



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 2 7 February 2018



From the Principal

The return to classes for 2018 has been very smooth and I acknowledge the efforts last week by our Year 12 students to welcome our new Year 7 students as part of our Faillte Program. It was good to see so many parents of the new students present for the first day activities. The student photos were all taken on Monday morning and new identity cards will be issued as soon as possible.

This Friday the full school will gather for the Commencement Assembly at which we formally welcome our new students and staff members. We will also commission some staff members who are taking on new leadership roles, and appoint the senior students who will be the Captains of the Sports Teams, Music, and Debating and Public Speaking.

At the Commencement Assembly, we traditionally welcome back the top VCE and VCAL students to acknowledge their significant achievements. We also acknowledge in this way the efforts of all of the 2017 VCE and VCAL students who achieved their personal goals. We are delighted that 99% of students desiring tertiary entrance obtained a first-round offer of a place.

The first term ACC sports have commenced this week for senior students with fixtures in Cricket, Tennis, and Volleyball, and we wish the teams a successful season. Meanwhile, students from all age groups are preparing for the ACC Swimming Competition being held on Friday evening 23 February at MSAC, and for the ACC Athletics Carnival at the end of first term.

The annual musical is well into preparation and the cast nearly finalised. This year's musical is *Hello Dolly*. Towards the end of January Matthew Casamento, College Captain, attended the National Edmund Rice Schools Student Leaders Conference.

Our annual Open Day takes place on Sunday 18 February at both campuses as we welcome families wishing to learn more about the educational opportunities offered by the College.

2018 Captains Appointments

Music Captain	Phillip Taseski
Debating and Public Speaking Captain	Zack Goutzoulas

2018 Sports Captains Appointments

Swimming	Long Huynh and Todd Martin
Athletics	Daniel Rischitelli
Cross Country	Hugh Collis
Basketball	James Stockwell
Cricket	Dillon Pote
Football	Joel Randall
Hockey	Matthew Boylen
Soccer	Luke McMillan
Table Tennis	Damian Nguyen
Tennis	Aaron Middleton
Volleyball	Jasdip Dosanjh
Preston Sports	James Williams

Dr Denis J Moore cfc
Principal

“Mother’s love is peace. It need not be acquired. It need not be deserved.” Eric Fromm

*Parade College extends an invitation
to all Year 7 Students
and their Mothers to the
Year 7 Mother & Son Evening
7.30pm Tuesday 13 March
College Hall, Bundoora Campus
Please join us for this annual celebration
Supper provided*

*RSVP by Thursday 8 March to
Margaret.Grech@parade.vic.edu.au*

9468-3300

Enquiries to Kylie Kuppe

9468-3300

Kylie.Kuppe@parade.vic.edu.au



From the Deputy Principal

Since 2007, the University of Melbourne has offered the Kwong Lee Dow Young Scholars Program, an academic enrichment program designed to support high-achieving secondary students. The program is open to Year 10 students, who must complete a rigorous application process and be nominated by their school.

This year five Parade 2017 Year 10 students were nominated: Daniel Blaker H07, Pinidu Chandrasekera H06, Konstandinos Georgiou B03, Himesh Goyal T06, and Carl Perera L06. These five boys were highly commended by the University for the quality of their applications.

Usually, only one of the nominees is accepted into the Kwong Lee Dow Young Scholars Program, but this year, the University of Melbourne accepted two of Parade's 2018 Year 11 students: Pinidu Chandrasekera and Carl Perera.

We congratulate Pinidu and Carl, not only because there is a feeling that they will succeed and will do well in the University, but that they have qualities of leadership, engagement and involvement that will make them great ambassadors of Parade College.



Above: Pinidu (left) and Carl (right) after receiving their Kwong Lee Dow Young Scholars Certificates from the College Principal, Dr Denis Moore.

Pinidu and Carl are in esteemed company, as Callum Holmes, last year's College Vice Captain who attained a perfect score of 99.95 in his VCE, is himself a Kwong Lee Dow Young Scholar.

Mr Andy Kuppe
Deputy Principal



VCE Information Evening 7.00pm Tuesday 13 February, Rivergum Theatre

Parents of students currently in Years 11 and 12, and accelerating Year 10 students, are warmly invited to attend the VCE Information Evening being held on Tuesday 13 February at 7.00pm in the Rivergum Theatre.

This forum will provide an opportunity to be fully informed about your son's requirements and expectations as they commence their studies in 2018.

This evening is for **parents only** and will provide an opportunity to learn about the specifics of the VCE. Your son's prospects for a rewarding and effective education at Parade College are greater when we can all work together to support his learning and personal development.

To that end, we strongly encourage parents who are new to having a child enter the VCE to attend.

Mr Paul Fahey
VCE Coordinator





From the Assistant Principal - Organisation

Parent/Tutor Evening – Thursday 1 March

Interviews occur on both campuses after school between 4.00pm and 9.00pm. All families have received the relevant information.

Year 7 Camp Week – 5 March to 9 March

All Year 7 students will be involved in an alternate program in the week commencing Monday 5 March.

Monday 5 March

Bodkin and Treacy are on camp
Lynch and Hughes are on the Treacy Trail excursion

Tuesday 6 March

Bodkin and Treacy are on camp
Lynch and Hughes attend regular classes

Wednesday 7 March - Year 7 Camp Changeover Day

Bodkin and Treacy return from camp
Hughes and Lynch travel to the camp sites

Thursday 8 March

Hughes and Lynch are on camp
Bodkin and Treacy attend regular classes

Friday 9 March

Hughes and Lynch are on camp
Bodkin and Treacy attend the Treacy Trail excursion

A letter with full details has been sent to Year 7 families.

