



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 17 7 October 2020



From the Principal

Dear Parents, Guardians and Carers

On behalf of the Parade College staff, I take this opportunity to offer our sincere thanks to all our students, parents and carers for your continued resilience and support throughout this year.

I know remote learning has not always been easy, but through our hard work, persistence, and collective efforts, your sons have continued to make valuable progress in their learning. You can be extremely proud of the boys as they have had to face many challenges this year, and you should be very confident in the fact that we will continue to support them as we slowly transition back to face-to-face learning. We are very excited to know that they will all be returning to school in the coming weeks.

Term 4 is important for every student, and our staff will continue to strive to deliver high-quality learning and support for all our students. Whether it be teaching remotely or face-to-face, our focus for Term 4 is on making sure that every student is supported in their wellbeing, learning and transition needs.

The Victorian Government has outlined the staged return to on-site schooling for all students, as part of its gradual roadmap towards reopening and we will officially welcome back our Year 7, 11 and 12 students on Monday 12 October, along with students from Year 10 when undertaking their VCE and VET courses.

Term 4 On-site Schooling Arrangements For Students

Following the advice of the Victorian Chief Health Officer, the Victorian Government has released a staged approach for students to return to on-site schooling.

The purpose of the plan is to get students back in the classroom as soon and as safely as possible, without putting at risk all that has been achieved through the period of restrictions to reduce the spread of COVID-19.

For our school, the following arrangements apply:

Week 1 of Term 4: Monday 5 October

We continue with remote and flexible learning for all students.

VCE and VCAL students are only attending on-site for essential assessments, including the General Achievement Test (GAT) today.

On-site supervision for children of permitted workers and vulnerable students will continue to be provided, consistent with existing guidelines, at the Bundoora campus this week

Week 2 of Term 4: Monday 12 October

Year 7, 11 and 12 students will return to on-site schooling. The existing remote learning program will not continue for these year levels

Students enrolled in Years 11 and 12 (and students in Year 10 undertaking VCE/VET studies) will attend on-site schooling remote and flexible learning will continue for all students in Year 8 to Year 10 (except for the Year 10 students mentioned above)

on-site supervision will remain available for students in Year 8 to Year 10 who are the children of permitted workers and vulnerable students and this will occur at both campuses.

Any new applications to be a part of this program should be emailed through to me at the following email address:

DeputyPrincipal@parade.vic.edu.au

Monday 26 October

Students in Years 8 to 10 will return to on-site schooling. The existing remote learning program will not continue for these year levels.

At this stage we will wait for further advice in relation to how this will look and whether the return will be staggered for each of the year levels across the week to further support our Year 12 students, as the majority of them prepare for their final examinations.

Relevant information to particular year levels will be communicated to students and parents in advance of these return dates.

Health and Safety Measures

The Term 3 remote and flexible learning arrangements were put in place to significantly reduce the movement of more than one million students and their families across Victoria, to help slow the spread of COVID-19. Thank you to you and your family for contributing to this on behalf of our school community.

As on-site schooling resumes, we will continue to have in place strong measures to protect the health and safety of students, staff, families and the community.

This includes restricting parent access to school grounds, clear drop off/pick up zones, limiting access to Reception for essential service deliveries and continued emphasis on hand hygiene and physical distancing where possible.

Please give particular attention to reducing the risks associated with the congregation of parents/carers at school car parks or gates and please take steps to contribute to physical distancing within the school grounds at drop off and pick up times.

The Wearing of Face Masks

Face masks that cover the nose and mouth are now the only permitted type of face covering permitted by the state government. Face shields, scarves and bandanas no longer meet these requirements. I kindly ask that you ensure your sons have the correct face masks before returning to school.

Sport, Camps, Excursions and Assemblies

Following advice, no camps or excursions will take place until further notice.

- Interschool / ACC Sport remains suspended at this stage.
- No large assemblies or large Chapel services will take place until further notice.
- ERPP and VCAL Work Experience has been cancelled for Term 4.

Transport

Normal bus services will be available, commencing Monday 12 October at both campuses.

Students are encouraged to walk or cycle if possible, with bike racks available at both campuses

Canteen

Canteen services will recommence Monday 12 October at both campuses. Students are encouraged to submit lunch orders and pay via Eftpos, if possible, to support the Canteen service.

Parents at School

We ask that parents do not enter the College grounds as these remain restricted. As such, our carparks at the Preston Campus and via Milton Parade at the Bundoora Campus are closed.

If you are dropping off or picking up students at the Preston campus we ask that you use Clifton Grove.

If you are dropping off or picking up students at the Bundoora campus we ask that you enter the Garvey Terrace carpark via the main drive (from Plenty Road) and then exit via the Garvey Oval Gate (onto Plenty Road). College staff will be available to guide entering traffic - please stay in your cars so that social distancing is maintained.

