



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 12 18 July 2018



## From the Principal

We welcome back all our students after the winter break and look forward to an industrious second semester. First semester reports have been sent and there are opportunities for student progress conferences for the senior students on this Thursday 19 July. Interview times may be booked on line in the usual way. We are conscious that this is the last full term for our Year 12 students and the VCE students need to really focus their study efforts in the run up to the VCE examinations.

Over the break a number of groups have been involved in significant excursions. One group travelled to Brisbane to participate in the Edmund Rice schools national basketball competition and acquitted themselves very well. Thanks to Mr Gaut, Mr Turner and Mr Kuppe for accompanying the students.

Another group of students travelled to northern Indonesia for the Opwall scientific expedition program where they carried out practical research into marine biology. Thanks to Mr Jacobs and Ms Costanzo for accompanying the group.

During the break a group of Parade and Mercy College students have been preparing for the next theatre production to be performed in the Rivergum Theatre later this term. They will be presenting a very entertaining play based

on the classic novel *The Thirty-nine Steps* from 30 August to 1 September. Details regarding ticket bookings will become available in coming weeks.

There are a few staff adjustments in operation for this semester. Richard Hazzaz will be joining the Preston campus to take Craig Athaide's classes on an on-going basis. Steven Grcic will be joining the Bundoora staff on 20 August to take English and Humanities, and Andrew Potocknik will be taking some classes in technology while Joe Marchio is on leave. David Symons actually started with us during last term to replace Sayna Sadigi during her family leave. On 17 August Jacqui Trebilco will be taking on Liam Benton's classes on an on-going basis. Sarah Photiadis will be joining the Nash Learning Centre staff for Term 3.

This term, John Houlihan will be on long-service leave and Jess Frisina will be Lynch Upper House Leader during this time. Paul Fahey will be on long-service leave for half the term and will be replacing Regina Rowan as acting Assistant Principal Student Wellbeing in the latter part of the term. David Moore will be VCE Coordinator during Term 3. Maurice Petruccelli will be Learning Coordinator Years 7-10 for the remainder of the year.

Work is now well under way for the refurbishment of Waterford Park and the north side of the Administration Building. Construction zones are fenced off and some minor modifications are in operation for parking. Please drive carefully in the area during the coming term.

**Dr Denis J Moore cfc**  
**Principal**

## Invitation to Participate



### Mapping Development of Motor Control during Multitasking in Childhood through Adolescence

Parade College is working with La Trobe University to facilitate Parade students' participation in a La Trobe University research study that will shed new light on how the cognitive demands of motor control (*moving and using muscles*) change from childhood through adolescence.

Children require a range of skills to transition successfully to formal schooling, such as important motor skills. Consequently, children who develop any motor coordination difficulties show more cognitive problems, increased risk of anxiety and depression, and exhibit poor learning and academic outcomes. Furthermore, children tend to do things concomitantly while carrying out motor tasks in the classroom—that is, they usually multi-task (*e.g. listening to someone talk or fastening their button jackets*), where performance can be compromised when complex cognitive and motor tasks need to be carried out simultaneously. This is because children have fewer cognitive resources available leading to less attention being directed to the task.

#### Who is eligible to participate?

We are seeking children and adolescents aged between 11 and 18, who do not have ADHD or motor impairments associated with Developmental Coordination Disorder (DCD). Your child will be asked to complete several walks along a specially designed mat, while also completing tasks which will measure how well your child can multitask. Your child will also be asked to complete a number of social and behavioural tasks. These sessions will take place at the Parade College campus in Bundoora in Term 3 – date to be advised. Parents will also be asked to complete a short questionnaire booklet.

#### How do you accept this invitation to participate?

If you would like to participate, please collect a consent form from Student Services (Bundoora) or Reception (Preston) or if you would like to talk about the study further, please contact Mr Andy Kuppe, Deputy Principal or send Anna Atkinson an email at [A.Atkinson@latrobe.edu.au](mailto:A.Atkinson@latrobe.edu.au) or phone 03 9479 3209.



## Welcome Back To Term 3

### Year 12 Families

During Term 3 there will be a number of letters and invitations emailed home to families in relation to the events planned to mark the graduation of your sons from secondary school. These will include information on the following events:-

- Year 12s and finishing well
- Key events for the Year 12s organised at school
- Year 12 VCE Trial Exams – commencing 14 September
- Valete Graduation Ceremony - Monday October 22
- Graduation Formal – Thursday November 23

Please check your email regularly to ensure that you do not miss the information, which will contain cut-off dates for booking for the Graduation events and activities.

### Year 10 Families – Dancing Classes with Mercy College

This popular program is returning in Term 3 and on Monday 16 July, information about the Dancing Classes and the Ball on 14 September was emailed to all Year 10 families at both campuses. The email contained information about the classes (*commencing on Wednesday 15 August at the Bundoora Campus*) and the Ball (*Friday 14 September*), and the application forms for the classes and the Ball.



**Please note, only students who attend the five classes on Wednesday afternoons are eligible to attend the Ball**

There are only 65 places for Parade Year 10s available this year, so it is important that application forms and payment for classes and the Ball are submitted to Ms Rowan (Bundoora) or Mr Herran (Preston) by the due date – **Friday 27 July**.

Classes commence on August 15 at Greening Auditorium at the Bundoora campus.

### Term 3 Uniform

Please find below a few key reminders in relation to Uniform for Term 3. These were relayed to all families in more detail in an email letter in the first week of the Term 2 holidays.

#### College Uniform

- **Blazers worn to and from school each day in Term 3**
- White business, long-sleeved winter shirts tucked into trousers or shorts. The Summer College shirt is no longer acceptable for wear in Terms 2 and 3
- Grey trousers or grey shorts (no elastic or drawstring waists)
- Plain black belt and plain buckle for trousers/shorts
- Grey socks – summer marle walk socks are ok – **no black socks**
- Navy blue College tie (Years 7 to 10) and grey senior ties (Years 11 and 12)
- Black, hard polishable leather shoes
- College jumper

Hoodies and other garments are **not** permitted to be worn with either the College Winter Uniform or PE Uniform.

#### College PE Uniform

College track suit jackets and pants can be worn **ONLY** on the designated PE day for his year level, and may be worn over the top of the College polo shirt and College PE shorts. White socks with PE uniforms – no socks with logos, no black socks.