Staff Curriculum Professional Development Day – Thursday 22 March

Please note that there will be no formal classes for students on this day as all staff are involved in a Professional Development Day prior to the Student Progress Interviews.

CareMonkey Reminders

All parents are asked to please ensure that their sons CareMonkey profiles are up to date and that the email address for correspondence is correct. Correct written permission and active CareMonkey medical information must be in place for any student to attend an off premises excursion.

Evacuation Drills

Parents should be aware that the College conducts regular evacuation drills throughout the year. These drills are a normal part of the College's Emergency Management Plan.

The drills serve as an educative tool and allow the staff and students to practice and discuss evacuation as a positive and normal procedure within the community.

In the rare occasion that the College needs to implement its emergency plans, parents will be communicated with via SMS.

Immunisation Information: Year 7 Students

Year 7 students will be having the following immunisation:

Bundoora Campus

Tuesday 17 April – HPV1 and Boostrix

Preston Campus

Tuesday 13 March – HPV1 and Boostrix

Using mobile phones during the school day

Students are reminded that mobile phones should be stored in their lockers between 8.35am and 3.15pm.

Some students have been contacting their parents/guardians directly and making arrangements to be picked up if they are sick or injured during school hours. If your son is not well can you please remind him that he must attend the First Aid Office, where he will be assessed and a decision made as to whether to contact a parent/guardian and for the student to be picked up or returned to class.

This is correct procedure and does ensure that your son is cared for in the most appropriate way.

Mr Michael Callanan

Assistant Principal - Organisation



From the Assistant Principal - Student Welfare

Our Newest Paradians

We were very excited to welcome the Year 7s of 2018 at both campuses last Wednesday, and they appear to have settled in very well indeed! Lockers have been sorted out, play areas explored, canteens checked out and Year 12 Mentors met, along with new friends being made over games of downball and new classes.



Our Year 12s have spent some time with the Year 7s, presenting them with their House badges and helping them to find their way around. Some photos of Wednesday are on these pages and we will have more to show the Year 7 families on Thursday night at our Information Night

Year 7 2018 Information Evening – Thursday 8 February

We commence our meeting tomorrow evening at 7.30pm at College Hall at the Bundoora Campus for all Year 7 families and their sons from both campuses. Our Maintenance staff will be on hand in the driveway to assist with parking.

For the Year 7 students in the ALTIOR Program – please remember that your meeting commences at 6.45pm in Rivergum Theatre and will conclude at 7.15pm, so that you have enough time to walk to College Hall for the Information Night. We will conclude with another delicious supper provided by our Parents of Parade Team.

Looking forward to seeing everyone tomorrow night!



Uniform Reminder

ALL students at both campuses should be wearing the College SUMMER uniform in Term 1. This includes the College SUMMER Shirt, with the crest on the pocket of the shirt, worn over trousers/shorts. No student should be wearing the College WINTER shirt and tie.

And a reminder to all families that in Terms 2 and 3, your sons will need to wear a **white long-sleeved business shirt, that buttons up to the collar**. These can be purchased from K-Mart, Target, Big W, etc, at very reasonable prices, especially when they are on sale.

Please note - the College SUMMER shirt can no longer be worn with the Winter Uniform, as advised to parents in this newsletter last year.

Parent-Tutor-Student Interviews Thursday 1 March

A letter will be emailed home this week to all families at both campuses about the process to be used to make bookings to meet with your son and your son's Tutor Teacher on Thursday 1 March. Appointments will be for ten minutes and can be booked through the Parent Portal.

This is a great opportunity to meet or re-acquaint yourself with your son's Tutor Teacher and to let us know what we need to know about him, to help us give him the best educational and social learning experiences we can. It also helps set up the team of key players who will be working with your son to help him achieve his goals for the year.

We look forward to meeting all families at both campuses on 1 March.

Miss Regina Rowan
Assistant Principal - Student Welfare



From the Business Manager

5% Discount Offer for 2018 Tuition Charges

Invoices for 2018 were issued in early November 2017. If you have not received your invoice for 2018 fees, please contact the office immediately.

A discount of 5% off tuition fees is offered for payment in full by Friday 16 February 2018.

Payment Authority

Families are reminded that any Direct Debit Payment authorities for 2018 will remain in place unless we are advised otherwise. Payments will be updated for the current balance outstanding.

Families need to check their bank accounts to ensure that any existing arrangements have rolled over for 2018.

If you are a new family or do not have a Direct Debit payment authority in place, please return your form immediately.

If you would like to discuss other options available regarding the payment of fees, please call Ms Emily Hosking on 9468-3327 or email to fees@parade.com.au.

Approved Payment Plans

Families who do not have an existing approved active payment arrangement are required to finalise any 'Brought Forward' outstanding balance immediately.

If you are experiencing financial difficulty with meeting your fee obligations or need some assistance with setting up your payment plan please contact Ms Emily Hosking on 9468-3327 or via fees@parade.vic.edu.au.

Exiting Students

If your son is not returning in 2018 please contact the Registrar, Mrs Angela O'Connor, on 9468-3304 or registrar@parade.vic.edu.au for an Exit Form. This will ensure you are charged the correct amount of fees and charges.

Financial Assistance Camps, Sports and Excursions Fund (CSEF)

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF.

The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child. The annual CSEF amount per student will be \$225 for secondary school students.

For more information about the CSEF, including an application form, visit www.education.vic.gov.au/csef alternatively you can download an application form from the College website <http://www.parade.vic.edu.au/Fees.aspx>

If you have any problems accessing an application form please contact the College on 9468 3300.