Access to the College

Bundoora Campus (for Student Pedestrians):

- Milton Parade (**NB**: open to pedestrians only)
- Waterford Oval 8.15am to 9.00am; 3.00pm to 3.45pm
- Staff Car Park Gate (closed)
- NW Garvey Oval
- West Garvey Oval (closed)
- S/W Collins Oval

Bundoora Campus (for Vehicles):

- Dropping off or picking up students at the Bundoora campus we ask that you enter the Garvey Terrace carpark via the main drive (from Plenty Road) and then exit via the Garvey Oval gate (onto Plenty Road). College staff will be available to guide entering traffic- please stay in your cars so that social distancing is maintained. Parents are requested not to drive into the College bus circuit or past the Garvey Terrace drop off point.
- **Milton Parade (closed)**

Preston Campus (for Student Pedestrians):

- Reception gate
- Rice Square gate 7.00am to 8.35am, 3.10pm to 3.30pm
- Rear gate (Irene Street) 7.00am to 8.35am, 3.10pm to 3.30pm
- Car park pedestrian gate

Preston Campus (for Vehicles):

- The drop off and pick up point by vehicle is Clifton Grove. To maintain safety, students crossing Clifton Grove are required to use the pedestrian crossing. Additional parking is in David Street for dropping off and picking up students. Please note that council parking time limits apply in Clifton Grove and David Street.
- Please remind your son to cross all roads safely by observing the traffic lights and walking when a green light is indicated.

Temperature Screening

Based on the advice of the Acting Deputy Chief Health Officer, given the current levels of community transmission in Victoria, mandatory temperature testing of all students on arrival to schools is not required in Term 4. However, should community transmission of COVID-19 increase, temperature checking may be reintroduced in schools.

We will continue to follow the advice of the Victorian Chief Health Officer.

If your son is feeling unwell or is displaying any of the symptoms of COVID-19, he is required to stay at home and get tested for COVID-19. If he falls ill with any symptoms at school, you will be contacted to collect your son and keep him home until he feels better and/or receives his test results, based on medical advice.

Whether your child is, or children are, returning to face-to-face learning or will be continuing with remote and flexible learning for a short period, please be assured we will be focused on three key priorities in Term 4:

Mental health and Wellbeing

Our highest priority will be the wellbeing, particularly the mental health, of every student and member of staff. This means effectively mobilising all available resources to support our most vulnerable students and enabling staff to access the relevant support services.

I have provided a few links at the end of my article for you and your sons to access as they return to school.

Learning and Excellence

Some of our students have thrived in the remote and flexible learning environment, others have maintained their learning progress, and some have fallen behind, despite their best efforts and those of their families and teachers. Our priority will be supporting both those who need it to catch up and those who have progressed to continue to extend their learning.

Transitions

We will make every effort to ensure successful transitions for our students across each year level, with a particular emphasis on re-orientating our Year 7 students as they attempt to remember what their home campuses look like and our Year 12 students as they move into employment or further education and training.

We are exploring a number of different ways to make the Year 12 graduation experience as memorable as possible, under the circumstances, and look forward to officially celebrating with the boys and their families in some capacity when it is permitted to do so.

We know some families are worried that their child may have to repeat a year due to the disruptions of COVID-19. There is little evidence to support the benefits of repeating a year to catch up and we will use innovative teaching strategies and our successful wellbeing and support programs to draw on the best evidence available to help our students meet their learning and wellbeing needs.

This experience has taught us all that we are extremely resilient and can make quick changes when necessary. By working together, with you, we will continue to meet the needs of our boys, and can look toward a time in the near future when we can be together and cherish the time spent with our loved ones and friends.

Mr Mark Aiello
Acting Principal

Wellbeing resources to support our students' return to onsite learning

Returning to school: seven tips for parents/carers to help young people cope
<https://cevn.cecv.catholic.edu.au/Melb/Document-File/Other/COVID/Term-4/Returning-to-school-advice-secondary.pdf>

Advice from Dr Michael Carr-Gregg to parents/carers to support your children as they return to school:
https://schooltv.me/wellbeing_news/special-report-coronavirus-transition-back

Resources to support VCE and VCAL Students
<https://www.education.vic.gov.au/about/department/Pages/coronavirus-advice-students.aspx#link94>

The College has a limited supply of Reusable Cotton 3-Ply Navy Facemasks

They are available for onsite students to purchase for \$5 each from Reception at both Bundoora and Preston

Where possible, EFTPOS is the preferred hygienic method for payment



From the Business Manager

Monthly Statements

The College issues statements via email at the end of every month. Printed copies are only posted in the first week of each term. If you are not receiving your statements please contact Emily Hosking on 9468-3327 immediately.

Charter Bus Fees

Please be advised that at end of Term 4 all families who have been charged a charter bus fee will be refunded for the portion of the term online learning was offered.

Financial Hardship

If you have any questions about your fee statements or are experiencing financial difficulty with meeting your fee obligations please contact Ms Emily Hosking on 9468-3327 or via fees@parade.vic.edu.au.

Alternatively if you would like to make a confidential appointment with the Business Manager to discuss your situation, please contact the College.

Email Addresses

Please advise us if you change your email address. The College regularly uses email to communicate with parents/guardians about important matters including fee statements and newsletters.

The provision of regular fee statements is designed to assist families to keep track of their payment plans and act as a reminder for any payments in arrears. Please ensure you advise us of any changes to your email address.