Tuesday	Year 10
Wednesday	Years 9, 11 and 12
Thursday	Years 7 and 8

**NO STUDENT SHOULD WEAR PE UNIFORM TO AND FROM SCHOOL ON MONDAYS OR FRIDAYS**

In addition, as per our College Uniform Policy, your son must be clean-shaven for school each day, his hair is neat, clean and tidy - and his hair length **is above the bottom of the collar** of his white winter shirt worn with the College Winter uniform. No extreme hairstyles – eg dreadlocks, ‘mulletts’, ‘Dusty cuts’ etc. All earrings on face and ears must be removed for safety reasons.

**PLEASE NOTE, BEANIES ARE NOT PART OF ANY PARADE UNIFORM**

**Miss Regina Rowan**  
**Assistant Principal - Student Welfare**





## From the Assistant Principal - Teaching & Learning

### **Semester One Reports and VCE/VET/ERPP/VCAL Student Progress Interviews**

Semester One reports are available via the Parent Portal. Year 9 ExCEL reports will be available from 27 July.

### **Student Progress Interviews - Thursday 19 July - VCE, VET, ERPP, VCAL Students**

VCE, VET, ERPP and VCAL students and parents are encouraged to make appointments for the important learning conferences with teachers to be held on **Thursday July 19 from 3.45pm to 5.45pm and 6.30pm to 8.00pm.**

Interviews at Bundoora campus will be in Greening Auditorium, while those at Preston campus will be in the Caroline Chisolm Learning Centre and upstairs in the Rice Building. Parents and students are encouraged to attend. It is far more beneficial that students attend with their parents. Teachers will be mindful to keep interviews to the times designated. Please bring along your son's printed interview times, as they include the location of each teacher.

*Bookings for Student Progress Interviews will be available via the Parent Portal until 1.00pm on 19 July.*

### **Advanced Notice: Final Round of Progress Interviews for 2018**

Parents should note the final Progress Interviews for 2018 will be held on Monday 10 September from 4.00pm to 9.00pm for all students from Years 7 to 12.

### **Year 12 Parent Information Session – VTAC Applications for University and TAFE courses 2018**

Parents of Year 12 students are invited to attend an information session on the VTAC application process for admission into higher education courses, which will be held during the scheduled staff dinner break at the upcoming VCE Student Progress Interview Night.

**Thursday 19 July  
5.45pm to 6.20pm  
Rivergum Theatre**

Melinda Williams, College Careers Advisor, will explain the key parts of the application process as well as provide key dates for the submission of applications, ATAR release and Tertiary Offer notification. To help with organisation, please email [Melinda.Williams@parade.vic.edu.au](mailto:Melinda.Williams@parade.vic.edu.au) should you wish to attend.

### **2019 Subject Selection Information**

Subject Selection Year level assemblies for students currently in Years 7, 8 and 11 will take place on Friday 27 July. The events for Year 9 and 10 students and families will be held on the afternoon and evening of Thursday August 2. The information will be presented twice; families should select one session to attend.

Year 9 students whose preference is for the Edmund Rice Pathways Program (ERPP) in 2019 and VCAL students need not attend.

For students undertaking the Edmund Rice Pathways Program (ERPP) or Victorian Certificate of Applied Learning (VCAL) in 2019, subject selection will be processed by Mr John Nicholls through the interview process currently underway. Please note current Pathways students' subject selection/VET selections are also processed by Mr Nicholls.

Current Year 11 and 12 students are also invited to attend the Tertiary Expo from 3.30pm to 5.00pm.

TIME	PROGRAM	
3.30 – 5.00 pm	Learning Area & Tertiary Expo (Current Yr 11 & 12 students only) <b>College Hall</b>	
4.15 – 5.00pm	Yr 9 into 10 presentation <b>Rivergum Theatre</b>	Yr 10 into 11 presentation <b>The Atrium</b>
5.00 – 6.00pm	Learning Area & Tertiary Expo (Current Yr 9 & 10 families) <b>College Hall</b>	
6.00 - 6.45pm	<i>Staff dinner break</i>	
6.00 – 6.45pm	Yr 9 into 10 presentation <b>Rivergum Theatre</b>	Yr 10 into 11 presentation <b>The Atrium</b>
6.45 – 7.30 pm	Learning Area & Tertiary Expo (Current Yr 9 – 12 families) <b>College Hall</b>	

Please note the following key dates:

- 2 August**      **Compulsory** Subject Selection Information evening for Year 9 into 10 and Year 10 into 11.
- 3 August**      Subject Selection workshop in Tutor Group period (current Years 7, 8, 11)
- 8 August**      Subject Selection online submission due for Year 7 to 8, Year 8 to 9 and Year 11 to 12. Printed Web Preferences receipt forms due to Tutor Teacher by 9 August.
- 10 August**     Subject Selection workshop in Tutor Group period (current Years 9, 10)
- 15 August**     Subject Selection online submission due for Year 9 into 10 and Year 10 into 11. Printed Web Preferences receipt forms due to Tutor Teacher by 16 August.

**Please note that, except for ERPP and VCAL students, every current student will receive a personalised Subject Selection email - Years 7, 8 and 11 students will receive their email on 27 July, Years 9 and 10 students on 3 August**

The email contains your son's individualised details for Web Preferences, with instructions and a link for accessing subject details on the Subject Selection section of the Parent Portal. The subject selection assemblies and evening address all of the subject offerings, prerequisites, completion of the online form etc. The sessions are most important as it is imperative that your son chooses his subjects wisely. Except for ERPP and VCAL students, we ask all parents of Year 9 and 10 students to attend the evening with their son.

At the Subject Selection evening on 2 August, College staff will be available before and after each session to answer any queries that may arise about 2019 Year 10 and Year 11 courses. They will be allocated to Learning Areas in the College Hall, and will be able to assist with any matters that may need clarification. In addition, representatives from tertiary institutions will be present and available to Year 9 to 12 families. While the formal presentations in Rivergum Theatre and The Atrium are aimed at current Year 9 and 10 families, **Year 11 and 12** families, while not required to attend this evening, are encouraged to make the most of the opportunity to discuss courses with tertiary representatives exclusively from 3.30pm to 5.00pm. The remaining times are designated for current **Year 9 and 10** families.

We look forward to your attendance at the Subject Selection Evening on 2 August.