Application forms are to be completed and lodged as soon as possible.

Charter Bus

Students travelling by charter bus in 2018 have been allocated a seat and billed for 2018 unless we have been advised otherwise. Please note one terms notice is required to cancel use of this service.

Families who no longer wish to use the service are required to forward a cancellation request to transport@parade.vic.edu.au or via letter addressed to Mr Kevin Bourke, Logistics and Environment Manager.

Finance Committee Members

The College Finance Committee is looking for potential members for 2018. If you are interested in joining or would like to know more please contact the Business Manager, Mr Paul Harris, on 9468-3309 or via paul.harris@parade.vic.edu.au

Mr Paul Harris
Business Manager



From the Registrar

School Photos

A reminder that it is compulsory for all students to have their photos taken each year for id card purposes, but you are not required to purchase photos if you do not wish to.

If your son was absent on Monday 5 February, a retake day has been booked for Friday 16 February and your son will be required to have his photo taken on that day.

If you wish to purchase school photographs and you haven't already submitted your order envelope, please return it to the College by Friday 23 February.

Spare envelopes can be collected from Reception at either campus.

Any orders placed after 23 February will need to be placed directly with the photographers.

Year 7 2020 Enrolments close Friday 17 August 2018

Applications for Year 7 2020 are now being accepted and interviews will commence next term. Please contact me on 9468-3304 or email registrar@parade.vic.edu.au to obtain a Prospectus and application form.

Open Day 2018

Open Day is on Sunday 18 February this year. The Preston Campus will be open from 10:00am to 2:00pm and Bundoora from 11:00am to 3:00pm.



You can enjoy the Principal's address, have a guided tour, watch and view displays, speak to staff and students and enjoy the BBQ and refreshments.

All families are warmly invited to come along on the day particularly if you have younger sons. And please feel free to invite friends and families too.

Feel free to register online at www.parade.vic.edu.au

Mrs Angela O'Connor
Registrar

IF YOU'RE BEING BULLIED ONLINE



Don't retaliate.
(Often that's what they want!)



Save the evidence.
(Screenshot, save messages.)



Tell someone what's happening.



Report, block, mute, get rid!



Remember the problem is with them, not you.



From the Director of Ministry

What's the big deal about 26 January?

Since my son started playing basketball about seven years ago, 26 January has been associated with the Australia Day Tournament and driving from venue to venue at all hours of day and night.

This year, as I flicked through social media between games, I noticed many people posting about changing the date of Australia Day. It seems that this campaign has gained momentum recently, especially with some local councils changing the dates of their citizenship ceremonies.

I was surprised to learn that we have only used the name "Australia Day" to mark the date since 1935 and that it has only been a national public holiday since 1994.

Wanting to know more, I invited our 2017 College Torchbearer, senior Aboriginal student Rylie Cadd Year 11 T02, and Fire Carrier Zac Ray Year 11 L04, into the Ministry Hub to discuss the issue.

How do you feel about changing the date of Australia Day?

Rylie Cadd.....

The issue is the date and what it stands for. 26 January is not just about the arrival of Europeans, it represents the beginning of 200 years of loss of family, hope, culture and language for aboriginal people who have lived on this land for 60,000 years.

Think of this analogy. Imagine that a group of people came to your house and killed your family. They then lived in your house, not paying rent to living family members. Then, every year on the date on which they killed your family, they threw a huge party. I feel that the date disrespects my ancestors, everything they fought for and everything I live by.

Australia Day should be about everyone in Australia being able to celebrate together. I hope that a change of date will happen in the near future.

Zac Ray.....

When I was at Lake Mungo last year, I learned a lot about how aboriginal people lived before European settlement. They were not just simple, primitive people. They had social structures and rituals and lived in a way that was so respectful of the land. The way I see Australia Day is that it's kind of like a remembrance day for a day that Aboriginal people don't want to remember.

As a school in the Edmund Rice tradition, justice and solidarity are key touchstones for how we measure our work. We are committed to justice and peace for all, not just some. I think I could do basketball and barbeques on another weekend.

Mrs Kylie Kuppe

Director of Ministry

India Immersion 2018, Information Night

Is your son interested in the India Immersion? If so, come along to the information session and learn all about this wonderful opportunity for current Year 10 and Year 11 students.

**Monday 12 February
7:30pm to 8:30pm
Banksia Room, Bundoora Campus**

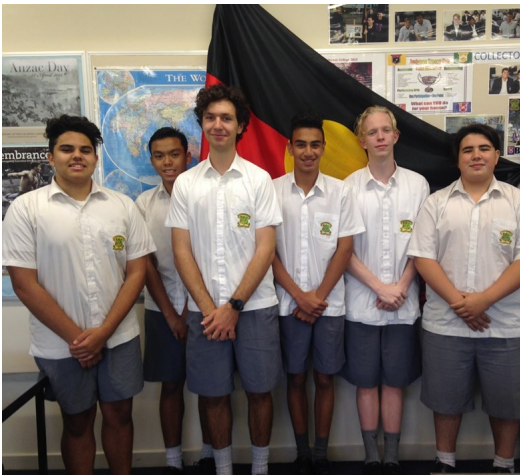




FIRE Carriers 2018

In 2017, Parade College became a FIRE Carriers school, and this year we welcome and congratulate six new students who will be commissioned in this role later in February. The acronym "FIRE" stands for 'Friends Igniting Reconciliation through Education'.

The FIRE Carrier Project endeavours to work for Reconciliation here at Parade and in the wider community by educating all people about the importance of Reconciliation and justice, and Aboriginal culture and spirituality.