Finance Committee Members

The College Finance Committee is looking for potential members. If you are interested in joining or would like to know more please contact the Business Manager, Mr Paul Harris, on 9468-3309 or via paul.harris@parade.vic.edu.au

Mr Paul Harris
Business Manager



From the First Aid Office

Thank you to those parents/guardians that have forwarded through their son's updated anaphylaxis and or asthma action plan.

As a matter of urgency, we ask that all parents/guardians please ensure student medical information is entered online via the parent portal to assist us in providing the most appropriate care for your son.

If parents have queries with PAM access, please email pamsupport@parade.vic.edu.au

Asthma

It is usual for students who have asthma to carry their own reliever medication such as Ventolin in their pockets, however the College is able to supply Ventolin to a student who does not have their asthma medication and spacer on hand.

The administration of Ventolin is done after consulting your son's asthma action plan from PAM.

If your son does not have an asthma action plan and the situation is not deemed an emergency, the College will ring the parent/carer to have permission granted to administer the medication.

In the event of an asthma medical emergency and you have not supplied a current action plan, the First Aid Officer would follow emergency asthma care guidelines and an ambulance called.



Asthma Action Plans

It is important that the College has the latest medical information for your son.

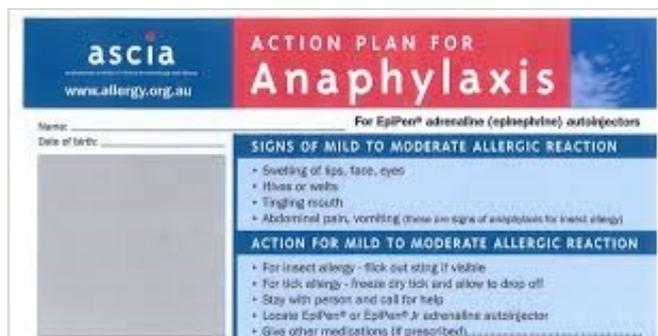
Unfortunately, there are a number of parents and carers who have not supplied a current asthma action plan to their son's medical profile.

Parents/carers of students with asthma are requested that they check their son's medical profile and ensure that they have supplied a current asthma action plan signed by a Doctor to the College and have uploaded this plan to their son's medical profile on PAM.

You can also email the asthma action plan as an attachment to firstaid@parade.vic.edu.au. This will then allow our first aid officers the ability to act quickly with the appropriate guidance to assist your son.

Anaphylaxis

It would be greatly appreciated if parents/carers updated their son's expired EpiPen and anaphylaxis action plan as soon as possible.



EpiPens and action plans need to be dropped at College reception at both campuses.

Ms Cathie Ireland
First Aid Officer





From the Assistant Principal - Teaching & Learning

Term Four Teaching and Learning

As we commence our final term for 2020 and look forward to all students returning to face-to-face learning at various stages, I would like to remind our families of important events relevant to your son's learning.

VCAA VCE and VET Unit 3 and 4 Performance and Written Examinations

The first exam for most students is English on Tuesday 10 November, although language oral and music performance examinations can commence from as early as next week. Minor language exams also precede the written examination period.

All those involved should check their timetables and Exam Navigator carefully which were included in the mail package all Unit 3 and 4 students received recently.

Unit 3 and 4 Trial Examinations – Monday 12 October to Monday 19 October

The trial examination timetable has been published on SIMON with three sessions taking place most days, and the final session finishing after school at around **5:25pm**.

School buses will be running throughout this time but **ONLY** on their usual timetable.

With the recent refurbishment of Greening Auditorium, it allows for each consecutive session to be run in a different area allowing for thorough cleaning of an area to take place after each exam. This will allow all students to be focused entirely on their performance with no concerns over COVID safety.

These exams are important in the final preparation of all students and are treated by the College as a “dress rehearsal” for the final exams with full VCAA regulations in place, as well as supervision being conducted by external invigilators.

Full College uniform is to be worn to all exams. Normal classes will not run during this period with classes recommencing on Friday 16 October. Accelerating Year 11 students will attend school as normal and report to a study hall in the Nash Learning Centre when they have their Unit 3 and 4 class timetabled. Normal classes will recommence on Tuesday 20 October for all Unit 3 and 4 subjects.

It is very important that if your son is sitting external VCE / VET Exams, he makes the most of this preparation time. These first few weeks of Term 4 consist of the compulsory Year 12 VCE trial exams (9 to 19 October) and formal revision classes (20 to 28 October) followed by informal revision (29 October to 9 November) with Year 12 teachers available during regular timetabled class times up to the date of respective exams. Accelerating Year 11 students will continue to attend classes until the date of the respective VCAA examinations. These revision events provide an excellent opportunity for our final year students to finish the year on a high and make the most of their final preparations for the VCAA Unit 3 and 4 written examinations.

Year 11 Semester 2 Exams - 19 to 27 November

These exams commence on Thursday of Week 7 with the cessation of classes from this date. Hence, students are only required to attend school to sit their examinations until the final week of school when 2021 Year 12 classes will commence. Your sons will receive extensive revision materials to assist in their preparations for these exams but should ensure that he has started the term with good study habits.