**Mr Geoff Caulfield**  
**Assistant Principal - Teaching and Learning**



## From the Assistant Principal - Organisation

### Adrenaline Auto injector Update - Mylan generic version of EpiPen

A&AA has been advised that from June 2018 Mylan Australia is now supplying a generic adrenaline (epinephrine) auto injector as well as EpiPen. Both devices work in the same way, so the only difference is that the generic device does not include the EpiPen brand name.

### Information Technology Upgrades at Parade

Over the mid-year break, our IT department have updated a number of software packages on the College network and completed a necessary rationalisation of email addresses to allow students and staff to fully utilise advances with Microsoft Office 365.

This software will ensure that our students are supported in learning activities with their learning devices and ensure that our network is secure and maintains its integrity for Educational purposes.

If Parents have any enquiries regarding iPad support for Years 9 and 12 or College Laptop support for years 7,8,10 and 11 please direct your enquiries to [laptops@parade.vic.edu.au](mailto:laptops@parade.vic.edu.au) or at the IT Service Desk at the College.

### Student Absences

Parents are reminded that it is a requirement by the College that student absences are reported before the commencement of classes at 8:30am.

The Student Absence Line phone numbers are:

**Bundoora 9468-3342**

**Preston 9416-6533**

When calling, please clearly state your son's name, their Year level and Tutor Group number, and a brief reason for their absence.

### Upcoming Community Events in Term 3

It is important to note that many of our annual events are booked out long before the events take place. To assist with your planning please take note of the following event details:

#### Metec Driver Training

##### Wednesday 26 September

Year 10 students will again have the opportunity to be involved in a driver training session during the third term school holidays. This will be held on Wednesday 26 September at Metec in Bayswater, and is supported by our Parents of Parade Committee. This event must have its final numbers confirmed by the end of July so that cars and driving instructors can be secured.

The College has sent further details to parents via email over the school holidays. Alternatively, students can collect a permission form from Ms Ireland in First Aid. Students must return the permission form and the payment of \$110 to secure their place no later than 30 July. All enquiries can be directed to [community.events@parade.vic.edu.au](mailto:community.events@parade.vic.edu.au)

I hope many Year 10 boys take up this opportunity.

#### Father and Son Winter Games Night

##### Monday 13 August, College Hall, Bundoora Campus

The evening will commence at 6.00pm with a BBQ outside College Hall., and then "the Games begin at 7.00pm with activities such as Foosball, Darts, Quoits, Tower Building and Golf Putting. The evening concludes at 9.00pm after some prizes have been awarded.

Sporting prowess and fitness are not required to participate in what will certainly be an enjoyable night. Whilst hand/eye coordination may assist with some activities, the ability to use your powers of 'thinking' will assist in other areas. The format of the night is based on 'Tabloid Activities' whereby fathers/guardians and son complete a range of activities. If fathers are unable to attend, then a guardian or older brother is more than welcome to come along and enjoy the evening.

This activity can only cater to a maximum of 160 participants (80 pairs) so please secure your booking via the College website when bookings open on 30 July. Entries on the evening cannot be catered to. A donation of \$10 per family (payable on the night) includes all food and drinks.

**Father's Day Breakfast**  
**Wednesday 29 August 7.00am**  
**Yarangabee Centre, Bundoora Campus**

The annual Father's Day Breakfast will commence with a breakfast of hot BBQ and cold foods, with coffee, tea and warm drinks available.

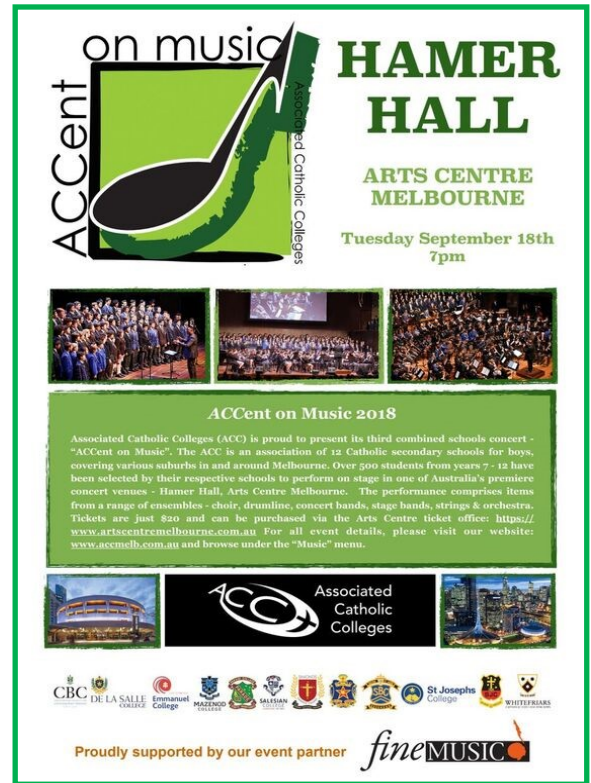
The format of the morning will be based on light entertainment and the opportunity for fathers and sons of the College to interact with other fathers and sons. There will again be some light entertainment and games provided by our Masters of Ceremonies and the event will conclude by 8.30am to allow students to attend class and fathers to work.

Entry will be a \$10 donation per family (payable on the morning) and includes all food and drinks.

**Bookings for the Father and Son Winter Games Night and the Fathers Day Breakfast is through the College website available from 30 July, 2018**

**Specific enquiries can be directed to the College via email: [community.events@parade.vic.edu.au](mailto:community.events@parade.vic.edu.au)**

**Mr Michael Callanan**  
**Assistant Principal - Organisation**



**ACCent on music**  
**HAMER HALL**  
**ARTS CENTRE MELBOURNE**  
**Tuesday September 18th 7pm**

**ACCent on Music 2018**

Associated Catholic Colleges (ACC) is proud to present its third combined schools concert - "ACCent on Music". The ACC is an association of 12 Catholic secondary schools for boys, covering various suburbs in and around Melbourne. Over 200 students from years 7 - 12 have been selected by their respective schools to perform on stage in one of Australia's premiere concert venues - Hamer Hall, Arts Centre Melbourne. The performance comprises items from a range of ensembles - choir, drumline, concert bands, stage bands, strings & orchestra. Tickets are just \$20 and can be purchased via the Arts Centre ticket office: <https://www.artscentremelbourne.com.au> For all event details, please visit our website: [www.accmelb.com.au](http://www.accmelb.com.au) and browse under the "Music" menu.