Above L-R: Rylie Cadd, a FIRE Carrier since 2017, and new FIRE Carriers Yin Van Beek, Zac Ray, Abdul Kassem, Jarra Morrison, and Noah Averena - absent from photo is Luke Lazzara

Being a FIRE Carrier is an important leadership role at the College as these students will lead our community towards Reconciliation between indigenous and non-indigenous peoples.

We congratulate the following students who are joining the FIRE Carriers team in 2018: Zac Ray (L04 Yr 11), Luke Lazzara (H11 Yr 10), Yin Van Beek (L11 Yr 10), Jarra Morrison (B01 Yr 10), Abdul Kassem (H08 Yr 10), and Noah Averena (H08 Yr 10).

Miss Marita Stretch
Ministry Team



Borrowing with Biostore

The Learning/Resource Centres use the Biostore scanning system to enable students to borrow books and other items.

When new students come to the Learning/Resource Centres for the first time or with their classes, they will have their fingers scanned into Biostore. This programme uses the highest standards of security and user privacy.

The program does not store fingerprint images, but uses encryption algorithms to store identity information. It is therefore impossible to recreate fingerprint images from our system.

If any parents have any concerns, please contact the Learning Centre staff.

Mrs Fernando-Swart
Services Manager NLC





It is a condition of travelling on the PTV College Bus Network that students carry a relevant College Bus Pass (printed on the reverse of their College ID card) **and** have a MYKI card with sufficient credit for the fare.

Students aged 17 and 18 no longer need to purchase a Victorian Public Transport Concession Card, however those purchasing a Victorian Student Pass are still required to purchase a Victorian Public Transport Concession Card.

The Parade College buses that operate under this PTV system include:

- Route F** to Regent Station;
- Route G** to Reservoir North, Massey Ave;
- Route H** to Botanica Park & Thomastown Station;
- Route K** to South Morang, Whittlesea & Humevale
- Route L** to Apollo Parkways & St Helena;
- Route M** to St Thomas PS & Yarrambat;
- Route N** to Greensborough Station;
- Route P** to McDonalds Rd Epping, Pindari Ave Mill Park;
- Route Q** to Blossom Park & Mill Park;
- Route R** to Sth Morang Station & Mill Park Lakes

Students travelling on our College *CHARTER* Bus Network need to carry and show their College Bus Pass whenever asked.

If you have any questions regarding this please contact me at the College on 9468-3372.

Mr Kevin Bourke
Logistics and Environment Manager



From the Director of High Performance Sport

ACC Swimming and ACC Athletics Training

A reminder to all parents and students that Swimming and Athletics training is being held throughout Term 1.

Specific dates of training can be found on the College Sports webpage or in the first College Newsletter for 2018.

Students interested in being involved in either the Parade ACC Swimming or Athletic teams should see Mr Gaut in E44.

Northern Football League Umpiring

The Northern Football League is looking to run an Umpiring Academy in 2018 at Parade College. The Academy is a ten week program that starts late March and runs through most of second term.

Students would be required to attend a one hour training session after school with all sessions being conducted at the Parade Bundoora Campus.

There is no cost to the program and all participants receive a FREE umpiring uniform and starter kit when they umpire. Students must be at least 14 years of age and demonstrate a willingness to commit to the program and a preparedness to umpire.

The Academy is supported by AFL Victoria and is one of the most successful programs in recruiting umpires, creating career pathways to the AFL.

If you are interested in becoming an umpire please see Mr Gaut in E44 by Friday 1 February.

Mr Phillip Gaut
Director of High Performance Sport

**Father and Son
Summer Games Night
Monday 19 March
6.00pm to 9.00pm**





A warm welcome to 2018!

The year started very well with much energy and enthusiasm! Our Year 12 Treacy students have undertaken their first duty as members of the senior class with great success. Below is a short account from our House Captain Zane D'Silva, Year 12 T03, of the first day of his final year at Parade College.

I wish our Treacy boys a very successful and fulfilling year!

Mrs Paola Fornito
House Leader Treacy Upper



How the year began

On 31 January, the Year 7s arrived at Parade College for their first official day of high school.

To assist them, in their transition from primary to secondary school life, all Year 7s, along with the Year 12s, partake in the Failte Program. Failte is the Gaelic term for 'welcome', Gaelic is the language of Ireland, the land of the founding Brothers of our College.

As part of the program, the Year 7s are assigned to a Year 12 mentor. The program seeks to assist the Year 7 boys to connect with College life and help them throughout their first year at Parade. Over the course of the year a strong relationship develops between the two year levels, as the senior students are able to provide the new comers with valuable information and support.

At the end of the day, we have a liturgy that takes place in College Hall. This liturgy provides a formal setting to welcome officially the new Year 7s for 2018 into the Parade College community amongst family, teachers



and the graduating class. Prayers are used to unite the community in their connection with God and one another throughout the liturgy, reminding one another of the College's proud heritage and identity.

The Year 12s pin a badge on their Year 7 friend, signifying their association to not only Parade, but also their house that they will represent proudly throughout their years at the College. In a similar way, the Year 7s pin a badge reading 'XII' to their Year 12 friend, recognising their achievements leading into their final year at the College and their previous twelve years of schooling.

The smiling faces and enthusiastic responses from the Year 7 boys revealed the success of their first day at school and their entry into our Treacy House.

Zane D'Silva T03
Treacy House Captain

Parents of Parade
Meeting
Wednesday 7 February
7.30pm
Boardroom
ALL WELCOME!