Year 8, 9 and 10 Semester 2 Exams

Due to the extended period of remote learning, these exams will not be conducted this term, but will be replaced by more appropriate alternative assessments that will focus on Semester 2 coursework and particularly on that taught when students return face-to-face.

2021 Head Start Classes

As the name suggests, all current Year 10 and 11 students continuing at Parade in 2021 are required to attend school for VCE Headstart 2021 classes. It is an expectation and is essential that all students attend.

Due to the large amount of face-to-face learning lost this year, current Year 7 to 9 students will continue their coursework through until the end of the school year. It is vital that students attend these days. Some families make the mistake of planning holidays early. This is not supported by the College as research indicates that missing school can impact negatively on students academically and socially. There is no safe number of days for missing school – each day a student misses puts them behind and can affect their educational outcomes. Each missed day is associated with progressively lower achievement in numeracy, writing and reading.

In terms of any assessment, these tasks will not be rescheduled because of unapproved absences such as family holidays. Accordingly, any assessments that are missed during these absences will be graded as NS (not submitted). It will also impact negatively on learning, and we seek the support of parents to ensure all students attend school until the final day of Term 4.

Mr Geoff Caulfield
Assistant Principal - Teaching and Learning



Lou Arthur Memorial Scholarship Program 2021-2022 Entrance Examination

The newly scheduled date for the
Entrance Examination will be
Saturday 14 November

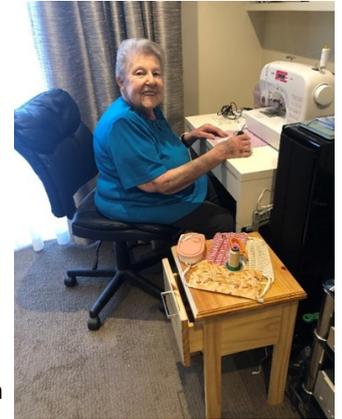
Parents who applied by the
application date will receive an email
with further details about the day

If you have any questions, please email
Rachael.Costanzo@parade.vic.edu.au



Carpentry Students Nailed It Again

As we work through these indifferent times of COVID-19 and the effect it is having on so many people in society, especially those in Aged Care, my Year 10 VCAL students, were able to help one lovely Aged Care resident, Joy Pagram, just before Stage 2 lockdown. Joy has bone and joint problems and is restricted in her movement, however Joy loves to sew, and decided to sew face masks. Templestowe Manor Lifestyle Coordinator, Kim Tardio, asked if the students could build a small cabinet for Joy as she is limited in her movement.



A special thankyou to students Matt Coleiro B10 and Charlie Villotet H10 who worked on the project and were assisted by other students during the construction process. Please see Joys letter below.

To Mr Hogan and my new 'Best Friends' from Parade College Year 10,

A huge THANK YOU for making this special little cabinet for me. I am 83 years young with a lot of bone and joint problems that restrict all movements, especially my shoulders.

I now have my cabinet next to me to store the things I need to work with, eg: pins, scissors, cottons etc. My husband (John) was a cabinet maker from the age of 15 until he passed away at 72 (of cancer). We were married for 47 years, so I got to see a lot of cabinets.

I feel very proud that all of you have made a lovely gift of great help to someone you have never seen and probably never will. I know John would be just as proud to see how well this was made.

Once again thankyou all so much. From your new friend Joy Pagram,

Great work boys

Mr Simon Hogan
Carpentry Teacher



Bus Enquiries

The Transport page of the College website contains the latest bus information including route maps and timetables. There is also an enquiry button at the bottom of the page. Please use this function for all enquiries to do with bus services.

<https://www.parade.vic.edu.au/Transport.aspx>

Billing Enquiries

Please direct all bus payment/billing enquiries to the College Fees Manager, Ms Emily Hosking, 9468-3327 or email fees@parade.vic.edu.au

2021 Bus Services

If you are already on a College Charter or PTV bus in 2020, and you wish to remain on the same bus in 2021, you do not need to reapply - please note, bus routes are listed on the back of the student ID cards.

The 2020 bus pass is valid for the beginning of 2021 until new student ID cards are issued during Term 1.

Please contact the Logistics Coordinator for any of the following;

- If the bus information on your student card is incorrect
- You have lost your student card
- If you were not on a bus in 2020 but would like to apply for 2021 service
- If your circumstances have changed, you may have moved to a new house or changed campuses, you may need to cancel, change, or apply for a bus service
- Any other transport/bus enquiries

<https://www.parade.vic.edu.au/Transport.aspx>

Timetables and Routes

Charter route A Timetable morning times has been adjusted due to changes in traffic. The new timetable is effective from the beginning of Term 4 2020, and is on the transport page of the College website.

Charter bus routes and timetables may alter before the beginning of the 2021 school year. Bus routes may change to best accommodate as many students as possible. The most up to date timetables are available on the transport page of College website.

Myki

Students using any PTV service including College PTV buses must carry and be able to present an in-credit MYKI card. Students are required to tap on at the beginning of each journey and tap off when alighting the bus at their destination. Visit the PTV website for MYKI information including setting up a MYKI account and topping up your MYKI account.