**Associated Catholic Colleges**

**Proudly supported by our event partner *fine*MUSIC**



**OLD PARADIANS' ASSOCIATION**  
**PROUDLY SUPPORTED BY NORTHSPARK PRIVATE HOSPITAL**  
**PRESENT**

**SATURDAY 25 AUGUST 2018**  
**7PM ATHENAEUM THEATRE**  
**PARADEMUSICAL.COM.AU**  
**TICKETS STRICTLY LIMITED**

**ENCORE 21**

**CELEBRATING 21 YEARS OF PARADE MUSICALS 1996 - 2017**

**Northpark PRIVATE HOSPITAL**





## Community Action Report

### Community Action

Many thanks to all who have donated to our various collections over Term 2. The Community Action students have made up some toiletry packs from some of the Pinch a Poo donations. These were handed out to a number of community groups including a women's refuge. We continue these collections through Term 3.

### The Parade Shared Table - making wishes come true

Late in Term 2 another Parade Shared Table meal was served, but this was one with a difference. Invited were elderly residents from Bundoora's Vasey House Aged Care facility, which hosts our Year 10's on Community Action placement.

Many years ago Parade Students helped Vasey House Lifestyle Coordinator, Linda D'Sylva, set up their Wishing Tree. The Wishing Tree allows residents to attach a wish they may have and Linda, along with the help of others in the community, including Parade students, makes those wishes come true.

On a recent visit I noticed that several residents had wishes for a seafood dinner, so, together with Michael Chapman, our VET Hospitality teacher, we planned to make those wishes come true through the Shared Table Project. The result was an evening where our guests were treated to a delicious gourmet four-course seafood dinner, cooked perfectly by the VET students.

Jamal Taylor (Yr10 L02), Jacob Carlson (Yr9 B14), and Thrubavan Tharmakulendran (Yr9 B11), generously volunteered their time and entertained the guests while Year 12 students, Anthony Fernando (H08), Christian Morabito (H06), Francesco Morabito (H07), and Year 7 student Isum Malawaraarachchi (B14), served and tended to the needs of guests through the evening.

Many thanks to Michael Chapman, the VET class, and to our volunteers who helped make some wishes come true.



*Above: Vasey residents, Merle and Norman, enjoy their dessert.*

*Below: Year 12 host Christian Morabito (H06) with Vasey resident Alice*



The following link is a video of the evening put together by Vasey House's Communications and Community Engagement Officer Fran Ludgate, who also joined us on the night.

<https://www.vaseyrlcare.org.au/heros-wish/>

### Mitch puts a call out for the homeless

Year 11 VCAL student, Mitchell Correzzola (L10), contacted me at the end of Term 2 to let me know that he had put a call out to family and friends for blankets and doonas for those sleeping rough on Melbourne streets.

Mitch was able to collect a car full of items that were distributed through the St Vinnie's Fitzroy Soup Van.

I was witness to the appreciation of those rough sleepers, on a very cold Saturday night at the Victoria Market precinct, who were given the doonas on the Soup Van run.

***Ms Anne-Marie Morello***  
***Community Action Convenor***





## Helping those living rough

Hello I'm Mitch Correzzola!

As the winter nights get cold, frosty and wet, it made me think of the people in our community living rough on the streets and how lucky I am to have a warm dry comfortable bed to sleep in.



It was then I decided to help these people and ask my family and friends to donate any spare doonas or warm blankets.

I'm pleased to say that I managed to collect many donations that I am sure will help keep some people warmer over the cold months ahead.

**Mitchell Correzzola**  
**Year 11 L10**



Your World / Endless Possibilities

### Who is Star21

Star21 is a Fully Accredited Telstra Channel Partner that deals with corporate businesses ranging from small businesses to large corporate businesses. We specialise in the full range of telecommunications solution. Star21 enjoys the reputation of being one of Telstra's most successful channel partners as we continue to offer innovative and leading edge solutions to our clients over our many years in business.

Our dedication to our client base is second to none and we believe in the longevity of business relationships. Our clients know that we will research for them and offer a tailored and considered solution for their business. We are not interested in just the quick sell. We believe that your business is important and invite you to partner with Star21. Let's see what we can achieve together.

At Star21 we make sure your values are our mission and strive to deliver your high expectations every time. The success of your business is important, and as telecommunications is a core facet of your business process, it should not be left to chance. Our role in your business is to ensure that your telecommunications are consistent and reliable. We can offer this to you because we are driven by our commitment to accountability, quality solutions, teamwork and passion for innovation.

### Our Mission

Your telecommunications needs are our responsibility. Our staff will take on every challenge with a positive attitude and offer considered options that suit your business. We will ensure your needs are met day by day and from year-to-year, whether a phone requires immediate replacement, or your entire system requires upgrading. Our business analysis will ensure that our innovative products and specialist service will be a value add to your business. At Star21 we will grow with you offering the best solutions for your business now and in the future.

### Our Team

To achieve the best outcomes in your business you require a team that knows and understands your business processes, both immediate and in the future. Star21 will appoint an account manager to support you and assist you in making educated and informed telecommunications decisions. We offer full analysis of your current systems so that together we can plan for your communications in the future as well as your present needs and concerns. We believe in honest advice and expert consultancy that suits your needs, sourcing the most appropriate solutions for your business.

*For further information please contact:*

Sam Capuana, GM – Finance & Administration  
45 Church Street, Abbotsford

P 03 9804 2710  
M 0437 222 000  
E [samc@star21.com.au](mailto:samc@star21.com.au)

[www.star21.com.au](http://www.star21.com.au)



# SUSTAINABILITY PREFECTS



We are calling for any old mobile phones and printer cartridges to raise money for the Comboni Sisters Hospital!



For every item, Star21 Pty Ltd will generously donate money towards the Comboni Sisters Campaign!

## WHEN?

Bundoora: Every Wednesday and Friday Lunchtime!

Preston: Before and After school and during Lunch

## WHERE?

Bundoora-The Yarrangabee centre  
Preston- Main Reception



## ALL FOR A GOOD CAUSE

House points will also be awarded for those who donate.

Your contributions will go a long way!



**Congratulations to the cast and crew from Mercy College and Parade College on your superb performance of the musical *Hello Dolly!***









## **Term 3 ASD Parent/Guardian**

### **Peer Support Group**

**You are invited to an evening with**

**Victoria Houchin**

**“Transition Pathways for Students with Autism Spectrum”**

Victoria is the Employment Coordinator for  
Aspect Capable NSW & VIC  
which is the employment service for Autism Spectrum Australia



This presentation will focus on the NDIS and how to secure funding for employment including the process for applying for school leaver employment support.