Music Department News

Instrumental Music 2018

Any students who wish to begin instrumental music lessons in 2018 can get an application form from the music office or request one from Martin.Macaulay@parade.vic.edu.au.

New Year 7 Students are encouraged to take a weekly lesson on their favourite instrument.



Parade College/Mercy College Musical – ‘Hello Dolly’

Congratulations to all that auditioned at the end of last year for a position in the cast for 2018’s show “Hello Dolly”, which will open in May for five performances in the Rivergum Theatre.

Rehearsals begin in week two. Any new Year 7 students who like acting and singing are encouraged to audition for a spot in the cast. Please contact Miss Nacastri (Drama) or Mr Macaulay (Music) and prepare a song with an appropriate backing track.

Mr Martin Macaulay
Director of Music



Tuesdays and Wednesdays
at the Resource Centres
3.15pm to 4.30pm

Delivery of Messages and Unplanned Departure of Students

Parents and Guardians are reminded that timely delivery of messages and/or personal items is not possible due to constant student movement in a Secondary School.

Whilst every reasonable attempt will be made to deliver ***important messages only***, parents are advised that we cannot guarantee timely delivery.

Parents/Guardians arriving unexpectedly requesting to collect students for urgent appointments may face a delay of up to 45 minutes. Please ensure you allow sufficient time prior to the appointment.



Wellness Wall

Moving from primary to secondary school is a big transition. It can be a time full of fun, excitement and new experiences, but can also be challenging or worrying for some children. You can help by making sure your child is prepared and feels supported.

What to expect

Children often have mixed feelings about starting secondary school. They might be:

- excited about new friends, subjects and teachers
- nervous about learning new routines, making new friends or even wearing a new uniform
- worried about handling an increased workload or being bullied.

You might also worry about these issues, and about whether your child will have the confidence and skills to handle them. These worries are all normal. Secondary school also means a move from the familiar to the unknown, and a whole new way of doing things. Your child will need to meet new peers and make new friends, and establish or re-establish his position within a peer group.

Schoolwork

Your child will need to adapt to new teaching and assessment styles, cope with a wide range of subjects, adjust to having different teachers in different classrooms, become more responsible for his own learning, manage a heavier study and homework load, and learn a new and more complex timetable.

Getting around

Your child will have to adjust to a new school campus, find his way around, get to class on time with the right books and materials, and possibly cope with new transport arrangements. All the issues above might be particularly challenging for some young people living in outer lying communities.

When children are making the move to secondary school, parents have the biggest influence on how smooth the transition is. Your child's friends do influence how your child feels about the move, but your support has longer-lasting effects.

Preparing to start secondary school

You can help to ease any worries your child has about starting secondary school by preparing your child in the months and weeks before term begins.

- Involve your child in decision-making. For example, you could try talking together about school uniform decisions, transport to and from school, and subject choices, if they're offered.
- Talk with your child about what he's most looking forward to and what he's worried about. Really listen when your child shares his feelings about starting Year 7
- Listen to your child's worries, but also get him to look at the positive things about the move. For example, you could highlight the new opportunities your child will have by talking about extracurricular activities your child could choose at the new school.
- Talk with your child about friendship worries. For example, you could ask what your child's friends are saying about secondary school. You could also talk about how your child might keep in touch with old friends and make new friends at Parade.

During the transition to Parade

Here are some ideas to help with the practical side of the transition to Parade

- Try to arrange for a parent, grandparent or other close adult to be home before and after school for the first few weeks of transition.
- Find out the name of the teacher responsible for your child's overall care, attendance and social and academic progress. This person is called the Tutor Teacher. Make personal contact with this person as early as possible to introduce yourself and ask questions.
- Try to make your home as comfortable for study time as possible. For example, make sure your child has a quiet place to study, away from distractions such as the TV or a mobile phone. When the internet is necessary for study, you might want to keep an eye on the websites your child is using.

These ideas might help with worries about getting to know people and making new friends at Parade

- Parade has a Failte program, which matches a Year 12 student with your son. The program provides nurturing and guidance and students meet together once a term
- Tutor Teachers meet with your son's Tutor Group every Friday. This will build an important relationship.
- Let your child know that new friends are welcome in your home. Encourage your child to invite new friends over, or be ready to transport your child to their houses.
- Help your child explore new opportunities. Learning a musical instrument, trying a new sport or joining a drama class are great ways for your child to meet other kids and get involved in school activities.

You could try these suggestions for handling emotional ups and downs:

- **Be prepared for early ups and downs.** Adjusting to change takes time, but if things don't stabilise after the first six weeks, talk to your child's Tutor Teacher in the first instance.
- Remind your child that it's normal to feel nervous about starting something new – for example, you could share how nervous and excited you feel when starting a new job.
- Talk to other parents to check whether your child's experiences and feelings are similar to those of others. Sporting and school events are a good place to meet other parents.
- Try to make sure your child eats well, gets plenty of physical activity and gets plenty of sleep. The change to secondary school is likely to make your child more tired at first.

Your feelings about your child starting secondary school

Your child's transition to secondary school is a **big change for you too**. Your relationship with your child's primary school might be ending, and you're likely to have a different sort of relationship with your child's secondary school.

It's OK for you to have mixed feelings about these changes.

Talking to other parents, particularly those who have gone through high school transition, often helps. It might ease your mind to know that many children find things a little hard at first but settle in during the year.

Also, other parents who are experienced at the school can often answer small questions and give you helpful tips about how things work at your child's new school.

And don't be surprised to find that your child doesn't want you to be as visible at his secondary school as you might have been during the primary years. Remember that he'll still need your support outside of school, and that it's all part of the way he develops greater independence.