PTV Journey Planner

The Public Transport Victoria Journey Planner is a great resource for finding public transport options. This resource is highly recommended for;

- Students attending Preston campus. (great access to train/tram/bus)
- Students looking for options that may connect with the College Bus Network.
- Students from suburbs not catered for by the Parade College Bus Network
- Students who intend to use a College Bus service, but would like a possible Plan B.
- Students who may need to travel to a different location after school, for sport training etc.

<https://www.ptv.vic.gov.au/journey/>

College Bus FAQ's

I do not need the bus anymore; can I cancel it?

Yes, one term's notice is required in writing to cancel a bus service. Please contact the Logistics Coordinator.

I have lost my bus pass can I get a replacement?

Yes, replacement cards are available at a cost of \$7.00. Please contact the Logistics Coordinator to arrange a new card.

I haven't used the bus because of Government restrictions, will I have to pay for the bus?

If students are unable to use charter buses because of **Government Restrictions** families would not pay for that portion of the term.

I've lost my bus pass; how will I get home?

Arrange during the day for a temporary replacement via Student Reception. If it's too late to arrange this, explain to the bus duty staff or the bus driver that the pass was lost. You will be permitted to travel. Please arrange a replacement pass the following day.

I missed the bus. How will I get to school or home?

Families are advised to discuss a **plan B** for this scenario prior to the beginning of the school year.

I left items on the bus, how can I get them back?

Students can go to student or main reception for assistance. Parents and carers please contact the Logistics Coordinator via the transport page of the College website. If urgent, please phone Reception on 9468-3300.

Can I apply for a bus later in the year?

Absolutely, buses can be applied for at any time, however bus seats on Charter buses are limited.

Mr Anthony Glatzel
Logistics Coordinator



Nash Learning Centre

Book Giveaway #2 Winners

Congratulations to Harley and Archer on winning a book voucher to purchase a book of their choice.



Harley Ryan, H13 Year 7

"I love the books by Alan Gratz because they are interesting and engaging. I love reading about war stories and survival stories."



Archer Knott, L14 Year 7

"This year I have enjoyed reading The Hunger Games. I have been searching for The Fever Code, by James Dashner; I want to read it as it is the last book in The Maze Runner series."

Thank you to Xavier Mahar Year 7 B11 for his recommendation in the last Newsletter, *Unlocking the Universe* by Stephen and Lucy Hawkins – now available in our Wheelers eBook platform!

Escape with a good book – our ePlatforms are accessible 24/7 (laptop/login to sign in) – SORA, Wheelers, MYON, BorrowBox, RB Digital magazines.

Free Book Giveaway #3

Please enter the next book giveaway with the link below.



<https://forms.office.com/Pages/ResponsePage.aspx?id=JJrp3tSmPEq2E9ZXEZrMI27EdM36IJxFmVtwfnZLutUQ0E0REVFWFNNRFhZVEdZWjJZRzBaNVdRNS4u>

Happy Reading

Mrs Fernando-Swart
Services Manager NLC

ANY SYMPTOMS
HOWEVER MILD
GET TESTED

VICTORIA
State Government

Authorised by the Victorian Government, Melbourne



From the Registrar

Important notice: Year 7 in 2022

Enrolments for Year 7 2022 close this Friday 9 October, with interviews currently underway using Zoom conferencing.

Enrolment offers will be posted to prospective applicants from 27 November, with the final date for families to accept the offer is 11 December.

Parent Contact Details

Parents are reminded that it is vital for the College to have up-to-date personal details for parents, guardians and emergency contacts.

Please take a moment to visit your PAM profile and if any contact detail (emails, phone, address) requires revising, despite your changes to PAM being successfully undertaken, it is important that an email be sent to registrar@parade.vic.edu.au alerting to the change request. The Registrar's office will then ensure the main College database is updated.

Academy Uniforms - Online and Instore

Both Bundoora and Preston campus stores will remain closed for Term 4, however you are invited to visit the Thomastown store, which is now open with normal trading hours, or you can purchase online.

To purchase online:

1. Go to www.academyuniforms.com.au
2. Select ORDER ONLINE
3. Choose Parade College then enter the password: *Parade*

Academy Uniforms are located at 238 Wolseley Place, Thomastown, and can be contacted direct on 9460-8011.

If your son is new to Parade College in 2021, you are invited to book an in-store fitting appointment. Go to www.schoolinterviews.com.au and follow these simple instructions.

1. Enter the code *h5vs2* and press 'go'
2. Enter your details
3. Select a date and time that suits your family

When you click 'finish', your appointment time will be emailed to you automatically.

If you do not receive your email immediately please check your junk mail folder and make sure you have spelt your email address correctly.

You can return to www.schoolinterviews.com.au at any time and change your appointment. Remember to use the same name and email address used at the time of your original booking!