Victoria will also discuss the Aspect Capable school leaver/young adult transition to employment programs.

There will then be adequate time dedicated for Q&A.

**Thursday July 26**

**7.15pm (for 7.30pm start)**

**Nash Learning Centre, Bundoora Campus**

**RSVP by Friday 20 July to Cheema Brondolino 9468 3344 or**

**[cbrondolino@parade.vic.edu.au](mailto:cbrondolino@parade.vic.edu.au)**





## Wellness Wall

### Understanding sexting and the risks for your child

(adapted from Parentline)

As a parent, you might feel left in the dark about sexting and the consequences it can have for your child. Here are some facts about sexting:

- Sexting is using the internet, apps or a mobile phone for creating, sharing, sending or posting sexually explicit messages, images or videos
- Sexting is becoming more common and sending, receiving or distributing a naked or semi-naked photo is the most common form of sexting
- Sexting is illegal when it involves anyone under 18 or to harass people of any age
- Young people can be charged and potentially registered as a sex offender if they create, receive or send a sexualised image or video of a person under 18
- If your child sends a sexy image or 'nude', they have no control over where it might end up
- Victims of sexting may experience serious psychological harm and ongoing damage to their reputation

### Why do young people sext?

With increasing time spent on phones and technology, there are some risks. What could motivate your child to sext? Increasing use of phones and technology paired with normal teen risk taking behaviour and interest in sexual experimentation

Young people's understanding of the consequences is low or they may think they are the exception and nothing bad will happen to them. It is easier to let your guard down on the phone or online than it might be in person. What is seen as acceptable now may have changed from previous generations

### How to protect your child from the risks of sexting

Sexting can have serious social and legal consequences for your child. You might be unsure or worried about what you can do.

Here are ways to support them to stay safe:

- Have open discussions about who your child talks to online
- Talk through your child's experience or what they have heard about sexting
- Tell your kids that sexting is illegal and images can be difficult to remove once posted
- Give your child clear expectations about how they use their mobile phones
- Advise your child to report 'strange' behaviour online just like they would offline
- Don't minimise sexting as a 'prank'
- Try not to use labels like 'promiscuous' when talking about sexting
- It is important to remain calm and approachable and let your child know you care
- Reassure your child that talking about sexting doesn't mean that they will have to give up their phone or other devices

Check out the [eSafety](#) website for more information on how to support your child and how to report sexting or sexting based harassment

### Clues that sexting might be affecting your child

You might notice your child:

- Avoiding friends and social situations
- Resistance or lack of interest in going to school, sport or other activities
- Changes in sleep patterns (sleeping lots more or lots less)
- Increased level of anxiety (nail biting, hair pulling, crying or self-harm)

### Common worries young people have about sexting

Your child might worry about

- **Being charged even if they did not mean for the image to be distributed or know it's illegal.**  
The police will consider this and as a parent you can support your child to report the sexting to the police.



- **Parents will get angry with them.**  
Talk to your child calmly about their experience of sexting and let them know you want to help.
- **Parents will take away their phone and internet or limit their access.**  
Reassure your child that talking to you will not mean they have to stop using their phone.
- **Being bullied and shamed at school or in public.**  
As a parent you can support your child to report sexting to the police or on the [eSafety](#) website as well as supporting your child to talk to their school or to [Kids Helpline](#) about any bullying or harassment.

**Mr Damian Mahony**  
**Student Counselling and Wellbeing Services**



## Exploring the impact of BAC

As part of the VCE Psychology curriculum, our Year 12 class spent a lesson exploring the impacts of Blood Alcohol Concentration (BAC) on reaction times and coordination.

During the lesson, the Year 12 students wore Fatal Vision Goggles, which aim to replicate the physiological and behavioural sensation of being intoxicated. The goggles simulate a range of Blood Alcohol Concentrations from 0.05 to 0.25.



While wearing the goggles, students participated in a range of activities including catching a ball, playing Jenga, balancing on one leg and walking in a straight line. The students then used their experiences as a foundation to compare the effects of being intoxicated with the impact of sleep deprivation.




*Above: Paul Di Genova (Yr12 B09) trying his hand at Jenga whilst experiencing the equivalent of a BAC of 0.17*

Ultimately, students were able to understand that being deprived of only one night's sleep is the same as having a Blood Alcohol Concentration of 0.05.

**Mrs Emma Mihocic**  
**VCE Psychology Teacher**

## LIVING SPIRIT FELLOWSHIP



**Pilgrimage to Hellfire Pass for ANZAC Day 25 April 2019**

The Fellowship is open to year 10, 11 and 12 students who attend any of the 18 schools/colleges surrounding the Greensborough RSL and provides for the successful student and a parent or guardian to attend the ANZAC Dawn Service at Hellfire Pass on 25 April 2019, as part of a 10-day escorted pilgrimage to Thailand/Myanmar.

Proudly sponsored by  
**CAM Management Group, Cannon Toyota, Audio Clinic and Dyson Group.**

Students are encouraged to ask their year Co-ordinator or teacher for a copy of the Application Form, which may also be requested by email: [livingspirit@rsl-greensborough.com](mailto:livingspirit@rsl-greensborough.com)  
Applications close on Friday 3rd November, 2018



## New Year 9 ExCEL Subjects to 2019

In Term 2, Year 9 ExCEL Shark Tank Innovation students developed an innovative solution to a problem within a community. Students empathised with a wide variety of communities, including those afflicted with anxiety, gambling, homelessness, victims of shark attacks, as well as road accidents. By inquiry and research, students were then able to develop insight into the needs of their users.

After brainstorming over one hundred different possible solutions, students created prototypes of their solution, which included a shark-repellent wetsuit, a diffusing film for car headlights, an app that helps relax anxieties, as well as a prototype VR simulation to warn gamblers of the risks of gambling.

The students then presented their ideas to a panel of teachers playing the role of ruthless investors. All students presented extremely well, with many ideas being quickly snapped up!

We look forward to another round of Shark Tank Innovation in Term 4



*Above: Students building and testing prototypes*

Early on in term 2, the ExCEL – Mechatronics class had to opportunity to visit Quantum Victoria, where they learnt a visual programming language; Snap4Arduino and created a dexterity game (Bop it!) with the use of LEDs, LDRs, potentiometers and an Arduino Uno.