Keep talking with your child about school. If you're having trouble getting your child to open up, try our tips on talking about school.

Signs your child might be having difficulty

Signs your child might be struggling include:

- a lack of involvement in the new school
- little or no talk about new friends
- refusal to talk with you about school
- little or no interest in doing homework
- low confidence or self-esteem – your child might say he's dumb or stupid
- no desire to go to school, or refusal to go
- a drop in grades or academic performance.

If your child is having trouble, **don't wait for things to improve on their own**. Try to get your child talking about how he's feeling, let him know that his feelings of worry and discomfort are normal, and see whether you can work out some strategies together. Also consider speaking with your child's Tutor Teacher, School Counsellor or GP.

Transitions for children with special needs

The transition to secondary school is sometimes more challenging for children with special needs. It's important to ensure that your child – and your family – are adequately prepared for the change, and have access to appropriate information. You might need extra time to plan your child's transition to secondary school. Student Support services and School Counselling services at Parade will play an important role in ensuring your child's needs are supported. If you'd like additional support or have concerns, you can seek advice from your child's Tutor Teacher, House Leader, Learning Support Team or the School Counsellors.

(Adapted from Raising Children.Net)

Mr Damian Mahony
Team Leader - Counselling Team



From The Old Paradians

New Cycling Strip Revealed

The Old Paradians' Association, in establishing a new cycling team for 2018, has commissioned the design of a striking uniform in College colours.

The purple, green and blue, together with a fleck of Old Paradians gold on a background of white, is modelled here by Anthony Glatzel, a final year student of 1989.



"The strip is extremely comfortable, is nice and colourful and ticks all the boxes," Anthony said.

"This outfit might just get me back on the bike. Why not? I used to ride when I was younger. I cycled the whole east coast of Australia up and back. It's a great exercise, far better than running, providing of course that you don't crash."

The outfit was designed and manufactured by Connie Bof of Giramondo Sportswear. Connie's son Nathan, a Year 11 Parade College student, is an accomplished Victorian cyclist who is intending to join the team when it completes its first leisurely cycle in the annual ride coinciding with Parade's Open Day on Sunday 18 February.

The ride, which commences at the College's Preston Campus, takes in the old East Melbourne and Alphington locales before finishing at the Grevillea Pavilion on Parade Drive at the Bundoora Campus. Cyclists preferring to pick up the ride at either at the Old Bluestone Pile in East

Melbourne or at Sparks Reserve near the old Parade Preparatory College in Alphington can do so before the peloton arrives.

Old Paradians and non-Old Paradians who would simply like to gather for a sausage and a softy at the finish line and also view the Bundoora Campus at its pristine best are welcome to visit the Grevillea Pavilion (just beyond the admin block on the right-hand side of Parade Drive) where the barbecue. More details will be made available as raceday nears.

Those wishing to join the Old Paradians cycling team and are interested in purchasing the strip can contact Tony.DeBolfo@parade.vic.edu.au.

Young and old share Christmas spirit

Old Paradians have joined current students of the College in bringing cheer to the northern suburbs' aged and infirm, through the 2017 Community Action Christmas Party at the Bundoora campus.

More than 160 senior residents across 21 aged care facilities were guests of the College at the annual party in the Greening Auditorium on Thursday. The elderly men and women were handed gifts, served lunch and generally entertained by a number of Year 7-12 students who had paid their facilities a visit through 2017.

Santa Claus, aka Spence Williams a final year student of 1960, was also present at the party as has been the case for many years . . . and as Spence reminded, the whiskers are real.

"I don't know how long I've been turning out as Santa, but probably ever since I've had a beard, which was after I finished at Parade back in the early 1960s," Spence said. "In the old days I'd buy a tin of white spray to dye my beard, but I don't have to now."

Spence's great sense of community has seen him don the Santa suit for various charities as far away as Port Hedland and Bundaberg, and as close to home as Broadmeadows for Vietnam veterans – and of course to Bundoora for the elderly.



“I’ve never taken a penny for doing it. I do it because I enjoy it,” Spence said.

“I had one old bloke say to me ‘What if I don’t believe?’, to which I replied: ‘Look at me, I’m real’.”

Having first attended Parade College East Melbourne as a Grade Two student in 1948, been amongst the first intake of students at Parade Preparatory College Alphington in 1953 and a member of the Bundoora Campus’s inaugural teaching staff in 1968, Spence looks on with pride at what today’s Paradians are doing for those in the broader community.

“It’s a pleasure to be part of this day at the old school and I look forward to it every year,” Spence said.

“It’s fantastic to see what the boys do. They prepare presents for the old people, they sit with them at the tables and they wait on them also. It’s good for them and it’s good for the oldies.”

Spence’s view is shared by Bernie, now in his late 90s, and a resident of Vasey House. At party’s end, Bernie called on fellow guests to offer a round of applause to the students – eight of whom had returned to the College after completing Year 12 exams to assist in the auditorium.



“Young men always get a bad rap, but not all of them are ratbags,” Bernie said.

“We’re so very fortunate, as old folks, to be here celebrating Christmas. It’s so heart-warming to see the boys giving back and behaving in a manner that is a credit to their parents and the school.”

Another Old Paradian Chris Blampied (1967) lent his support to the Christmas party, as did Association Secretary Mirella Busso-Lee, who capably assisted the College’s Community Action Coordinator Anne-Marie Morello with the running of the event.

Sullivan named honorary Old Paradian

In its last formality for 2017, the Old Paradians’ Association declared Michael Sullivan the posthumous recipient of this year’s Honorary Old Paradian award.