Parents wishing to change their times after the closing date should email me direct on registrar@parade.vic.edu.au

Mrs Roslyn Tabacco
Registrar

ACADEMY UNIFORMS

238 Wolseley Place

Thomastown

9460 8011

9.00am to 5.00pm Monday to Friday

9.00am to 12 Noon Saturday





From the Director of Music

Welcome back to Term 4! The Music Department is looking forward to another big term of musical performances, both virtually and hopefully on-campus, as we begin our steady transition back to on-site learning.

During this time of transition, we will continue to remain flexible and offer a combination of both remote and face-to-face lessons. If there is anything that we can do to support our families during this time, please do not hesitate to reach out to us directly at music@parade.vic.edu.au.

Virtual Instrumental Music Soiree

During the last week of Term 3, the Music Department launched our first online concert experience - the Virtual Instrumental Music Soiree. Taking place over three nights, the soiree was a great success and a fantastic opportunity for our Music community to gather, albeit in a slightly different format, and celebrate the musical development and achievements of our students during what has been a year far from ordinary.

The Music Department would like to sincerely thank all families, and particularly our very talented young musicians, for their participation in this event and their dedication and commitment to their Music studies during what has been another challenging term. We look forward to the prospect of being able to gather and share in the joy of music together again sooner rather than later.

2021 Instrumental Music Enrolments

Found a new passion in isolation? Eager to channel your inner Mozart and build on your new iso skillset? Instrumental Music enrolments for 2021 are now open and we encourage students from all year levels to sign up. Learning an instrument is a fantastic way for students to immerse themselves into College life and make new friends along the way as part of their individual ensemble. Research has also shown it is a fantastic way to strengthen memory and literacy skills, and enhance overall mental health and wellbeing.

The enrolment form can be accessed at [this link](#) or via the College website following these steps: Education --> Music --> Instrumental Lesson Booking Form.

A reminder to families currently enrolled in the Instrumental Music Program, as per the new enrolments conditions from 2020 onwards, there is no need to re-enrol your son for lessons in 2021. Your enrolment will last for the duration of your son's time at the College, unless a formal request for withdrawal is submitted in writing at least eight weeks prior.

More in depth information regarding the Instrumental Music Program can be found in the Instrumental Music Handbook on the College website. Any further questions or concerns can be directed to music@parade.vic.edu.au.

Virtual Band Performance Clips

Keep your eyes peeled on our College social media platforms over the next few weeks as we begin to roll out the release of our new and completely virtual band performances. The first performance, by our Saxophone Ensemble, was released late last term and can be viewed at [this link](#).

Filmed, recorded and edited entirely during this period of remote learning, our many College ensembles have been hard at work rehearsing for their virtual performance since the start of Term 3. All Music students have been involved in the recording process of at least one performance, and we look forward to sharing all of these innovative new performances with our community. Thanks to Outrun Content for their editing and mixing of these ensemble clips.

We hope that this project will spread some musical joy to the wider Parade College community during this period of isolation as we continue to explore the possibility and prepare for more virtual events this term.

As always, please feel free to contact us at music@parade.vic.edu.au if there is anything you wish to discuss or any way we can support you further during these trying times.

Ms Melissa Calia
Director of Music



Wellness Wall



Helping your Teen to be Ready to Return to School Life in a 'New Normal' COVID World

COVID-19 has had a devastating impact on us all. We have and continue to endure severe social restrictions in order to stop the community transmission of the virus; we know that many have lost their jobs or have had their working hours significantly curtailed and there has been a severe economic downturn.

School students have had to learn remotely and today we are hearing about the significant mental health impacts on many young people due to social isolation and disconnection. Another result, has been that students have spent more time on screens than ever before and possibly home more than ever before. This may have had mixed blessings, as family members have been in closer physical proximity with one another.

For many of your children, staying at home has been a relief from daily peer interactions and the pressure to do well at school. For them, home may have provided a very comfortable environment during lockdown. This situation can be very hard to pull away from and some will be worried about their skills in reconnecting with their friends as well as having fallen behind academically. For others, having to stay at home has been an ordeal as they have struggled with on line learning and not being able to see their friends.

Parentline suggest that some young people will be anxious about returning to school and had the following concerns:

- Grief/Loss over the changes in lifestyle that COVID has brought upon us
- 'Normal' won't be the same as before COVID-19
- Returning to pre-COVID stresses, like school bullying
- Life was better in isolation eg more time with family
- Feeling safe at home and unsafe/out of control in public
- Fear of more COVID waves and lockdowns



What you can do.....

- Listen and be empathic, but don't lose sight of the bigger picture. School is the best place for them to help them develop into a fully-fledged adult. School is where they can interact with people every day. Staring at a screen every day is not a replacement.
- Help your son get back into a routine. Routines are safe and familiar which can help reduce anxiety
- Remind your son that everyone has been 'in the same boat' and that everyone's work has suffered. The school will take this into account.
- Focus on what you can control. It's hard getting caught up in the unknown and 'what ifs'? Helping your son identify what they can control and practical things they can do can help them to be more in the present moment and reduce anxiety. Practical strategies can include getting organised, making plans for the weekend, encouraging your son to reconnect with his peers before returning if possible and reminding them that although we have had a long break from going to school, they have already had lots of experience in connecting with other people.