Toward the end of Term 2 we visited Scienceworks to see two exhibitions: **Think Ahead** and **Beyond Perception: Seeing the Unseen**. The **Think Ahead** exhibition showed us more than two hundred objects from the past, the present and the speculative future. It allowed students hands-on experience to imagine what the future looks like. Many students experienced a program which upgraded their minds, organs, limbs and adding special features to their body.

The **Beyond Perception** exhibition allowed students to explore the imperceptible world of science and technology. Students were able to experience the invisible fields and forces that surround us, such as gravitational waves, invisible light, sound and aerodynamics and bend the fabric of space-time.



*Above: Students helped program NAO robot*

### All Year 9 students commencing Term 3 ExCEL

A reminder to all students in Term 3 ExCEL. The next program will commence with a two week Learning 4 Life. Please check your assigned classes and campuses, as these days will run both at Preston or Bundoora. Attendance and punctuality is compulsory.

**Dr Janette Berglez**  
**STEM Coordinator**



## From the Director of High Performance Sport

### 2019 ACC High Performance Sport Classes – Years 8 to 10

To play ACC Sport in Years 8, 9 or 10 in 2019 at the Bundoora campus, students should be in an ACC High Performance class. If your son didn't play one of the specific sports listed below in 2018, but would like to be considered for that sport in 2019, then he should attend the following trials –

#### Basketball

24 and 26 July - College Hall after school 3:30pm-4:30pm

#### Table Tennis

23 and 27 July - Atrium at lunchtime 12:50pm-1:20pm

#### Cricket

30 July and 2 August - Bundoora College Cricket Nets after school 3:30pm-4:30pm

#### Hockey

31 July - Bunjil Park at lunchtime 12.50pm–1.20pm

#### Tennis

31 July and 3 August - Bunjil Park Tennis Courts after school 3.30pm–4.30pm

These trials are used to assess the students' abilities and possible selection into an ACC High Performance class in 2019 and are for students currently in Years 7, 8 and 9 who didn't make a specific ACC team in 2018.

Students are asked to wear their sports uniform for the trials.

Please note, students who have played a specific ACC sport in 2018 are not required to attend the trials for that specific sport, as their performance throughout the ACC season is used to assess their possible selection into an ACC High Performance class for 2019. However, if for example, a student played football in 2018, but didn't make the basketball team, and would like to be considered for the

basketball team in 2019, then they must attend the basketball trials in July and August.

Listed below are some questions and responses that may assist in the understanding how ACC High Performance is conducted at the College.

### How does a student get into an ACC High Performance Class?

When selecting subjects for 2019, students who wish to play either football or soccer must select ACC High Performance – Semester 1 as part of their subject selection.

Students wishing to play either, Basketball, Table Tennis, Hockey, Cricket Tennis or Volleyball must select ACC High Performance Semester 2 as part of their subject selection.

If a student wishes to play a sport in Semester 1 and 2 then they must selection ACC High Performance – Semesters' 1 and 2.

Please note, whilst a student may select to do ACC High Performance Sport, this does not guarantee them a position in the class. The number of students wishing to be involved in the subject is far greater than the number of positions available and as a consequence, students are selected into the subject based on a combination of some or all of the following criteria;

- Previous ACC involvement and performance
- Involvement and performance in regular Physical Education classes
- General behaviour and ability to demonstrate mutual respect to fellow students and staff
- Performance at selection trials
- Ability to uphold the school's discipline and uniform policy
- Performance in local sporting competitions Selection is completed annually

Being involved in an ACC High Performance class at one specific year level does not guarantee selection in the following year. Selection is based on the criteria listed above. This process allows developing students who may have missed selection in one year, an opportunity to be involved in the following year.



Students who are not involved in an ACC sport in a current year, but would like to be considered for an ACC team for the following year, must attend ACC Trials.

### **Does involvement in an ACC High Performance class guarantee selection into a team?**

No. If a student is selected into an ACC High Performance class, then they are part of a specific sporting squad. Selection for all ACC teams will then come from these specific squads. Students who aren't selected in the final team will be involved in a Physical Education practical class during ACC matches.

### **What does my son do if he is not in an ACC High Performance Class?**

Students not involved in an ACC High Performance Class at Years' 8 or 9 will be involved in regular Physical Education classes. Student in Year 10 who are not involved in an ACC High Performance class would select another elective. High Performance Classes are also offered at the Preston campus; however, trials are not required.

If you have any questions regarding the trials, please don't hesitate to call Mr Phil Gaut on 9468-3380.

### **EREA National Basketball Tournament 2018**

The EREA Basketball Tournament was held in Brisbane from 9 to 11 July. Hosted by St James College, Parade sent a senior team of ten players to compete in this National Competition.

The level of Basketball played throughout the tournament was extremely high with little separating most teams. Winning two of their five games and finishing fifth, the evenness of the competition was reflected in the fact that Parade's three losses culminated in a total of thirteen points.

The Tournament provided the students and new Senior Coach, Braden Cotter (Youth League, Diamond Valley) with the opportunity to work on team structure and prepare for the upcoming ACC Basketball Season commencing in Term 3.

A special mention to Braden Cotter (Coach), Ryan Bowkett (Assistant Coach), Andy Kuppe (Score/ Timekeeper) and Ben Turner (Bus Driver) who supported the boys throughout the tour.

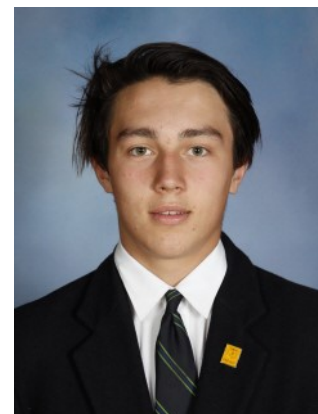


Above: (standing L-R) Darcy Watt Yr11, B04, James Stockwell Yr12 H04, Marcus Vigilante Yr11 L05, Michael Romano Yr12 L08, Jack Farley Yr12 T08, Braden Cotter (Coach), Ryan Bowkett (Assistant Coach), Dylan Shute Yr11 B08,  
(kneeling L-R) Thomas Stockwell Yr9 H12, Jacob Costa Yr11 L08, Keegan Hauth Yr11 B09

### **Parade Student Excels on the Sporting Field**

Congratulations to Ben Fisher (Year 10 T02) who was selected in the Victorian Metro Men's Basketball Team to play in the U16 Australian Basketball Championships which were held in Maroochydore from 6 to 13 July.