Sullivan, Parade College’s first lay teacher and a member of the inaugural OPA committee of 1914, tragically died just two years after its first meeting was convened.

News of Sullivan’s award was conveyed to Luncheon attendees by Ray Hangan, a final year student of the College in 1950. He is pictured here doing the noble deed at the Association’s final luncheon for the year at the RACV City Club.



Ray revealed that the association had acted on the recommendation of the late Bill Dunne, who had personally confided to him not long before his passing in early 2014 that Sullivan’s legacy should be acknowledged.

“Bill and I were just chewing the fat as they say, and all of a sudden he said to me in quite an animated tone ‘Mick Sullivan . . . something’s got to be done’,” Ray recalled. “Bill’s wife Joan, who was there at the time, then said ‘Ray, I think Bill’s given you a job’ – and today we see the final culmination of that job.”

Ray then canvassed details of Sullivan’s life, having accessed research material, not the least of which was *The Parade Story*, to serve this purpose.

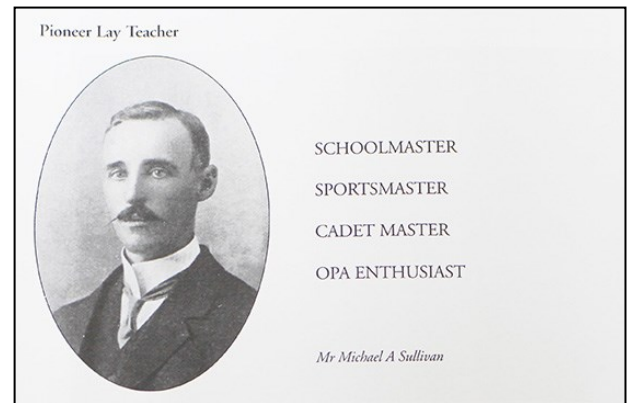
“What do we know about Michael A. Sullivan, apart from the fact that he was born in 1877 and it’s just over 100 years since he died of blood poisoning in October 1916?,” Ray asked.

“Sullivan was known as a schoolmaster, sportsmaster, cadetmaster and, very importantly, OPA enthusiast. He was educated at St. Francis’s and taught there before commencing at Parade in 1902 as the first full-time lay teacher. He taught primarily in Grades 1, 2 and 3 and it could be said of him that he was responsible as a schoolteacher in introducing the very young to the College.”

Ray then quoted the reminiscences of the Old Paradian Harold Hoare, who in the 1921 Golden Jubilee edition of *The Paradian*, reflected on his days as a student under Sullivan’s care.

“It was the writer’s privilege to be associated with Mr Sullivan for about four years, and during this time, I can safely say, I never heard an unkind word spoken of him by any of his pupils or by anyone else. In school life two virtues shone out prominently – his amiability on all occasions, and his thoroughness in preparation of school work and in his imparting information to his youthful charges. Never flurried, always regular and punctual, he was, in my estimation, an ideal schoolmaster.”

“The late Mr Sullivan was a very efficient sports master. The ‘Parade’ was at its zenith in the sporting arena when he had charge of affairs. His coaching of the senior football team was highly spoken of by all, many of those trained by him becoming well-known members of League teams after leaving school. But it was at the annual sports meetings that his services proved invaluable. His knowledge of competitors, his attention to every detail, and his courtesy to all won him universal admiration, respect and affection.”



Ray added that in 1909, in response to an appeal from Archbishop Carr to the various Christian Brothers’ schools, Parade College established a senior cadet unit which comprised around 160 boys volunteering to undergo military training. Inevitably, Sullivan took charge of the unit and all its related activities.

Ultimately, Sullivan’s interests transcended the College years and were channelled towards the ex-pupils – and having been a member and secretary of the early association of Old Boys from Brothers’ schools, he was perfectly placed to join the fledgling Old Paradians’ Association, whose committeemen included RT ‘Bob’ Rush, JF Cody and the President James Kennedy.

“Undoubtedly, as a teacher at Parade and mixing with Old Paradians, Michael Sullivan became clearly imbued with the fact that even though the general Old Boys Association had collapsed, Parade itself should have one,” Ray said.

“He, along with Bob Rush, James Kennedy and others, began the work of establishing the first committee of the Old Paradians’ Association, and as they say, the rest is history. “We are now the beneficiaries of Sullivan and his interest in Old Boy activities.”

Sullivan becomes the seventh recipient of the Honorary Old Paradian award after John Joss, John Nicholls, Phillip McLaughlin, Keith Sharkie, Guy Rodrigues and Maurie Considine.

Established in the Old Paradians’ Association’s Centenary Year of 2014, the award acknowledges those men who, whilst not schooled at Parade, have contributed significantly to the cause of the College and/or the Association over many years.

Though Sullivan was married, his wife Elsie bore no children which meant there were no beneficiaries to be presented with the award struck in his honour.

However, the Association is arranging for an appropriate plaque to be placed at Sullivan's grave – an unmarked grave he shares with Elsie and his dear mother Ellen in the Melbourne General Cemetery.

Elliott commits to OPA Bike Ride

Old Paradian Nathan Elliott, the first man to win back-to-back Melbourne to Warrnambool cycling classics in the 102-year history of the race, has confirmed that he is a starter for the Association's annual Bike Ride on the morning of Sunday 18 February.

And Nathan has called on Parade students past and present to join him in the race, which takes in the Preston, East Melbourne and Alphington Campuses and ends at the Bundoora Campus on what doubles as the College's Open Day.



