50"

Beneath that notation is a posting by the 24th Squadron's commanding officer, which reads: "Missing believed killed on 2nd Jul 45 over Balikpapan area".

Full story, images - <a href="http://www.oldparadians.com.au/old-paradian-stories/featherstone-girls-honour-dennis-memory">http://www.oldparadians.com.au/old-paradian-stories/featherstone-girls-honour-dennis-memory</a>

Mr Tony De Bolfo
Old Paradians' Association CEO

### Calendar

Homework Club 3.15-4.30pm Musical Rehearsals @ Parade

Calendai				
The following	important dates in the College ca	lendar 21 February	* Ministry Retreat #3	
can also be found on our website under the 'News' tab		ws' tab	* Strategic Planning Committee Meeting	
7 February	<ul> <li>Year 8 Athletics Carnival</li> </ul>	22 February	* Failte Program Years 7&12	
	* Ministry Retreat #1		* Year 10 Work Experience Assembly	
	* Year 7 Swim Trials		* ACC Swimming Championships, MSAC	
8 February	* Commencement Assembly	23 February	* Saturday Detention	
11 February	* Year 9 ACER Testing	25 February	* Year 7 ACER Testing	
	<ul> <li>Parent Information Evening In Immersion</li> </ul>	dia	* Musical Rehearsals @Mercy	
	* Musical Rehearsals @Mercy		* Finance Committee Meeting	
12 February  13 February	* Year 7 2019 Information Night	26 February	* Year 7 ACER Testing	
	Lower Tutor Group Parent-Tu Evening (includes Year 7 Can	tor	<ul> <li>Year 12 Sport Academy Industry</li> <li>Mentorship Program</li> </ul>	
	Information Sessions)	ip	* Homework Club 3.15-4.30pm	
	* Year 12 Sport Academy Indus	try 27 February	* Year 7 ACER Testing	
	Mentorship Program		* ACC Senior Sport	
	* Homework Club 3.15-4.30pm		* Family School Tour Bundoora	
	* Ministry Retreat #2		* Homework Club 3.15-4.30pm	
	* Musical Rehearsals @ Parade	9	* Musical Rehearsals @ Parade	
	* Homework Club 3.15-4.30pm	28 February	* Upper Tutor Group Parent-Tutor	
	* ACC Senior Sport		Evening & VCE Information Evening	
	* Parent Information Evening R	ed	* Family School Tour Preston	
	Earth Immersion	4-8 March	* Year 7 Camp	
14 February	<ul> <li>Year 7 Athletics Carnival</li> </ul>			
	* Year 9 ACER Testing			
	* Ministry Retreat #2		******	
15 February	<ul> <li>College Photo Retake Day</li> </ul>	*	*	
17 February	* 2019 College Open Day	*	Working Bee 💥	
18 February	<ul> <li>Parent Information Evening La Mungo Immersion</li> </ul>	ake	Sunday 17 March	
	* Musical Rehearsals @Mercy	*	William William	
19 February	* Homework Club 3.15-4.30pm	*	8.00am to 12.30pm 💥	
	<ul> <li>Year 12 Sport Academy Indus Mentorship Program</li> </ul>	**  **  **  **  **  **  **  **  **  **	Working Bee  Sunday 17 March  8.00am to 12.30pm  Bundoora & Preston  Campuses	
20 February	* ACC Senior Sport	※	Campuses	
-	* Ministry Retreat #3	•	· · · · · · · · · · · · · · · · · · ·	
	* Homework Club 3.15-4.30pm	**	******	
	· · · · · · · · · · · · · · · · · · ·	•		

# Tram service changes

### Date and time

Monday 4 February to Sunday 10 February, first to last tram.

### Reason for service changes

Due to road closures associated with the Bundoora/RMIT terminus upgrade works.

### Service changes

Monday 4 February to Sunday 10 February, first to last tram.

Route 86 trams will operate as Route 86a, with buses replacing trams between Stop 67 Bundoora Square SC and Bundoora RMIT.

### Stops not serviced by replacement buses

 Stop 70 Janesfield Drive (to Bundoora/RMIT only)



Replacement buses are low-floor depending on availability. Please speak to our Customer Service team if you need help with your journey.