School Based Support Is Available:

- Your son's Tutor Teacher
- Your son's House Leader
- Counselling and Wellbeing staff (qualified and experienced social workers and psychologists at Preston and Bundoora. At Bundoora, counsellors are allocated to each House and will work with you and your son towards his successful return to school)



If you are worried about your Teenager

- Your child's GP for a mental health plan to see a therapist in the community
- Headspace:
<https://headspace.org.au/>
- Beyond Blue:
<https://www.beyondblue.org.au/who-does-it-affect/young-people/helpful-contacts-and-websites>
- Orygen:
<https://oyh.org.au/>

Links for You

<https://www.parade.vic.edu.au/Counsellors/Parents.aspx>
raisingchildren.net.au

<http://www.thekidsareallright.com.au/>

<https://studentwellbeinghub.edu.au/parents/>

<https://www.redcross.org.au/getmedia/83e409b3-27db-4902-9f05-7dfdb2aee9b8/Helping-Children-and-Young-People-Cope-with-Crisis-2020.pdf.aspx>

<https://parents.au.reachout.com/>

<file:///U:/Pastoral%20Care/Counselling%20Services/Local%20Resources%20&%20Professional%20Literature/Relevant%20Resources%20and%20Materials/Parent's%20Guide%20to%20Gaming%202016.pdf>

Mr Damian Mahony

Team Leader - Counselling and Wellbeing Services



ONBOARD SAFETY

How to be a good passenger

- Be respectful to bus drivers and don't distract them while they are driving - they have an important job to drive the bus safely.
- If you see something wrong, say something to the driver or call the police.
- Ensure people with special needs can access the priority area.
- When the bus is crowded please move towards the rear.
- Offer your seat to someone that needs it more than you do.
- If there's a seatbelt, wear it - it's the law.
- Safely store your bags to reduce trip hazards.

BUS SAFETY - A SHARED RESPONSIBILITY.



OUR STAFF WILL STAY HOME
IF THEY FEEL UNWELL

PLEASE DO THE SAME



From The Old Paradians

Bedford Inducted Into OPA Hall Of Fame

The Old Paradians' Association has inducted Peter Bedford into the Hall of Fame, on the 50th anniversary of his Brownlow Medal victory for competition best and fairest.



Peter, affectionately known as 'Wheels', was notified in writing by the Association President Paul Shannon on behalf of the committee.

"This is quite incredible. It's an unbelievable honour. I don't quite know what to say. Perhaps I could say thankyou to the President and the committee," Peter said.

Only last November, and with the assistance of his late wife Lynne's grandson Nate Anderson, Peter cut the ribbon to formally open the Peter Bedford Centre - a newly-built sporting facility at Parade's Bundoora campus.

"I'm totally overwhelmed," Peter told the audience, amongst them his older brother and fellow OP Brian, after cutting the ribbon at the time.

"It's an incredible honour, to be recognised in this way by my old school. I am truly indebted to Parade, it has always been a great part of my life."

When contacted for comment regarding his induction into the Hall this week, Peter replied: "I've only just come from an interview where I said that of all the honours I've had, to have the sports centre at my old school named after myself is the greatest honour of all . . . and now this".

"I saw some comments from Carlton's Sam Walsh about his old school St Joseph's Geelong and what it had done for him in terms of rounding him off as a person . . . and I feel exactly the same way about Parade," Peter said.

"Looking down the list of inductees – Sir Bernard Callinan . . . Sir Norman O'Bryan . . . 'Jock' McHale . . . it's quite humbling."

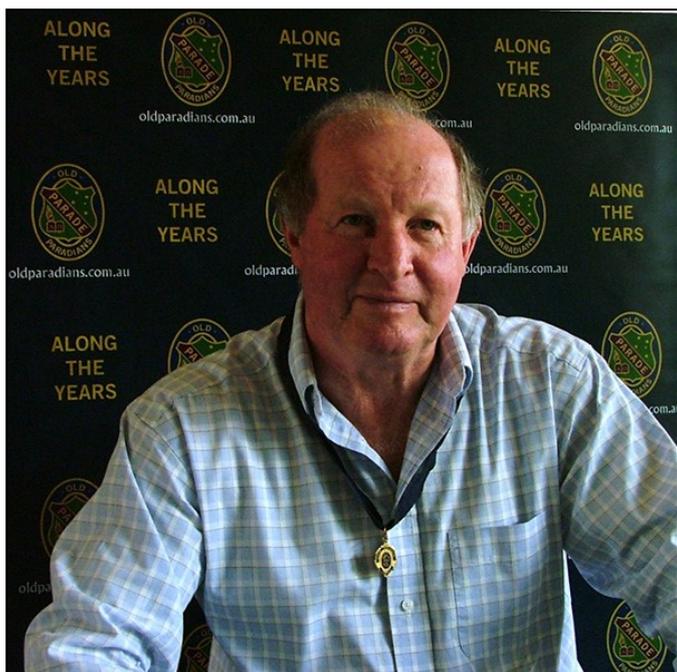
It was 50 years ago this August – August 31 to be precise – that Bedford was declared the medal winner in Dallas Brookes Hall – the same place in which he completed his exams as a Parade student six years earlier.