"I'm looking forward to the ride, and encourage all Old Paradians and current students to be part," said Nathan, prior to a three-hour cycle up hill and down dale in Hurstbridge.

A final year student of Parade College in 2008, Nathan completed what Cycling Victoria reported was "one of the bravest and most daring rides" yet seen, in the most recent Melbourne to Warrnambool. He was part of a six-rider breakaway from the outset in the torturous 277-kilometre trip but, despite a lead of more than five minutes, was collared by the two mountain stages at Camperdown with 65 kilometres to race.

The 26-year-old was part of every attempted breakaway for the next 50 kilometres before he "went for broke" with six kilometres to ride.

Nathan has also confirmed that his old Parade schoolmate Daniel Peck will also ride, as the association's cycling team continues to take shape.

Nathan only began to cycle in his days as a Year 11 student at the College, which he conceded is reasonably late in a cyclist's lifetime, with his father's old road bike the lure.

"I started riding that bike and my enjoyment just grew and grew," Nathan said in a previous interview.

And the rest, as they say, is cycling history.

Currently a full-time rider having completed his under graduate degree in biomedicine, Nathan indicated he'll ultimately return to University to complete his doctorate in medicine.

But first thing's first, and he looks forward to donning the Association's striking new cycling uniform recently commissioned for the race.

Current College students are encouraged to join Nathan and the Old Paradians team on the ride, with the school to subsidise costs of the cycling jerseys as a student incentive.

Those wanting to participate are urged to register their interest with Mirella.Busso-Lee@parade.vic.edu.au at their earliest convenience.

Mr Tony De Bolfo
Old Paradians' Association CEO



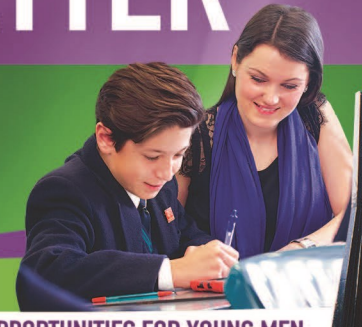
Calendar

The following important dates in the College calendar can also be found on our website under the 'News' tab

- 7 February * Ministry Retreat #1
- * Year 12 Elevate Assembly
- * Homework Club 3.15-4.30pm
- * POP Meeting, 7.30pm Boardroom
- 8 February * Ministry Retreat #1
- * Year 7 2018 Information Evening
- 9 February * Commencement Assembly
- 12 February * Musical Rehearsal at Mercy College
- * India Immersion Information Night, 7.30-8.30pm Banksia Room
- 13 February * Shrove Tuesday
- * Homework Club 3.15-4.30pm
- * VCE Parent Information Evening, 7.00pm Rivergum Theatre
- 14 February * Ash Wednesday
- * Ministry Retreat #2
- * Launch GAP Program
- * ACC Senior Sport Round 3
- * Homework Club 3.15-4.30pm
- * Musical Rehearsal at Parade College
- 15 February * Ministry Retreat #2
- * Strategic Planning Meeting 7.30am
- * NLC Official Opening 11.00am
- 16 February * Chinese New Year
- 18 February * First Sunday of Lent
- * Open Day
- * OPA Bike Ride Alphington to Bundoora
- 19 February * Old Paradians Executive Meeting, 7.30pm Boardroom
- * Musical Rehearsals
- 20 February * Homework Club 3.15-4.30pm
- 21 February * ACC Senior Sport Round 4
- * Ministry Retreat #3
- * Homework Club 3.15-4.30pm
- 22 February * Ministry Retreat #3
- 23 February * ACC 2018 Swimming Championships, MSAC, 7.00-10.00pm
- 24 February * Saturday Detention
- 25 February * Second Sunday of Lent
- * Open Day Back Up

- 26 February * Finance Meeting, 7.30pm Boardroom
- * Music Rehearsals
- 27 February * Homework Club 3.15-4.30pm
- 28 February * Homework Club 3.15-4.30pm
- * No ExCEL Excursions
- * Musical Rehearsal
- * ACC Senior Sport Round 6
- * Purim (Jewish) begins
- 1 March * Parent/Tutor Evening 4.00-9.00pm
- * Purim (Jewish) ends
- 2 March * World Day of Prayer
- 4 March * 3rd Sunday of Lent
- * Clean Up Australia Day
- 5-9 March * Year 7 Camp Week
- 5 March * Musical Rehearsal
- * Board Meeting, 7.00pm Champagnat Room
- 6 March * Homework Club 3.15-4.30pm
- 7 March * No ExCEL Excursions
- * Musical Rehearsals
- * Homework Club 3.15-4.30pm
- 8 March * International Women's Day
- 11 March * Fourth Sunday of Lent
- 12 March * Labour Day Public Holiday

Working Bee
Sunday 18 March
8.00am to 12.30pm
Bundoora & Preston
Campuses



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2018 Term Dates

Term 1

Wednesday 31 January	Years 7, 11 and 12 commence
Thursday 1 February	Years 8, 9 and 10 commence
Monday 12 March	Labour Day Public Holiday
Thursday 29 March:	Term 1 finishes

Term 2

Monday 16 April	Term 2 commences
Wednesday 25 April	Anzac Day Public Holiday
Monday 11 June	Queens Birthday Public Holiday
Friday 29 June	Term 2 finishes

Term 3

Monday 16 July	Term 3 commences
Friday 21 September	Term 3 finishes

Term 4

Monday 8 October	Term 4 commences
Tuesday 6 November	Melbourne Cup Day Public Holiday
Friday 7 December	Term 4 students finish
Friday 14 December	Staff final day
Friday 21 December	College Office closes/Gazetted School closure



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