Trams and replacement buses run to normal frequency, however they may not arrive at the scheduled time due to traffic congestion.

Please plan ahead and allow extra travel time.





For more information visit ptv.vic.gov.au call 1800 800 007 or follow @yarratrams

Authorised by Transport for Victoria, 1 Spring Street, Melbourne

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For other languages vist ptv.vic.gov.au/languages or call 9321 5450

### **UPDATF 1**

# TRAM STOP UPGRADE

Plenty Road Bundoora, between McKimmies Road and Janefield Drive Major works from 8pm Friday 1 February to 5am Monday 11 February 2019

(Preliminary works take place from 7 January to 1 February)

Public Transport Victoria (PTV) in partnership with Yarra Trams (YT) are upgrading stop 71 on Route 86, Plenty Road Bundoora. This upgrade is part of a city-wide program to rebuild tram stops to make them safer and more efficient and improve accessibility for commuters.

Works	Dates	Noise	Roads
Preliminary Works	10am 7 January to 8pm 1 February	Low to medium during the day and night	Lane closures in place 7 January to 1 February Long delays expected , plan your journey
Major Works	8pm 1 February to 5am 11 February	24 hour works High during the day Medium level noise at night	Lane closures in place 1 February to 9 February Long delays expected, plan your journey
Post Works	To be advised	Low	To be advised

### Preliminary works



#### Friday 7 January to Friday 1 February

Yarra Trams will be undertaking preliminary works from 10am Monday 7 January to 8pm Friday 1 February. These works will:

- establish and mobilise the site
- undertake site investigations
- install utilities connections for new driver facilities
- undertake track works including break out of concrete and pre welding
- install barriers between cars and work zone
- install new overhead poles

The majority of the pre works will occur between 7 January to 1 February during the day and night time, with lane closures and traffic management in place.

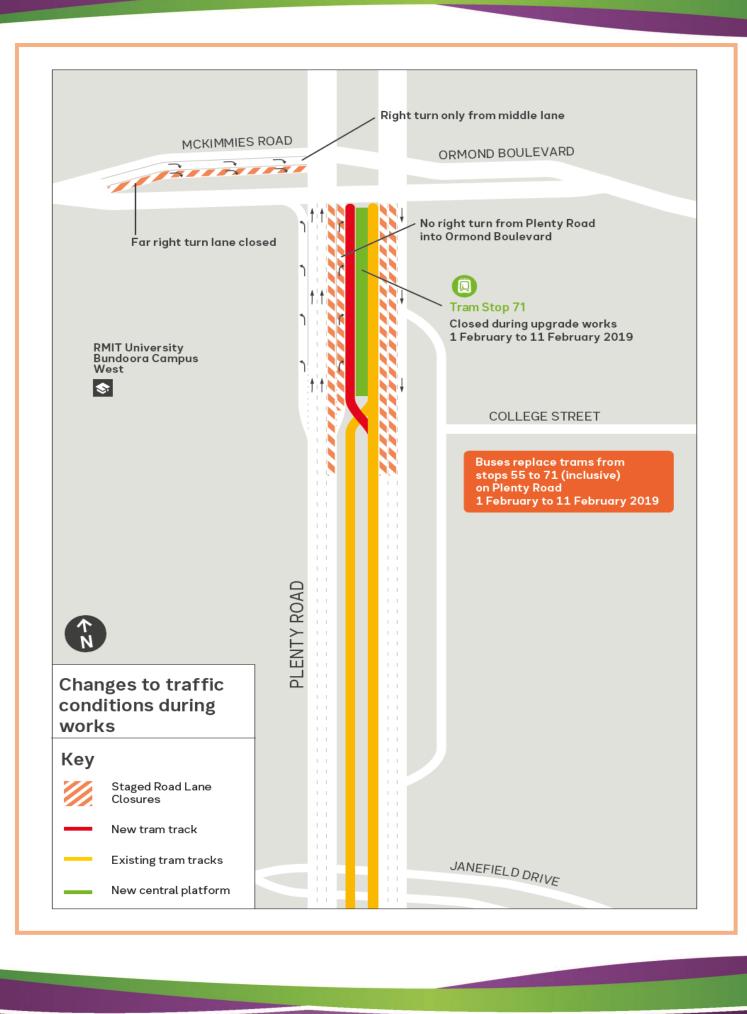
There will be no impact to tram services during preliminary works.