Ben is also a member of Basketball Victoria's National Intensive Training Program (NITP).



### **La Trobe University Sport Ground Opening - Stage 1**

Stage 1 of La Trobe's new sports precinct was opened on Wednesday 4 July. Through the development of the Senior

Parade Sports Academy and the ACC Sports Program, Parade has a strong affiliation with both La Trobe and Melbourne City Football Club. As a result of these relationships, Parade students were invited to attend and participate in the Opening by being involved in a training session conducted by Melbourne City on the new artificial pitch. It was a great afternoon for all concerned and an opportunity for the Parade students to demonstrate their skills in front of the Melbourne City's Head Coach, Warren Joyce.

All students below are Year 7 students who represented Parade in the ACC Competition.



(L-R) Anthony Greco (T13), Alessio Centaro (B16), Nicholas Maruzza (B11), Samuel McIlroy ( B21, Back), Anthony Taverna, (T12 Front), Max Racovalis (T21 ), Louie Perrone (T21), Mannix Puebla-McWaters, (H18), Harvey Doutsas (L13)

### **South East Clay Target Shooting Championships**

The South East Clay Target Shooting Championships will be held at the Frankston Clay Target Shooting Club (Rossiters Road, Carrum Downs – Melways 98 C 9) on Thursday 2 August.

The Championships are not for beginners and all participants must have their own firearm and licence.

Students interested in being involved in these Championships should see Mr Gaut in E44 for further details.

**Mr Phillip Gaut**  
*Director of High Performance Sport*



## **Parents of Parade (POP)**

### **Upcoming Meetings**

The dates for our Term 3 meetings are as follows:

18 July  
15 August  
12 September

All parents, guardians, and caregivers at Parade College are invited to the monthly POP meetings. For Term 3 all meetings will be held in Hickey Foyer commencing at 7.30pm.

**Jeff Warke**  
*President Parents of Parade*  
**0409 174 208**  
[pop@parade.vic.edu.au](mailto:pop@parade.vic.edu.au)

### **Parents of Parade Meeting**

**Wednesday 18 July**

**7.30pm**

**Hickey Foyer**

**ALL WELCOME!**



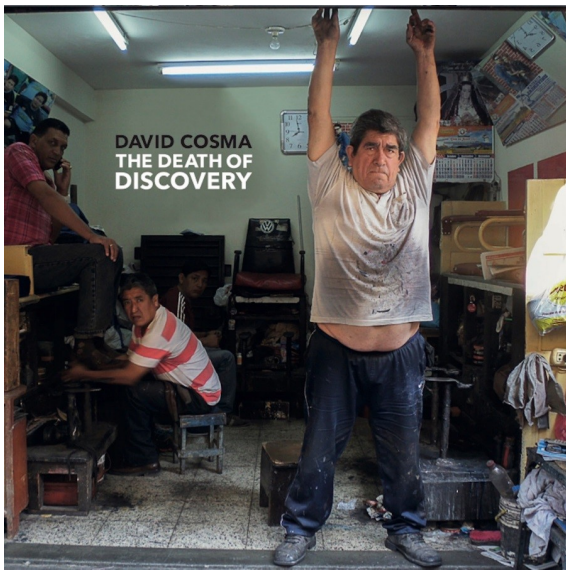
**Follow us on Twitter**  
**@ParadeCollegePC**



## From The Old Paradians

### Cosma contemplates where we're all at

*The Death of Discovery* - David Cosma's welcome full-length music release after *Hanging from Aldo* – is out on the shelves . . . and even before you've heard a note it's hard not to be captivated by the extraordinary image cherry-picked for the front cover.



The photograph was taken by David's old mate from the Parade days, Enzo Tomasiello, who in 2014 snapped images at the Old Paradians' 100<sup>th</sup> anniversary shindig at the RACV Club.

David takes up the tale.

"Enzo was in Peru, roaming the district which specialised in shoe repairs," David said. "There were heaps of cobblers all over the place and he dropped a pair off at the shop featured in the pic. He came back after about an hour and they hadn't finished fixing his shoes, so he began taking some snaps. He didn't ask for any permission, he just started shooting . . . and the front cover shot was the only one where they're all looking at the camera by fluke."

*The Death of Discovery* has been ten years in the making since David's debut album "Hanging from Aldo" - and "that's

been due to life more than anything," as he recently explained.

"There were family commitments and financial constraints too. It's not cheap getting into the studio and utilising producers, engineers and professional musicians, so it's taken a little bit longer than I wanted to, but having said that it wasn't as though there was a deadline – it was more a case of 'I'll get in there, start recording and see where it takes me' and it took me a good couple of years in and out of the studio to get it done."

The album title came to David following a conversation with a mate. In subsequently consulting Dr Google, David was pleasantly surprised to learn that the phrase didn't actually exist and wasn't the subject of any copyright law.

Why "The Death of Discovery"? Dave puts it down to his love of old world aesthetics, from the Art Deco days of the 1920s through to the '70s, be it cars, fashion, art and music - "and I was born in the 70s too, so I have that connection". "These were times with which I closely associate and many of my conversations are about them, and that conversation I had with my mate was about those bygone eras," David said.

"I'm old enough to remember what life was like before technology as we know it today. I remember when computers first came into the school, I would have been in Year 7 or 8, so we're talking 1987 or '88. I remember Brother Hamilton was the IT guru at that time, and we're talking those little Apple numbers that were first brought into use.

"So I guess my point is that I still associate with a time that's past, and we're not just talking technology, we're talking everything. Another is the heightened awareness of safety – yes, safety awareness existed, but now it's pressing. It's at the forefront like everything else."

David stressed that in harking back to the days that came before, "I don't think 'Gee I wish I was there again'. "Without doubt that the technology and the things we have access to makes our lives a lot easier and a lot better in many aspects, but in some aspects they've taken away a little bit in terms of discovery."





As a father to two children, David is mindful of the boredom that can quickly envelop. It's his view that in a fast-paced, dynamic and information-overloaded world "I think we've all lost a little bit of that thrill of the chase".

"We've all lost that element of discovery which was a revelation. When I was growing up there was that one pack that made the full collection of 365 footy cards, but now there's 400 different sets and subsets, and kids are rocking up to school with folders of them," David said.

"So the essence of 'The Death of Discovery' is that we've lost a little bit of what it takes to earn your stripes, whether it be learning things, discovering things, understanding things, coming into possession of things."