In what was the first count televised, Bedford emerged the winner with 25 votes (having polled 5x3 votes, 4x2 votes and 2x1 votes in 11 games) from Footscray's Gary Dempsey with 21, Carlton's Alex Jesaulenko (20) and North Melbourne's Barry Cable (19).

"The count happened on the Monday night prior to the first-semi when South played St Kilda (Bob Skilton's one and only finals appearance) and we were unfortunately beaten by the Saints," Peter recalled.

"The medal was actually presented to me the following weekend on Second Semi-Final day before the Carlton-Collingwood match. The Governor of Victoria Sir Rohan Delacombe (who two years earlier formerly opened Parade College Bundoora) put the medal around my neck in the middle of the MCG and I then ran a lap with the captains of the non-competing clubs –Barry Davis, Roger Dean, Bill Goggin, Kevin Murray and David Parkin amongst them.

In 2010, the Association committee, in its wisdom, saw fit to establish an Old Paradians Hall of Fame. The committee's rationale was that a Hall of Fame would help perpetuate the



memory of the people who brought honour to Parade College and who by their contributions to society serve as authentic role models for present and future generations of the Parade community.

To assist with the process of induction, members of the committee sought the counsel of Parade College's 1944 Head Prefect the late Bill Dunne, who, since commencing his schooling at the 'Old Bluestone Pile' just a few short months before the outbreak of the Second World War, committed his boundless energies to the cause of Parade and the Old Paradians' Association for more than 70 years.

Peter, who will be presented with a memento to honour his induction at a later occasion, is the 17th inductee into the Old Paradians' Association Hall of Fame - and joins the following former students in the Hall:

Lou Arthur,
 Gen. John Baker AC,
 Sir Bernard Callinan AC,
 Michael ('Mick') Cocks,
 Sir John Collins KBE,
 Lt. Col. Charles Denehy CDG,
 Mr. Leo Doyle,
 Bill Dunne,
 The Most Rev. Arthur Fox,
 Ivan Hutchinson, '

Jock' McHale,
 Sir Norman O'Bryan,
 Michael Pratt GC,
 Capt. Prof. Kevin Rickard AM,
 John Wegner AO
 Dr Denis Moore CFC.

Peter Lawrence Anthony Bedford

Born: April 11, 1947
 Final Year student Parade College (1964)

League Football Career

South Melbourne: 178 games, 325 goals 1968-1976
 Carlton: eight games, four goals 1977-'78

Career Highlights

Brownlow Medal: 1970
 South Melbourne best and fairest: 1969, 1970, 1971, 1973, 1975
 South Melbourne leading goalkicker: 1971, 1972, 1973
 South Melbourne captain: 1973-1976
 South Melbourne/Sydney Swans Team of the Century
 Victorian representative: 13 games, 11 goals

1st Class Cricket Career

Victoria right-hand bat; leg spin: 39 matches 1966/'67 - 1972/'73
 1602 runs at 28.10; 45 wickets at 33.40

Career Highlights

134 not out v Western Australia - Melbourne, 1969/'70
 5/40 v South Australia - Adelaide, 1969/'70

Mr Tony De Bolfo
Old Paradians' Association CEO





A WORLD OF OPPORTUNITIES FOR YOUNG MEN

Calendar

In light of current advice re COVID-19 precautions, please note that most, if not all, planned events have either been postponed or cancelled. Future newsletters will advise rescheduled dates once they are known

7 October	* GAT Testing Unit 3/4 Students	23 October	* Public Holiday - AFL Grand Final/ Thank You Day
	* Junior & Intermediate Online Chess Tournament	26 October	* Finance Committee Meeting
8 October	* Unit 3&4 Trial Exams Commence	27 October	* Homework Club
9 October	* Applications Close for Year 7 2022	28 October	* Last Day Year 12 Students
12 October	* Years 11 and 12 Students Return to Face-To-Face Learning		* Homework Club
	* Unit 3 & 4 Trial Exams Commence	29 October	* Valete Evening
	* OPA Executive Meeting	30 October	* Strategic Planning Meeting
13 October	* Homework Club	2 November	* Student Free Day
14 October	* Homework Club	3 November	* Melbourne Cup Day Public Holiday
15-22 October	* VCAL Portfolio Presentations	4-6 November	* Year 7-9 ACER Test Period
20 October	* Languages (CAFL) Written Examination	4-9 November	* Year 12 SWOT VAC
	* Homework Club	4 November	* Homework Club
21 October	* Auslan Examinations	5 November	* 2021 Booklists to Year 8 & 9
	* Homework Club	6 November	* 2021 Booklists to Year 10 & 11
	* DAV Junior Debating Program Online	9 November	* Board Meeting
	* 2021 Year 7 Family Orientation Evening via Zoom	10 November	* VCAA Exams Commence
			* Homework Club
		11 November	* Remembrance Day
			* Homework Club
		12 November	* Year 11 Exam Revision Commences
		17 November	* Homework Club
		18 November	* Year 11 Exams Commence
			* Homework Club
			* DAV Junior Debating Program Online



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