For more information visit ptv.vic.gov.au or call 1800 800 007.





### Major works



### Friday 1 February to Monday 11 February

From 8pm Friday 1 February to 5am Monday 11 February major track works and tram stop upgrades will occur 24 hours a day on Plenty Road between McKimmies Road and Janefield Drive (approximately 100 metres south of College Street).

Works include installation of a new 67m x 3.1m accessible central island platform tram stop with passenger seating and shelters, located at the current tram stop location (within the road median).

During the major works there will be a high level of activity including track and overhead line renewal. This will involve breaking of concrete and excavation, decommissioning of existing tram stop and construction of new accessible tram stop, laying of new tracks and installation of new driver facilities.

### Motorists



For preliminary and major work, lane closures will be in place but no roads will be closed.

- The outbound right lane and inbound right lane of Plenty Road will be temporarily closed between McKimmies Road and College Street.
- 10 parking bays will be temporarily removed, on the east side of the Plenty Road service lane between Ormond Boulevard and College Street.
- Traffic controllers will direct traffic and help facilitate local access where needed.

Long delays expected, plan your journey.

# Tram passengers and public transport changes



Tram Route 86 will be affected. Buses replace trams from stops 55 to 71 (inclusive). For more details closer to the time, please visit yarratrams.com.au/servicechanges

### Accessible Tram Stops



Public transport in Victoria is being made more accessible for people with disabilities and to comply with regulatory standards.

Accessible tram stops have ramps that make it easier to board and alight for passengers in wheelchairs, parents with prams and others with limited mobility. They also improve safety for people using trams.

There are now more than 420 accessible tram stops in Melbourne, built as part of an ongoing program to modernise the tram network. These accessible stops feature improved lighting, bluestone and stainless steel finishes, raised platforms and real-time tram arrival information.

For more information please refer to yarratrams.com.au/projects

### **Pedestrians**



The work zone will be fenced off for safety, however footpaths will remain open around the work area to allow pedestrian access to businesses and residences located around the work zone.

### Noise and dust



Associated noise and dust from machinery, vehicles and work crews is unavoidable but Yarra Trams will do all we can to keep this to a minimum. The noisiest work will occur between 6am and 10pm; however there may be a need to conduct noisy work outside these hours to ensure that the major works are completed on time.

### Local community



A site office will be established on College Street and will be operational from Monday 7 January to Monday 11 February 2019.

Access to shops and local infrastructure will remain unchanged during the works. Yarra Trams encourages you to allow some extra time when moving around the area while work is being done.

As this work is necessary to maintain a safe tram network as required by the Rail Management Act 1996 (Vic), Yarra Trams will not compensate any third parties for any losses incurred during the project.





For more information visit ptv.vic.gov.au or call 1800 800 007.







# NGV TEENS ART PARTY

SAT 16 FEB, 6-9PM NGV INTERNATIONAL \$15 MEMBERS / \$18 STUDENT

Be a part of the teen takeover of the NGV during Art Party. Your ticket gets you exclusive after-hours access to the blockbuster exhibitions, Escher X nendo | Between Two Worlds and Julian Opie, alongside an appearance by Triple J's Stacy Gougoulis, hip-hop performances by Krown & Adrian Eagle, DJ sets by DJ Slymewave and free snacks!

Don't miss your chance to spend a summer's night surrounded by art and design, have the opportunity to meet new, like-minded teens and sketch your own digital selfie in our interactive exhibition in its closing weekend.

**BOOK NOW** 

The NGV wishes to acknowledge The Ulimer Family Foundation for their generous support of NGV Teens. The NGV Kids and Teens proximan is supported by The Truby & Plorence Williams Charitable Trust, managinal by Equity Trustees.

The NGV warmly thanks The Truby & Florence Williams Charitable Trust, managed by Equity Trustees, the Nellson Foundation and the Packer Family Foundation for their generous support of Julian Opie: Studio for Nids.

#NGVTEENS