While David's lyrics are in keeping with the spirit of the album title, his lyrics are open to interpretation

"I love the subjective nature of music, and I pride myself a little bit when I write particular lyrics to not be as obvious as you can be," David said.

"There's only one song that comes to mind on the album that is pretty much straight forward in meaning. A lot of my songs don't come from a specific experience and place. Others just come from a lyric which sounds good and I can build a song around and however you interpret it is fine."

**The Death of Discovery is available through [davidcosma.com](http://davidcosma.com) or iTunes.**

## Billboards Flag Encore Event - BOOK NOW!!

With the countdown now on the billboards are going up for *Encore! 21 Years of Parade College Musicals*.

A board flagging *Encore* now appears at the main entrance to College Drive, while over the road at Northpark Private Hospital a similar board also appears.



Northpark, as gold sponsor of *Encore*, has joined Parade College and the Old Paradians' Association in presenting *Encore*, at which the largest ensemble of past cast, orchestra, crew and production teams are coming together in a One Night Only Concert at Melbourne's iconic Athenaeum Theatre on 25 August.

The Association urges all Old Paradians, members of the College community, and anyone else, to be part of this unique event, which will showcase some of the entertainment industry's finest performers in past students from Parade College and our production sister schools of the past 21 Years.

Tickets at the most reasonable price of \$49 are limited for this truly unique performance, so we at the OPA strongly encourage you to **CLICK HERE** to book now for *Encore*.

See you at the theatre!

**Mr Tony De Bolfo**  
**Old Paradians' Association CEO**



# COMMUNITY Q&A

## SUPPORTING TEENS THROUGH ANXIETY & MENTAL ILLNESS



### Jenny Macklin MP & Vicki Ward MP

Invite you along to free community forum on supporting our kids at school with prevalent mental health issues such as anxiety.

Join us for a discussion about how to support students and equip them with tools to ease anxiety, build resilience and deal with other mental health issues.

Our panel will be able to answer a range of question from parents and community members and provide critical information on local supports available to students.

**Thursday 2 August 2018**  
**6:00pm - 8.00pm**

**ELTHAM COMMUNITY & RECEPTION CENTRE**  
Withers Room | 801 Main Rd, Eltham

**RSVPs** essential to **Jenny Macklin's** office on **9459 1411**  
or **Vicki Ward's** office **9439 1500**.

**PLACES WILL FILL FAST • BOOK YOUR SPOT!**

SUPPORTED BY:

**Bernie Geary OAM**  
FORMER COMMISSIONER FOR  
CHILDREN & YOUNG PEOPLE



Printed and authorised by V Ward, 718 Main Rd Eltham.



## Calendar

*The following important dates in the College calendar can also be found on our website under the 'News' tab*

18 July	* Senior Sports Round 1	3 August	* Tutor Workshop Subject Selection Year 7, 8 and 11
	* Homework Club 3.15-4.30pm	4 August	* Science Talent Search Judging Day - NLC, Bundoora Campus, 9am –1pm
	* POP Meeting, 7.30pm Hickey Foyer	6 August	* ACC culinary Competition, Holmesglen Waverley
19 July	* Year 7&8 Sport round 1		* Board Meeting, 7.15pm
	* Progress Interviews for VCE, Year 10 ERPP, Year 11 and 12 VCAL - 3.45pm to 5.45pm & 6.30pm to 8.00pm	7 August	* Year 9/10 Sport Round 4
	* Drama Rehearsals @ Parade		* Homework Club 3.15-4.30pm
20 July	* Strategic Planning Committee Meeting 7.30am		* Drama Rehearsals @ Mercy
24 July	* Year 9&10 Sport Round 2	8 August	* Ministry Retreat #11
	* Homework Club 3.15-4.30pm		* OPA Luncheon
	* Year 12 Theatre Excursion		* Senior Sports Round 4
	* Bundoora Family School Tour		* Homework Club 3.15-4.30pm
	* Drama Rehearsals @ Mercy		* Subject Selection Forms due for Years 7, 8 & 11
25 July	* Senior Sport Round 2	9 August	* Year 7/8 Sport Round 4
	* Homework Club 3.15-4.30pm		* Drama Rehearsals @ Parade
	* Year 12 Elevate Assembly P1&2	10 August	* Tutor Workshop for Years 9 & 10
	* Herald Sun Shield Semi Final (TBC)		* Failte Program Years 7 & 12
26 July	* Drama Rehearsals @ Parade		* Student Safety Survey Years 8 & 11
27 July	* Subject Selection Assembly for 2019 - Current Year 7, 8 and 11	11 August	* Saturday Detention
28 July	* Saturday Detention	13 August	* Preston Family School Tour
30 July	* Finance Committee Meeting, 7.30pm Hickey Foyer		* Father and Son Winter Games Night 6.00-9.00pm
31 July	* Year 9&10 Sport Round 3		
	* Drama Rehearsals @ Mercy		
	* Homework Club 3.15-4.30pm		
1 August	* Senior Sport round 3		
	* VCAL Ministry Retreat #1		
	* Homework Club 3.15-4.30pm		
2 August	* Subject Selection Evening for 2019 - Current Year 9 and 10		
	* Preston Family School Tour		
	* Drama Rehearsals @ Parade		

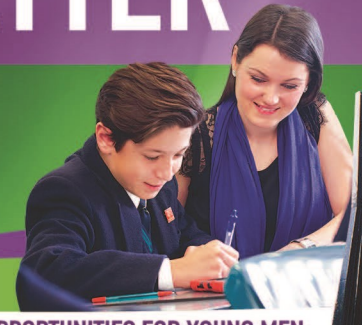




PARADE COLLEGE



# NEWSLETTER



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

ST VINCENT'S

# Gala Ball

2018

CELEBRATING 125 YEARS



**TIM CAMPBELL**



**ANN PEACOCK**

**SATURDAY 11 AUGUST 2018**  
**7.00PM UNTIL LATE**  
**MELBOURNE TOWN HALL**

Proceeds from this Black Tie evening will support the next 125 years of St Vincent's caring for the Victorian community

Purchase your tickets at [stvfoundation.org.au/gala](http://stvfoundation.org.au/gala) or contact the Foundation office on 03 9231 3365




**ST VINCENT'S HOSPITAL**  
 MELBOURNE  
 A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA



EDMUND RICE EDUCATION AUSTRALIA